

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## Keystone Place at Naples Preserve Fitness Calendar

Water Aerobics  
Coming Soon  
On Saturdays.

						1 Water Aerobics Coming Soon On Saturdays.
2	3 10:00am-10:45am Super Strength & Independence Fitness Class With Shane	4 9:00am Aktive Motion Fitness With J.D In the Gym	5 10:00am Stretchercize Chair Fitness Class With Maribel	6	7 New Chair Yoga Classes With Irena 10:00am In the gym	8
9	10 10:00am-10:45am Super Strength & Independence Fitness Class With Shane	11 9:00am Aktive Motion Fitness With J.D In the Gym	12 10:00am Stretchercize Chair Fitness Class With Maribel	13	14 New Chair Yoga Classes With Irena 10:00am In the gym	15
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