



## TOUCHTOWN AT AMARAN

### Upcoming Events

2021

**1/13/2021**

**Senior 101 –**

**New Beginnings**

Organization, declutter, positive outlook. Join us for this special presentation about beginning the new year during the pandemic with a positive attitude and learn tips to help you along the way.

**1/20/2021**

**Cheeze It Up  
with Amaran!**



Join us for this drive-through event from 11:00 - 2:00. Our chef Liliana will be preparing gourmet grilled cheese sandwiches and tomato bisque soup to go. Dive up, say hello to the team and pick up your complimentary lunch. The children from Montessori One will be joining us and saying hello to our visitors from a safe distance. We look forward to seeing you here!

The individuality of the seniors we serve is one of our favorite things. No two people are the same and neither are their communication styles. Built with usability in mind, sharing information with everyone in our community is easy with Touchtown.

#### **Engage and inform residents directly from their apartments.**

More than just in-room television, Touchtown TV+ in-room channel for senior living is a powerful communication system. Built specifically for the senior living industry, it includes advanced features like audio narration, background music, live stream video, custom crawl text, and more.

#### **Community Content**

- Residents are able to plan their day with community content. Using Touchtown's TV+, residents don't have to seek out community content on their own. They simply flip on the TV and are met with all the information they need to have

a great day such as:

- Community activities and events
- The day's dining options
- Noteworthy announcements

#### **Digital Signage – With Touchtown we can communicate relevant information on screens anywhere**

Information is always in the right place, at the right time with individually addressable digital signage for senior living.

#### **For Residents**

The familiar format and knowledge that it's always up-to-date make Digital Signs the perfect communication tool for senior living residents. Signs easily become a staple for our community's information and engagement.

#### **For Family**

Digital signage beautifies common spaces and shows families the breadth of our community's offerings. Plus, it gets families and friends engaged by sharing personalized family announcements during popular visiting times.

## Meet our Intergenerational Montessori Director



### Gina Fox

Gina Fox discovered her love for Montessori almost a decade ago as a Montessori classroom

assistant. Since then, Gina trained and graduated in the first cohort of Primary Study Guides from the New Mexico satellite campus of the Southwest Institute of Montessori Studies. Gina took on the role of Primary guide (teacher) in her own classroom at Montessori One as Amaran Senior Living was being developed by the Patel family. While Gina has loved her role as a guide, she is ready to take on the consulting role of Intergenerational Montessori Director (IMD) at Amaran.

As the IMD, Gina will help integrate Montessori in a one-of-a-kind program. Through observations, engagement, and understanding of each residents' abilities, skills, and past she will work collaboratively with the Amaran team to design activities, or "works", to engage both residents and students from Montessori One with the goal to help reduce or delay the signs of memory loss and aid in maintaining independence.

Gina is an Albuquerque native. She and her husband, Jon, have a beautiful daughter together who is a student at Montessori One. Gina is also a stepmom to 4 wonderful kids. She grew up in a very large, Irish Family and her grandmother, June, was the rock of the family. June was diagnosed with Alzheimer's in 2016 and, unfortunately, passed away in October of 2019. Since her grandmother's diagnosis, Gina has felt called to help other families keep their loved ones as they know them for as long as possible.

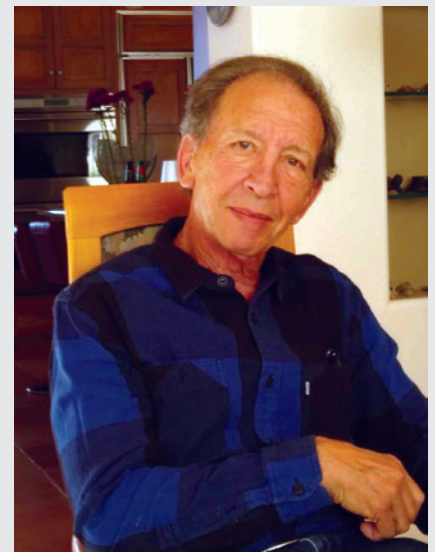
## A LETTER FROM THE ADMINISTRATOR

Amaran is proud to announce that our residents and staff are taking the first steps toward combatting the pandemic virus. We are scheduled to host our first vaccination clinic at our Welcome Center on January 13, 2021 for residents who have paid a reservation fee and selected their beautiful new apartment. Walgreens is providing us with the Moderna vaccine and together we will be working to take care of our Founders Club members and staff. There is still time to reserve an apartment and schedule your vaccination. Call Carrie at (505) 934-4774.



## WELCOME OUR NEW FOUNDER'S CLUB RESIDENT ALLAN

Allan T. was born and raised in Albuquerque. Allan attended Albuquerque public schools, University of NM and University of Colorado at Boulder, where he graduated with a degree in Business Administration. He joined his father running TP Pump Co. in Albuquerque. Retired in 2011. He was activated in the NM Air National Guard in 1968. Otherwise, he spent his entire career at TP Pump Co. He has been married to his wife Susan for almost 56 years. He had two grown sons who live in Albuquerque and Placitas.





# CONSTRUCTION UPDATE



As construction continues here at Amaran assisted living and memory care we are happy to share some exciting progress. The exterior seating area outside the cybercafé and lobby is near completion and the surrounding landscaping looks amazing. We are looking forward to enjoying coffee and pastries sitting in front of the two-way fireplace. The paneling and rock façade for the intergenerational entrance to our activities room is installed and is ready to welcome our children and seniors to participate in many intergenerational activities in the very near future.

*Above:* Cyber Café patio and entrance with a two-sided fireplace for your enjoyment!

*Left:* Intergenerational Montessori Activity Entrance

Schedule your tour now with Carrie at 505-934-4774.





# AMARAN

ASSISTED LIVING • MEMORY CARE

9100 Holly Ave NE, Albuquerque, NM 87122

**505-227-8366**

**[AmaranSeniorLiving.com](http://AmaranSeniorLiving.com)**

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## Culinary Connections at Amaran

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Food brings people together and builds connections. The flavors, smells and sounds of food, as well as preparation may spark memories of childhood, create a sense of home, build community, connects us to the past and carries traditions into the future.

When I took the position as Dining Services Director for Amaran Senior Living and learned that we will be implanting The Culinary Connection program, my mind went wild with thought of all of the possibilities we can implement in our community. Providing real life opportunity, such as trips to the local farmers and growers markets, farm to table influence, hosting local award-winning chefs, supporting our local vendors and the chance to cook for others.

Amaran residents will enjoy taking field trips to our local farms, growers' markets, wineries and distilleries where some of

the food, beer and wines will come from within 100 miles of the community. Our residents will enjoy the opportunity to meet the people growing their food. Making the connection through the harvest, bringing it back to our kitchen, creating specials of the day with the freshly picked crops and introducing it to the community for a Farm to Table experience. At Amaran we have a showcase demonstration kitchen where we will have the honor of inviting some of our very own award-winning local chefs. They will be able to give a cooking class demonstration or simply cook one of their favorite meals or cuisine. The residents will be encouraged to ask any questions they might have and be engaged in the demonstration.

Culinary Connections will bring more to resident life with purpose and meaning. We invite our residents to take part in this program to stay in tune with the things they love to do "cooking, and all



things food". With this program they will be able to share their ideas, go on field trips, cook their favorite meals, enjoy farm to table experience, connect with our local culinary industry and get purpose back in their lives.

**Dining Services Director**  
**Chef Liliana Quiroz**

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