

May's Birthdays

5/9 - Bernie S

5/21 - Neva S

5/21 - Richard H

Wishing you a wonderful birthday filled with Love & Laughter!!

SAFETY FIRST



Face coverings are required in our community.

Please see the Executive Director

if you need a mask.

Painting Memories with Mom



May 7th at 6:30pm

Space is Limited

Contact Stefanie at 248-735-1500

stefanie.roland@singhmail.com

to Reserve your Seat



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT



27495 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1030 Facebook: /WaltonwoodTwelveOaks





We are so excited to announce that the **Detroit Free Press** awarded Waltonwood Twelve Oaks **Best Assisted Living Facility** and **Best Retirement Community!** It's always nice to be recognized for all the great things we do here. But, we can't rest on our laurels. So, May has another action packed calendar to keep our residents active, engaged and enriched. In addition to our weekly line up that consist of exercise opportunities, social & stimulating games, musical events and helping hand projects we have some special spotlights: Cinco De Mayo, May Birthdays' celebrations, recognition to all the wonderful Mother's, "Senior Health and Fitness Field Day" and of course remembering all those who gave so much for our country's freedom on Memorial Day. Truly, something for everyone here at Waltonwood!

COMMUNITY MANAGEMENT

Richard Mabe
Regional Executive Director

Gina Steigerwald Conway
Executive Director

Deanna Hite Business Office Manager

Roger Pitts Environmental Service Mgr.

Randi Furniss Housekeeping Supervisor

Alyssa "Lee" Tobias Independent Living Manager

Stefanie Roland Life Enrichment Manager

Heather Laskos Marketing Manager

Binita Patel Resident Care Manager

ASSOCIATE SPOTLIGHT - LIANA DARIO

Liana Dario is our kind and loving afternoon care giver. She has worked for Waltonwood for a little over a year. She had a wonderful relationship with her grandparents and knew she would enjoy working with Seniors. Many of the residents think that she is their granddaughter, and she happily goes along with it.

Liana was hoping to gain experience working here as she pursues her career in nursing. She has also worked at a hospital, but really enjoys working here at Waltonwood.

Liana grew up in Plymouth with her twin sister Olivia and went to Ladywood High School in Livonia. She went to Schoolcraft College for 2 years and then transferred to Madonna College. She just found out that she was accepted into Madonna's School of Nursing and will be starting in the Fall. She is leaning towards pediatric nursing. Liana has a dog named Katy and a cat named Tabby.

When she isn't studying Liana enjoys going to the gym, hanging out with friends, and being with her family. She also loves playing tennis. There is no doubt that Liana has a very bright future and will be an excellent nurse!



APRIL HIGHLIGHTS

1 st

Tiger's Season Opener was a fun-filled day with games, trivia and of course

hotdogs, peanuts and cracker jacks. But, the best part....the Tiger's won!!

27th

Our Walking Club Excursions have been met with beautiful weather. So, nice to explore our local Maybury Park and stretch our SHOW - Ron legs.

The WTO Masters was enjoyed by our golfers. Good to be swinging the club again!

Congratulations, Jerry!



Congratulations to the winners of our WTO Kentucky Derby: WIN-Lillian, PLACE- Sandy







02

FOREVER FIT – MARK YOUR CALENDAR

For the past 28 years the final Wednesday of May marks National Senior Health and Fitness Day. This annual event works to promote the importance of regular physical activity and exercise while highlighting the many health and fitness opportunities within your community. From fitness assessments to exercise classes and blood pressure screenings to informative talks on key health issues facing seniors, National Senior Health and Fitness Day is the perfect catalyst to refresh or jumpstart your fitness routine. Being active is essential at any age and it's never too late to try something new. By adding as little as 30-minutes of daily exercise you can dramatically improve the way to move and feel plus stave off chronic health conditions like heart disease and diabetes. So, mark your calendars, and on Wednesday May 26th join with more than 100,000 other seniors across the country as we some together to celebrate National Senior Health and Fitness Day.

Chris Grabowski, Senior Forever Fit Manager

TRANSPORTATION INFORMATION

We are thrilled to announce that $\mathcal{D}ena$, from Oakland Helping Hands, is our New Bus Driver!

Kroger shopping resumes this month! Walking Club Excursions are going strong and will continue on Tuesday afternoons as well. Space is limited so please sign up to reserve your spot.

> Transportation is available on *Thursdays* for Doctor Appointments.

Thank you for practicing social distancing



MAY HIGHLIGHTS

5th

We are hoping Mother Nature will provide us with a hot and sunny thematic day for our Cinco de Mayo celebration planned for our courtyard! But, rain or shine, come join in the fun & tasty Fiesta ~ olé

26th

Senior Health & Fitness Day will be filled with education and "Field Day Fun & Games". Who knew that exercise could be so much fun!

13/17th

May 13th is **National Frog** Jumping Day. Join us as we learn about these incredible amphibians followed by trying our hand at "tiddly wink" frog jumping. On Monday, **Art** will bring in a few of his Amphibian & Reptile friends for Show & Tell.

31st

Join us for our **Memorial Day Celebration** as remember and honor all those who sacrificed so much for our country's freedom.



FROM THE DESK OF THE EXECUTIVE DIRECTOR

We are very excited to announce Waltonwood Twelve Oaks was awarded 2020 Best of the Best Assisted Living Facility and Retirement Community by the Detroit Free Press! This is an incredible honor and we are so grateful for the support of those who voted for us. Of course these awards wouldn't be possible without the residents of our community, who have been so patient and understanding as we all navigated the pandemic together. Community life has mostly returned to normal, and with the increasing prevalence of vaccines we expect to see additional changes coming soon. If you or your loved ones are in need of a vaccination, you can now schedule an appointment at: https://www.singupgenius.com/go/10c0c4aabad28a5f9c61-oakland