



Resident Birthdays

1st - Dorothy Jansen

4th - Judy Steciw

13th - Rita Fry

24th - Sarah-Lee Gaudreau

25th - Lana Groom

26th - Gwen Hesser

30th - Bob Dunn

Staff Birthdays

1st - Logan Eschen

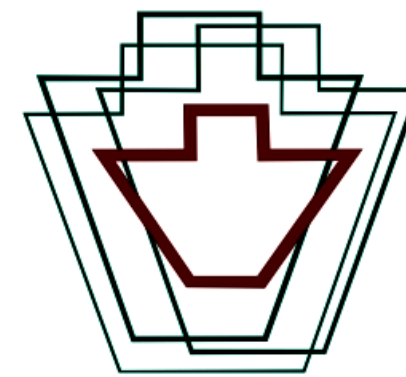
(Housekeeping)

2nd - Stephany Dimas (Care Staff)

10th - Eric Sorge (Care Staff)

22nd - Grant Versteegh
(Dining)

31st - Joann McBride (Care Staff)





Keystone Place *At Forevergreen*

A Life Fulfilling Retirement Community



Keystone Place at Forevergreen - The Cottage

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>* Care Staff Led - Key -</p> <p>P.E - Physical Exercise C.E - Cognitive Exercise Y.M - Yoga, Meditation M - Music A.C Art Class M.A - Multisensory Activity</p>	<p style="text-align: center;"><u>DINING SCHEDULE</u></p> <p>Breakfast: 7:30 am Snack: 10:00 am Lunch: 12:00 pm Snack: 3:00 pm Dinner: 5:00 pm</p>	 <p>Keystone Place <i>At Forevergreen</i> <small>A Life Fulfilling Retirement Community</small></p>			<p>1 (Bree) 10:00a Sing A Long M / C.E 11:00a Building Walk P.E 11:30a Categories c.E 1:30p* Ball Toss P.E 2:30p* Coloring & Alexa Hour M / C.E 3:30p* Movie</p>	
<p>2 10:00a* Catholic Com- munion (ARLL) 1:30p* Ball Toss P.E 2:30p* Crosswords & Alexa Hour c.E / M 3:00p* Keystone Chapel (CLUB HOUSE)</p>	<p>3 10:00a Coffee & Conversation c.E 11:00a Soccer P.E 11:30a Tai Chi y.M 1:30p Lutheran Com- munion (CLUB HOUSE) 2:45p Popcorn Reading c.E 4:00p Arm Chair Travel M.A</p>	<p>4 10:00a Coffee & Conversation c.E 11:00a Balloon Volleyball P.E 11:30a Stretching P.E 1:30a Nail Care M.s 2:30p Bingo c.E 3:30p Fishing c.E 6:30p* KCRG News</p>	<p>5 CINCO DE MAYO 10:00a Coffee & Conversation c.E 10:30a Tornado Drill 11:00a Bowling P.E 11:30a Music & Medi- tation y.M 1:30p Cook & Bake M.A 3:00p Bingo c.E 4:00p Ice Cream Walk M.A 4:30p Mr. B Piano M</p>	<p>6 10:00a Yoga & Meditation y.M 10:30a Craft A.C 1:30p Marci (CLUB HOUSE) 3:00p Jeopardy c.E 4:00p Sing A Long M / C.E 6:30p* Wheel of Fortune</p>	<p>7 10:00a* Ball Toss P.E 11:00a Horse Racing C.E 1:30p Bingo c.E 2:30p Jazz Music (Club House) M 6:30p* Wheel of Fortune</p>	<p>8 (Reed) 10:00a Sing A Long M / C.E 11:00a Building Walk P.E 11:30a Words in a Word c.E 1:30p* Ball Toss P.E 2:30p* Hang Man c.E 3:30p* Movie</p>
<p>9 10:00a* Catholic Com- munion (ARLL) 1:30p* Ball Toss P.E 2:30p* Crosswords & Alexa Hour c.E / M 3:00p* Keystone Chapel (CLUB HOUSE)</p>	<p>10 10:00a Coffee & Conversation c.E 11:00a Parachute Fun P.E 11:30a Tai Chi P.E 1:30p Bingo c.E 2:30p Trivia c.E 3:00p Popcorn Reading c.E</p>	<p>11 10:00a Yoga y.M 10:30a NL Pop Up Lib C.E 11:00a UNO c.E 1:30p Nail Care M.s 2:30p Bingo c.E 3:30p Kings Corners c.E 6:30p* KCRG News</p>	<p>12 10:00a Zumba P.E 10:30a North Liberty Pop Up Library c.E 11:30a Meditation y.M 1:30p Cook & Bake M.A 3:00p Bingo c.E 4:00p Ice Cream Walk M.A 4:30p Mr. B Piano M</p>	<p>13 10:00a Yoga y.M 10:30a Craft A.C 1:30p Therapy Llamas M.A 3:00p Drum Circle M / P.E 4:00p Sing A Long M / C.E 6:30p* Wheel of Fortune</p>	<p>14 9:15a Coffee & Color- ing 10:00a Ball Toss P.E 11:00a Bus Ride M.s 1:30p Bingo c.E 3:00p Social Hour in the Club House M 6:30p* Wheel of Fortune</p>	<p>15 (Bree) 10:00a Sing A Long M / C.E 11:00a Building Walk P.E 11:30a Categories c.E 1:30p* Ball Toss P.E 2:30p* UNO c.E 3:30p* Movie</p>