

BOB K. 5/1 CAROL C. 5/14 MARIE K. 5/22 **VIOLET M.** 5/27



The first 2 people to find all the hidden items and bring it to the front desk will win a trip for an ice cream treat - to The Dairy Go Round in Plymouth! (Tip - color in items you find!)



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3.500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK **CONNECT** MAY 2021

"And all the world is glad with May." - John Burroughs

And we are glad to welcome the month of May here at Waltonwood Carriage Park! We have many reasons to celebrate, as you'll see on our Activities calendar! The new month brings May Day and the Kentucky Derby - bring on the flowers and the hats! We also will have Cinco de Mayo activities to commemorate Mexico's Independence. And we are pleased to announce that Marsha is back to call Bingo on Monday nights at 6:30pm in the second floor Activity Room. On the 18th, we will introduce a new musician - come to make Rick feel welcome! This month we will be honoring the people who have served in the Armed Forces and to all veterans on Memorial Day. We will also honor the holidays of Ramadan, and Shavuot - come to learn more about the cultures of our world. And we will not forget our mothers, of course! We will have a special Old Fashioned Tea to celebrate our mothers, complete with George the violinist and finger All are welcome,

not just mothers!

As the weather gets nicer, make sure to ENJOY, take in the beauty and the fresh air. Happy May!



2000 Canton Center Rd., Canton, MI 48188 www.waltonwood.com | 734-844-3060 Facebook: /WaltonwoodCarriagePark



COMMUNITY MANAGEMENT

Dustin Stolzman **Executive Director**

Terry Lobb **Business Office Manager**

Joel Vassallo **Culinary Services** Manager

Erin McGraw Life Enrichment Manager

Nichole Passmore Life Enrichment Manager

Chris Chalmers Marketing Manager

JoAnn Mayher Resident Care Manager

Jeremy Meriwether Wellness Coordinator

Mike Burlett **Environmental Services** Manager

Nathan Brown Independent Living Manager

ASSOCIATE SPOTLIGHT

Our Employee of the Month is Marion S. (Med Tech)! Marion has been an employee with Singh for over a decade, transitioning from Oakland Helping Hands to a housekeeper and then a Med Tech. Marion is often recognized for her kind and compassionate interactions with every resident she cares for. Marion is thoughtful and sensitive to the families of our residents as well, ensuring she takes time to listen to concerns and resolve them satisfactorily. Marion exemplifies our FAMILY values at Waltonwood Carriage Park, and we are fortunate to be able to recognize her hard work and dedication to our community.





Fridays.

Resurrection Church Wednesdays - bus leaves at 8:15 am for 8:30 mass.

APRIL HIGHLIGHTS

Our league bowling finished up this month. We had five great teams; can't wait to see all the standing!

It was nice to brighten our doors with some flowers. We will offer this class again in May.

What a fun time we had with Jimmy K! It was a great turn out and the room was filled with laughter and singing!

FOREVER FIT: Fuel Up

Mark Your Calendar For the past 28 years the final Wednesday of May marks National Senior Health and Fitness Day. This annual event works to promote the importance of regular physical activity and exercise while highlighting the many health and fitness opportunities within your community. From fitness assessments to exercise classes and blood pressure screenings to informative talks on key health issues facing seniors, *National Senior* Health and Fitness Day is the perfect catalyst to refresh or jumpstart your fitness routine. Being active is essential at any age and it's never too late to try something new. By adding as little as 30-minutes of daily exercise, you can dramatically improve the way to move and feel plus stave off chronic health conditions like heart disease and diabetes. So, mark your calendars, and on Wednesday May 26th join more than 100,000 other seniors across the country as we come together to celebrate National Senior Health and Fitness Day. - Chris Grabowski, MS, Senior **Forever Fit Manager**





SPECIAL DATES IN APRIL

Watch the Derby in the Library at 6:00 pm and don't forget to choose your horse! Forms are at the front desk.

We're celebrating our special moms today with an oldfashioned tea and a specia bingo to top off the day!

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Celebrate our Military at 1:30 in our library.

Look for health tips throughout the day today!

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EXECUTIVE DIRECTOR CORNER

Did you know that about 80 million homes in America have an animal family member? And about half of those households have more than one? Say "Hello" to National Pet Month, celebrated in May in the U.S. What a great way to celebrate how important our pets are! They make our social media much more entertaining—just think of all the funny cat videos! Make sure to give Sophia, Hannah, Cody, Macy, Tinkerbell, Winifred, Jake, and Rose extra love when you see them around the community this month! We are grateful for our Waltonwood fur babies!



-Dustin Stolzman, Executive Director



Medical run days are Mondays and Thursdays. Please try to schedule accordingly.

Personal Transportation is on Tuesdays and



