

From the Library



We are very proud of our two libraries. Thank you to all those who have donated books, especially those who have asked their friends and families to donate books. There is a great variety and hope you are

enjoying them.

We do ask that if you have books to donate to take them to the downstairs library and put them in the container supplied for them just inside the door. When they are left upstairs someone has taken them downstairs and it often causes confusion because there is no container available for them up there. We would really appreciate your help on this. In the downstairs library please clean up after using the computer area and remove any cups and put chairs back the way you found them.

For those borrowing books, if you look in the few pages you will find a date stamp that I put on there when they were processed for the library. Underneath that you will find initials that we put in there when the book is borrowed. It helps us know how much the book is read so we know when to purge it and secondly it lets you know if you have already read it. I know from my own experiences, I often pick up a book that I have already read and don't realize it until I'm a few pages into it. I hope this helps you.

I want to thank my committee for all of their help. It is not a one person job and their help is invaluable. They are Jill Murrell, Grace Goldberg, Donna Milovich and Nancy Henning. What is "Trivia"? "It's a game!" "It's knowledge!" "It's fun!" "It's unimportant!" "It's whole lot of preparation!" Those were the answers I received when I asked several people to give me the first word that came into their heads when I said the word "trivia". I would have to agree with all of them. We do have fun and it's been amazing to me when I tell them the next category is someone always says, "Oh I don't know anything about that!" Please come and try it out. We will be looking for you every Wednesday, at 1:00 pm, in the exercise room. In May, we will undoubtedly be holding it out on the patio.

Kay Wolfe

May Birthdays

In astrology, those born from May 1–20 are Bulls of Taurus. While Taureans enjoy the comforts of luxury. They are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable. Those born from May 21–31 are Twins of Gemini. With a feeling that something or someone is always missing, Twins forever seek new friends and opportunities. They are curious, intelligent, and sociable communicators, which makes them valuable colleagues and empathetic friends.

Barbara Renken	May 9 th
Sadie Johnson	May 9 th
Peter Lennarz	May 14 th
Jane Klinge	May 20 th
Gina Fulwiler	May 21 st
Eda Bartels	May 29 th

A Revelation in Publishing



On May 8, 1373, the great pain that had long afflicted the hermit Julian of Norwich, an affliction so great she believed she would die from it, suddenly left her. Over the next several hours, Julian had a series of visions that she believed were revealed to her by God. Once she recovered, Julian recorded her visions in a book entitled *Sixteen Revelations of God's Love*, the first-ever book authored by a woman in the history of the English language. While this feat in itself is noteworthy, so are the visions she included in her book. While many of her revelations conformed to Christian doctrine, others shocked the establishment, such as her reference to Christ as "our true mother." In her book, she also famously stated how God ensures that "All shall be well, and all shall be well, and all manner of things shall be well."

May 2021

Winding Commons

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Evening Porters

Kevin Casey
Chef Manager - Morrison

Deanna's Download

Welcome to May!! It's been so nice to see everyone eating outside and enjoying this incredible weather. The outdoor dining area has such a beautiful backdrop this time of year. Mark your calendars for Wednesday, May 19th, 2021.

Chef Kevin is going to do a seasonal food demonstration for you in the dining room. I have been getting wonderful feedback about the food, so I'm sure you'll enjoy what he has in store for you. Please call the office to sign up as space is limited.

I want to thank the residents that joined my fused glass class last month. Here is a few photo's of their final work. From the entire staff at Winding Commons and Morrison Living... "HAPPY MOTHER'S DAY!!" We hope you have a fabulous day!!!!



The Hart of the West

Billy the Kid. Jesse James. Wyatt Earp. America's Wild West has plenty of memorable names, but few of those names belong to women. History has largely forgotten the name Pearl Hart, even though she staged the last stagecoach robbery of the Wild West on May 30, 1899.



Pearl Taylor was born in Ontario, Canada, to a respectable family that provided her with a good education, but not good enough to keep her from falling in love with a gambler named Frederick Hart. She ran away to marry Hart at age 17 and endured years of abuse. The couple's drinking, gambling, and joblessness drew them to the Chicago World's Fair in 1893 in search of work. Instead, Hart found Buffalo Bill's Wild West Show and was enamored of the cowboy lifestyle. What we know of Hart's life is spotty, but sometime after her experience in Chicago, she ended up in the mining town of Globe, Arizona, where she met another drifter, named Joe Boot. Hart and Boot were both broke, so they decided to rob the Globe-to-Florence stagecoach. Armed with a .38 revolver and dressed like a man, she made off with \$431, after returning one dollar to each traveler so they could buy something to eat once they reached Florence.

After her capture, Hart regaled reporters with a dramatic retelling of her exploits. Her fans begged for autographs, and she obliged them, signing as the "Bandit Queen." Hart was sent to Yuma, the nearest city with jailing facilities for women, but it took just a few days for her to sweet-talk some accomplices into helping her escape. Hart was later found in New Mexico and returned to the Yuma prison. When she became pregnant a year later, Hart was released with a pardon from the Arizona governor, who hoped to avoid a scandal. The rest of Hart's life is a mystery. Some say she may have joined the vaudeville circuit. Others say she settled down with a rancher and lived out her days as a law-abiding citizen. Either way, Hart's wild life story has earned her a place in the fabled history of America's West.

Bermuda Day

May 28 is Bermuda Day, a celebration to encourage civic and cultural pride in Bermudian ways of life. Bermuda Day marks the unofficial beginning of summer and is celebrated with parades featuring decorated floats, a half-marathon, and plenty of music and dancing. Bermuda Day also marks the start of Bermuda shorts season. Is there anything more symbolic of Bermuda than Bermuda shorts? They are the official national dress for men, worn three inches above the knee with knee socks, tasseled loafers, a jacket and tie. They are worn as business attire, evening wear, and are even part of Bermuda's police uniform. The shorts originated with the British Royal Navy. Soldiers working desk jobs in the tropics were issued lightweight shorts and knee socks. Civilians in Bermuda first started copying the military style in the 1920s. Unfortunately for businessmen beyond Bermuda, the shorts never caught on as business attire. But for casual occasions, like celebrating Bermuda Day on May 28, Bermuda shorts are a must.

Chef Corner



Happy May!!! With the times starting to soften up and more things opening up I am excited to announce we will be having our Chef Demo's featuring Monthly Seasonal Super Foods. Looking forward to eventually seeing the return of Special Events. I hope your just as excited as we are. New menu foods are in the planning and looking forward to seeing all of you back in the dining room all together soon!!

Bon Appetit,

Chef Kevin

Blasting Off in May

Each May, just before the onset of the rainy season, villages across Thailand celebrate the Bun Bang Fai Rocket Festival, a ceremonial festival that has roots in millennia-old rites.



Anthropologists believe that long before the introduction of gunpowder in the ninth century, it was common for villages to welcome the arrival of the rainy season with rites and rituals. Legend tells of how the god of rain, Phaya

Thaen, grew upset and withheld rain for seven years. The Toad King, a mythological spirit, went to war against Phaya Thaen, and the rains returned only with his victory. In the town of Nai Mueang, a gargantuan five-story toad statue overlooks the Chi River. It is not just a statue but inside is a museum dedicated to Thai folklore, and its open mouth acts as a viewing platform so that visitors can watch the many rockets that the festival is named for. The festival's rockets are absolutely massive, with some measuring up to 30 feet long

and weighing over 200 pounds. Traditional rockets are made from hollow stalks of bamboo filled with black powder, but PVC piping is also common. The rockets are ornately decorated and paraded through the streets on large floats while local musicians play folk music and lead dances in traditional costumes. Some men even cover their bodies in white powder and wear frog masks to honor the Toad King. At last, the moment arrives to launch the rockets into the heavens, an annual reminder to Phaya Thaen to bless the earth with nourishing rain. The higher the rockets fly, the more auspicious the weather will be for the coming farming season. Betting often accompanies the launches, with locals placing wagers on which rockets they think will reach the highest heights. Losers (and sometimes innocent bystanders) are thrown into giant puddles of mud. There are often so many rockets that the launches last all day, leaving ears ringing from the massive booms, a visceral reminder of the age-old ritual.

Marketing Minutes by Hilary

Hello May!! Time to invite your friends to tour Winding Commons!! Yes we are under construction at the moment but we will be fixed up soon and back to normal. We are still offering the resident referral fee of \$1,000 off your rent when you refer a friend or family member that we are not already working with. I have some great move in specials for new prospects looking to move. We are offering to pay up to \$700 in moving costs. So reach out to your friends and let them know now is a great time to make a move to our Senior Community. Houses are selling like hotcakes right now with everyone moving away from the Bay Area. I also want to thank you all for being so warm and welcoming to prospects when you see us on a tour. I truly appreciate your help.

Month of May

April Showers bring May Flowers. Most people are familiar with this saying. The month of May is filled with the sound of birds, the smell of fresh flowers and summer breezes from time to time. The month of May is backyard BBQs, outdoor activities and planning of vacations.

