

Office Hours

Monday-Friday
8:30am-5:30pm
Saturday & Sunday
9:00am-5:00pm

Administrator ~ Juanita Junco
Marketing Director ~ Marlene Squire
Activities Director ~ Tina Evans
Resident Relations ~ Melody Powers
R.R. Part Time ~ Traci Gelgood
Maintenance ~ Jack Pesola
PT Maintenance ~
Bus Transportation ~
Van Transportation ~ Drew Marcus
Housekeeping ~ Margaret, Phul, Terri and Wendy
Night Porters ~ Joy, Julia, and Justin.

Roseville Commons Contact Numbers:

Front Office: (916) 786-2751
Fax: (916) 786-2781
Transportation: (916) 870-2452
Kitchen: (916) 472-6471
Activities Office: (916) 749-3189

Spring Bingo

Tuesday, April 21st
1:00 pm & 2:30 pm ~ RR



You will need 8 dimes & 1 quarter for the 1:00 pm Tina.
You will need 4 dimes & 1 quarter for the 2:30 p.m.
Juanita.

Raffle Prizes and Blackout gift card!

List of In-House Services

Kaleidoscope Salon ~

Denise Hubbard (916) 486-2710
Call to schedule an appointment.
Open Tuesdays ~ Fridays
8:00 am - 4:00 pm
Men's Haircut ~ \$12.00
Shampoo or Conditioner Only ~ \$7.00
Tints ~ \$50.00+
Perms ~ \$65.00+
Shampoo/Set ~ \$18.00
Haircut Only ~ \$18.00

Clean Touch

Will Huttunen (916) 600-6161
Laundry services, dry cleaning, and alterations
Call for pick up at your front door, every Monday and Thursday!
Independent contractor.

Family Wash & Dry

Rodney Stillford: (916) 871-9850
Fluff & Fold Services
Independent contractor.

Community Hearing Aid Ctr ~

Currently not available!
Ed Vinson (916) 797-9188
Free cleaning, batteries & check-up!
2nd Thursday of each month at 1:30pm
Craft Room on the 1st floor.
Sign up in the book!

Blood Pressure Checks~ Currently not available!

Once a month in the Lobby
3rd Thursday of the month @ 9:30am
Except if there is an emergency, call!!!

Affordable Cannie & Professional Dog Walker:

Lisa Free (559) 800-3351
Independent contractor.

The Rose Review

Roseville Commons • 275 Folsom Rd. Roseville, CA 95678 • (916) 786-2751

Like us on Facebook <https://www.facebook.com/RosevilleCommonsSeniorLiving/>

Celebrating April

Craft Drop off dates

Saturday, April 10th

Diamond Dotz

Butterfly Sparkle Kit



Saturday, April 24th

Mandala Coloring Sheets

Sign-up in the *Pink* Book!

Yahtzee Tournament

Tuesday, April 9th ~ RR

1:00pm 12 people will play, and
2 will be winners.

\$1 dollar needed to play, come
have fun Shaking Dice and
Yelling Yahtzee!

Spring BINGO

w/ Tina & Juanita

Wednesday, April 21st

1:00pm (Tina) &

2:30pm (Juanita)-RR

Prizes & Blackout Prize

You must sign-up in
the *Pink* Book!



Wooden Horse Races

Friday, April 30th ~ RR

1:00pm ~ 6 quarters needed to place
your bets!



Happy April Fools' Day

If *you* don't *have a great sense of humor*, then **April Fools' Day** is likely your least favorite day. I do like April Fools' Day; it gives me a chance to see all different kinds of facial eye expressions and brings out a lot of laughter.



Let's share a little more Laughter this month.

Some researchers think laughter just might be the best medicine, helping us feel better and putting that spring back in our step. Yet researchers aren't sure if it's actually the act of laughing that makes people feel better, or is it having a good sense of humor, a positive attitude, and the support of friends and family? Although researchers are not sure, I'm quite sure all the variables I mentioned might play a significant role too. Even though we don't know for sure that laughter helps people feel better, it certainly doesn't hurt.

Happy April Fools Everyone 😊

Life is like a movie.

If you are sad: **Drama.**

If you are afraid: **Suspense.**

If you are angry: **Action.**

If you look in the mirror: **Comedy.**

Now you are smiling. **Horror!** 😊

Juanita

April Birthdays

In astrology, those born from April 1–19 are Rams of Aries, the first sign of the zodiac. Rams are unafraid to forge ahead with passion, zeal, and confidence. Full of optimism and hope, they are both eager to get the job done and unafraid to confront problems head-on. Those born from April 20–30 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable.

Famous April Birthdays

Marvin Gaye (singer) – April 2, 1939
 Eddie Murphy (comedian) – April 3, 1961
 Sterling K. Brown (actor) – April 5, 1976
 Jackie Chan (actor) – April 7, 1954
 Al Green (singer) – April 13, 1946
 Julie Christie (actress) – April 14, 1940
 Charlotte Brontë (writer) – April 21, 1816
 Barbra Streisand (entertainer) – April 24, 1942
 Ella Fitzgerald (singer) – April 25, 1917
 Willie Nelson (musician) – April 29, 1933

Our April Birthdays

Luella T. 2nd, #313
 Tony N. 7th, #137
 Victoria G. 7th, #228
 Maxine M. 15th, #324
 Betty R. 18th, #121
 Susan S. 21st, #306
 Margaret M. 21st, #108

Let us give a very warm welcome
to our new residents!



Don Roberson Apt. 323

Jean C. Eidson Apt. 330

Every Day Is Earth Day



On April 22, 1970, Senator Gaylord Nelson of Wisconsin was so concerned about the deteriorating natural landscape of the United States that he organized the first Earth Day, a day of teach-ins on college campuses to raise awareness of air and water pollution. America's passionate response to Earth Day surprised Nelson. Millions of Americans, regardless of political affiliation, race, or creed, banded together to support protecting the environment. By the end of 1970, President Nixon had created the Environmental Protection Agency, and shortly thereafter Congress passed the Clean Air Act and Clean Water Act. It's been over 50 years since that first Earth Day, and environmental action has never seemed more urgent. While it is up to major corporations to reduce their carbon footprints, individuals can still do their part by eating more plant-based foods, buying less, composting, and supporting local businesses.

Eggstravaganza

We are having a springtime fun for all event.



On Sunday, April 4th, will be putting out a fun filled plastic egg with some sweet treats and goodies. Also, to make this Eggstravaganza even better you could win a Golden Ticket!

You heard right, a Golden Ticket! We will be filling up plastic eggs for each floor and



two eggs per floor will be put in the mix with Golden Tickets. We have no idea who will

be the Golden Ticket winners, but two lucky people per floor will find a Golden Ticket in their plastic egg. If you are one of the lucky winners, you will need to put your name and apartment number on the Golden Ticket and bring it up to the front office. We will be entering all six tickets into a drawing, you could win a beautiful wine basket, a carpet cleaning worth \$65.00, or a haircut by Denise worth \$18.00. If you would like to participate make sure you have one of your bags is hanging on your door hook so we are aware you would like an egg for our Eggstravaganza on Sunday, April 4th. Good luck to all of you!

Happy Eggstravaganza Day,

Tina



Craft Corner



This month I have planned something a little different for all you crafters. I purchased some Dotz Butterfly Sparkle Kits.

Diamond Dotz

are sparkly little dots that you will place on the sticky fabric using the enclosed stylus, wax and Diamond Dotzs. The individual dots are very similar to rhinestones in their look, round, and about 2.5mm in diameter. They are shiny and faceted on top which gives the awesome “sparkle” to the entire piece as it's assembled. This is a craft that will take a lot of patience and a steady hand. The butterfly picture is 3” x 3”. I will be dropping off a kit, along with instructions at your door on Saturday, April 10th.

Then on Saturday, April 24th, I will be dropping off Mandala coloring sheets.



If there is a craft you would like me to check out for our monthly craft, please contact me at (916) 749-3189.

Tina 😊

What's Up, Doc?

On April 30, 1938, Warner Bros. released a new Looney Tunes cartoon featuring Porky Pig as a hapless hunter trying to unsuccessfully bag a humorously hyperactive rabbit named Happy. How could audiences know that this rabbit would evolve into Bugs Bunny, one of the most recognizable cartoon characters of all time?



The rabbit in *Porky's Hare Hunt* bore little resemblance to the Bugs Bunny we all know and love today. This white rabbit wore no gloves, lacked Bugs' recognizable voice, and did not eat a single carrot! Nevertheless, the rabbit was voiced by Mel Blanc, the future voice of Bugs Bunny, and the short was directed by Ben "Bugs" Hardaway, for whom Bugs Bunny was later named. It would be two years before Bugs made his official debut in *A Wild Hare*. When a redesigned rabbit was requested for the short, Bob Givens went to work and sketched a rabbit based on a Bugs Hardaway design labeled "Bugs's Bunny." The name stuck. When audiences got their first glimpse at the new and improved rabbit, the character stuck, too.

The Bugs Bunny featured in *A Wild Hare* already displayed many of the Bugs Bunny trademarks we have come to love. When staring down the barrel of Elmer Fudd's shotgun, Bugs first utters his catchphrase "What's up, Doc?" in a Brooklyn-esque accent. The phrase was added by the cartoon's director, Tex Avery, who had heard the expression a thousand times in his native Texas. Avery figured it a throwaway line and was more surprised than anybody when it left audiences rolling with laughter. As for Bugs' obsession with munching carrots, this was a habit "borrowed" from Clark Gable's character in the 1934 movie *It Happened One Night*. In one scene, Gable stands by a fence spouting advice to Claudette Colbert while chewing a carrot and talking with his mouth full. The scene was so famous at the time that audiences immediately got Bugs' imitation, and it earned the bunny instant panache. His popularity would endure for over 70 years and he would remain Warner Bros.' most popular and recognizable mascot.

Chef's Comments

Hello Residents,

I am very excited to share with you that we will be opening the dining room on April 5th. I can't believe it has been almost 13 months since we have had the pleasure to be able to fix you a sit-down meal, which you can enjoy with your friends with table dividers for now. To start off our soft re-opening of the dining room, we will be offering a full brunch service only in the dining room at this time, dinners will still be delivered to your apartment. Please make sure you read the notice which was given out regarding the new process for dinner orders.

We are at limited space because we are following all the CDC and Health department guidelines on how many residents can be eating in the dining room at the same time. I am setting goals and expectations for my staff as well as all of you, and we plan to excel at them with your help. Our goals, as we all work together during our reopening, is to keep everyone safe. So, this means as always whenever possible, maintain a physical distance of 6 feet or more between each other and continue to wear your masks. It has been way too long since we have had the pleasure of serving you in the dining room and we are really looking forward to it.

Thank You,

Chef Phil

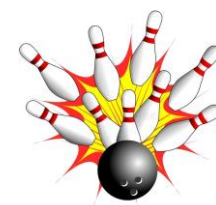
New Activities

This month we are introducing some of our activities that we use to do prior to the COVID-19 self-quarantine. On Friday, April 2nd Claudie from Kids at Heart will be here



at 12:30pm in the RR to instruct our fun Ceramics Class, she is such a talented lady and I feel you will really enjoy this class. Claudie will come

two times in April, then she will be back in July. The reason she will be gone for the months of May and June is because she will be traveling to South Africa for her daughter's wedding, as well as spending some precious time with her family. I'm excited to be able to have an instructor come back, we all still must sit at individual tables and wear your mask during these classes. There will be a sign-up sheet in the book for 14 spaces.



Our second activity that we will be bringing back is our Wii Bowling, this is an interactive game for four players. Starting Saturday, April 3rd at 1:30pm in the RR we will play our Wii Bowling Game. You will still need to wear your mask and stay the 6 feet distance during this game. Everyone will have their own game controller for this fun filled activity. I will have a sign-up sheet in the Pink Book for Wii Bowling.

I'm so excited that we can start reopening safely and following the County and CDC guidelines to keep everyone safe and healthy.

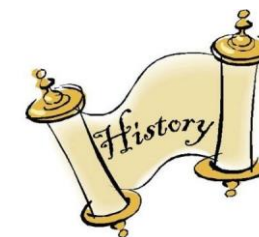
Stay Active,

Tina

Marketing Moments

Hello, everyone!

There is so much that has happened throughout the years on April 15th ... did you know that on this date in



- 1756 Samuel Johnson's *A Dictionary of the English Language* was published?
- 1850 The City of San Francisco was incorporated?
- 1912 The TITANIC sank in the North Atlantic Ocean?
- 1923 Insulin became available for use by people with diabetes?
- 1947 Jackie Robinson became the first African American player to play in Major League Baseball?
- 1955 McDonald's opened its first franchised restaurant in Des Plaines, IL?

That same year, 1955, Tax Day or the income tax filing deadline was moved to April 15th where it has remained; though, Covid 19 even managed to get the date changed last year to July 15th!

Hope you enjoyed this little jaunt through history ... life is so fascinating, we're never too old to stop learning, exploring, enjoying all our world has to offer.

Happy Spring! May your days blossom with joy, blessings, and good health!

Marlene

Sunday

Monday

Tuesday

Wednesday

Thursday










Friday

Saturday



April 2021

It's beautiful outside, great time to take a walk!

<p>10:00 Tai Chi ~ DVD - RR You Must Wear a Mask at all times and stay 6 feet apart! 1:00 Matinee Movie-RR</p>  <p>Easter Sunday</p>	<p>9:00 Tai Chi ~ DVD - RR 10:00 Senior Stretching ~ DVD-RR DVD Seated Exercise 11:00 Tai Chi ~ DVD - RR You Must Wear a Mask at all times and stay 6 feet apart! Carpet cleaning in Common area</p> 	<p>9:00 Qi Gong ~ DVD-RR 10:00 Senior Stretching ~ DVD-RR DVD Seated Exercise 2:30 Bingo-RR (10 dimes & 1 quarter), for 5 games</p> 	<p>10:00 Seated Exercises-RR w/Tina ~ Seated & Band Exercises 1:00 POKENO -RR (18 nickels & 2 Quarters - 6 games) 2:30 POKENO -RR (18 nickels & 2 Quarters - 6 games) You Must Wear a Mask at all times, 1 person per table!</p>	<p>9:00 Qi Gong ~ DVD-RR 10:00 Balance & Strength -RR Balance & Strength Exercises ~ w/Tom 1:00 ~ 3:00 Thirsty Thursday ~ door to door.</p>  <p>All Fools' Day</p>	<p>9:00 Tai Chi ~ DVD - RR 10:00 Seated Exercises - RR Seated & Band Exercises ~ w/Tina 12:30 Ceramics Class - RR (sign-up in the book) w/Claudie 2:30 Bingo-RR (10 dimes & 1 quarter), for 5 games</p>  <p>6:00 Friday Night Movie-RR</p> <p>Good Friday</p>	<p>10:00 Balance & Strength -RR Balance & Strength Exercises ~ w/Tina 12:00 POKENO -RR (12 nickels & 1 Quarter - 4 games) 1:30 Wii Bowling-RR Teasers/Crosswords can be found on the table in the hallway by the RR 6:00 Saturday Night Movie-RR</p> 
<p>10:00 Tai Chi ~ DVD - RR You Must Wear a Mask at all times and stay 6 feet apart! 1:00 Matinee Movie-RR</p> 	<p>9:00 Tai Chi ~ DVD - RR 10:00 Senior Stretching ~ DVD-RR DVD Seated Exercise 11:00 Tai Chi ~ DVD - RR You Must Wear a Mask at all times and stay 6 feet apart! 1:00 Matinee Movie-RR</p> 	<p>9:00 Qi Gong ~ DVD-RR 10:00 Senior Stretching ~ DVD-RR DVD Seated Exercise 2:30 Bingo-RR (10 dimes & 1 quarter), for 5 games</p> 	<p>10:00 Seated Exercises-RR w/Tina ~ Seated & Band Exercises 1:00 POKENO -RR (18 nickels & 2 Quarters - 6 games) 2:30 POKENO -RR (18 nickels & 2 Quarters - 6 games) You Must Wear a Mask at all times, 1 person per table!</p>	<p>9:00 Qi Gong ~ DVD-RR 10:00 Balance & Strength -RR Balance & Strength Exercises ~ w/Tom 1:00 ~ 3:00 Thirsty Thursday ~ door to door.</p> 	<p>9:00 Tai Chi ~ DVD - RR 10:00 Seated Exercises - RR Seated & Band Exercises ~ w/Tina 12:30 Ceramics Class - RR (sign-up in the book) w/Claudie 2:30 Bingo-RR (10 dimes & 1 quarter), for 5 games</p>  <p>6:00 Friday Night Movie-RR</p>	<p>10:00 Balance & Strength -RR Balance & Strength Exercises ~ w/Tina 12:00 POKENO -RR (12 nickels & 1 Quarter - 4 games) 1:30 Wii Bowling-RR Teasers/Crosswords can be found on the table in the hallway by the RR 6:00 Saturday Night Movie-RR</p> 
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RR = Rose Room, OF = Out Front. You Must Wear a Mask while always staying 6 feet apart! Please sign-up in the **PINK** Book! **12-person limit. Activities on the calendar are subject to change!**