

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## Canal Calendar

**Kentucky Derby Day 1**  
 10:00 You Tube Chair Yoga (S)  
 10:30 Morning Music (T)  
 10:30 Challenge Dime Bingo (S)  
 12:00 Kentucky Derby Luncheon  
 1:00 Wii Bowling (T)  
 2:00 Rummikub (S)  
 2:30 Lights, Camera, Action (T)  
 May Day

**2**  
 10:00 Exercise with Weights (S)  
 10:45 Music & The Spoken Word 30min. (T)  
 1:00 What's in a Word (S)  
 2:30 Lights, Camera, Action (T)

**9:30 Sign Me Up Susan (S)**  
 10:00 Chair Exercise (C)  
 10:30 Bingo (S)  
 10:30 Documentary Film (T)  
 1:00 Wii Bowling (T)  
 2:00 Museum Secrets (T)  
 2:30 Manicures (S)  
 3:30 Name 10 (S)  
 6:30 Lights, Camera, Action (T)

**3**  
 10:00 Exercise w/ Weights (C)  
 10:30 Canal Walking Club (LB)  
 10:30 Travel: Estonia (T)  
 10:30 Getting to know You S)  
 1:30 You Be the Judge (S)  
 1:30 Lights, Camera, Action (T)  
 2:30 **Journey of the Pilgrims (P)**  
 3:30 Happy Hope Factory (S)  
 6:30 \$ Bingo (P)

**4**  
**9:00 Catholic Mass (P)**  
 10:00 Chair Exercise (C)  
 10:30 Cheryl's Music Class (S)  
 10:30 One Day University (T)  
 10:30 Mexican Train (P)  
 1:00 Wii Bowling (T)  
 2:00 Shufflegolf (P)  
 2:00 Biography (T)  
**3:30 Cinco De Mayo Happy Hour**  
 Cinco de Mayo

**5**  
 10:00 Exercise w/ Weights (C)  
 10:30 Shopping (LB)  
 10:30 Learn Wii Bowling (T)  
 10:30 **Crafting with Beth (S)**  
 1:30 Scenic Drive (LB)  
 1:30 Words in a Word (S)  
 2:00 Bocce Ball (SP)  
 3:30 Documentary (T)  
 6:30 Lights, Camera, Action (T)

**6**  
 10:00 Chair Exercise (C)  
 10:30 FEUD: Bette & Joan (T)  
 10:30 Craft Class (S)  
 10:30 Canal Walking Club (LB)  
 1:00 Wii Bowling (T)  
 2:00 Documentary (T)  
 1:30 9 Letter Word Game (S)  
 1:30 Scenic Drive (LB)  
 3:30 Happy Hour (P)

**7**  
 10:00 You Tube Chair Yoga (S)  
 10:30 Morning Music (T)  
 10:30 Challenge Dime Bingo (P)  
 1:00 Wii Bowling (T)  
 2:00 Rummikub (S)  
 2:30 Lights, Camera, Action (T)

**9**  
 10:00 Exercise with Weights (S)  
 10:45 Music & The Spoken Word 30min. (T)  
**12:00 Mother's Day Luncheon**  
**Only One Seating 11:30-1:30**  
**R.S.V.P. to Front Desk**  
 2:30 Lights, Camera, Action (T)  
 Mother's Day

**9:30 Sign Me Up Susan (S)**  
 10:00 Chair Exercise (C)  
 10:30 Bingo (S)  
 10:30 Documentary Film (T)  
 1:00 Wii Bowling (T)  
 2:00 Museum Secrets (T)  
 2:30 Manicures (S)  
 3:30 Name 10 (S)  
 6:30 Lights, Camera, Action (T)

**10**  
 10:00 Exercise w/ Weights (C)  
 10:30 Canal Walking Club (LB)  
 10:30 Travel: Peaceful Places  
 10:30 Getting to Know You (S)  
 1:30 You Be the Judge (S)  
 1:30 Lights, Camera, Action (T)  
 2:30 New Resident Social (P)  
 3:30 Happy Hope Factory (S)  
 6:30 \$ Money Bingo (P)

**11**  
**7:45 Women's Breakfast (P)**  
**10:00 Seated Swingers (S)**  
 10:30 Cheryl's Music Class (S)  
 10:30 One Day University (T)  
 10:30 Mexican Train (P)  
 1:00 Wii Bowling (T)  
 2:00 Shufflegolf (P)  
 2:00 Biography (T)  
 3:30 Happy Hour (P)

**12**  
 10:00 Exercise w/ Weights (C)  
 10:30 Shopping (LB)  
 10:30 Learn Wii Bowling (T)  
 10:30 Card Making (C)  
 1:30 Scenic Drive (LB)  
 1:30 Words in a Word (S)  
 2:00 Bocce Ball (SP)  
 3:30 Documentary (T)  
 6:30 Lights, Camera, Action (T)

**13**  
 10:00 Chair Exercise (C)  
 10:30 Craft Class (S)  
 10:30 FEUD: Bette & Joan (T)  
 10:30 Canal Walking Club (LB)  
 1:00 Wii Bowling (T)  
 1:30 9 Letter Word Game (S)  
 1:30 Scenic Drive (LB)  
 2:30 **Cooking with Chef (S)**  
 3:30 Happy Hour (P)

**14**  
 10:00 You Tube Chair Yoga (S)  
 10:30 Morning Music (T)  
 10:30 Challenge Dime Bingo (P)  
 1:00 Wii Bowling (T)  
 2:00 Rummikub (S)  
 2:30 Lights, Camera, Action (T)  
 Armed Forces Day

**16**  
 10:00 Exercise with Weights (S)  
 10:45 Music & The Spoken Word 30min. (T)  
 1:00 **Crafting with Beth (C)**  
 2:30 Lights, Camera, Action (T)  
 Shavuot Begins

**9:30 Sign Me Up Susan (S)**  
 10:00 Chair Exercise (C)  
 10:30 Bingo (S)  
 10:30 Documentary Film (T)  
 1:00 Wii Bowling (T)  
 2:00 Museum Secrets (T)  
 2:20 Manicures (S)  
 3:30 Name 10 (S)  
 6:30 Lights, Camera, Action (T)

**17**  
 10:00 Exercise w/ Weights (C)  
 10:30 Food Committee Meeting  
 10:30 Travel:Magical Morocco(T)  
 10:30 Getting To Know You (S)  
 1:30 You Be the Judge (S)  
 1:30 Lights, Camera, Action (T)  
 2:30 Happy Hope Factory (S)  
 3:30 **Author Alison O'Leary (P)**  
 6:30 \$ Money Bingo (P)

**18**  
 10:00 Chair Exercise\* (S)  
 10:30 Cheryl's Music Class (S)  
 10:30 One Day University (T)  
 1:00 Wii Bowling (T)  
 1:30 Activity Committee Meeting  
 2:00 Shufflegolf (P)  
 2:00 Biography (T)  
 3:30 Happy Hour w/ Dave V. (HD)

**19**  
 10:00 Exercise w/ Weights (C)  
 10:30 Shopping  
**10:30 IL Resident Meeting (P)**  
 10:30 Learn Wii Bowling (T)  
**10:30 Crafting with Beth (S)**  
 1:30 Scenic Drive (LB)  
 1:30 Words in a Word (S)  
 2:00 Bocce Ball (SP)  
 3:30 Documentary (T)

**20**  
 10:00 Chair Exercise (C)  
 10:30 FEUD: Bette & Joan (T)  
 10:30 Craft Class (S)  
 10:30 Canal Walking Club (LB)  
 1:00 Wii Bowling (T)  
 2:00 Documentary (T)  
 1:30 9 Letter Word Game (S)  
 1:30 Scenic Drive (LB)  
 3:30 **Music & Happy Hour (P)**

**21**  
 10:00 You Tube Chair Yoga (S)  
 10:30 Morning Music (T)  
 10:30 Challenge Dime Bingo (P)  
 1:00 Wii Bowling (T)  
 2:00 Rummikub (S)  
 2:30 Lights, Camera, Action (T)

**23**  
 10:00 Exercise with Weights (S)  
 10:45 Music & The Spoken Word 30min. (T)  
 1:00 9 Letter Word Game (S)  
 2:30 Lights, Camera, Action (T)

**9:30 Sign Me Up Susan (S)**  
 10:00 Chair Exercise (C)  
 10:30 Bingo (S)  
 10:30 Documentary Film (T)  
 1:00 Wii Bowling (T)  
 2:00 Manicures (S)  
 2:30 Museum Secrets (T)  
 3:30 Name 10 (S)  
 6:30 Lights, Camera, Action (T)

**24**  
 10:00 Exercise w/ Weights (C)  
 10:30 Canal Walking Club (LB)  
 10:30 Travel: Austria (T)  
 10:30 Getting to Know You (S)  
 1:30 You Be the Judge (S)  
 1:30 Lights, Camera, Action (T)  
 2:30 New Resident Social (P)  
 3:30 Happy Hope Factory (S)  
 3:30 **Round Table Readers (P)**  
 6:30 \$ Money Bingo (P)

**25**  
**7:45 Men's Breakfast (CD)**  
**10:00 Seated Swingers (S)**  
 10:30 Cheryl's Music Class (S)  
 10:30 One Day University (T)  
 10:30 Mexican Train (P)  
 1:00 Activity Staff Meeting (P)  
 1:00 Wii Bowling (T)  
 2:00 Shufflegolf (P)  
 2:00 Biography (T)  
 3:30 Happy Hour (HD)

**26**  
 10:00 Exercise w/ Weights (C)  
 10:30 Shopping (LB)  
 10:30 Learn Wii Bowling (T)  
 10:30 Card Making (C)  
 1:30 Scenic Drive (LB)  
 1:30 Words in a Word (S)  
 2:00 Documentary (T)  
 3:30 Illusionist Lyn Davies (P)  
 6:30 Lights, Camera, Action (T)

**27**  
 10:00 Chair Exercise (C)  
 10:30 Craft Class (S)  
 10:30 FEUD: Bette & Joan (T)  
 10:30 Canal Walking Club (LB)  
 1:00 Wii Bowling (T)  
 1:30 9 Letter Word Game (S)  
 1:30 Scenic Drive (LB)  
 2:30 **Cooking with Chef (S)**  
 3:30 Happy Hour (P)

**28**  
 10:00 You Tube Chair Yoga (S)  
 10:30 Morning Music (T)  
 10:30 Challenge Dime Bingo (P)  
 1:00 Wii Bowling (T)  
 2:00 Rummikub (S)  
 2:30 Lights, Camera, Action (T)

**30**  
 10:00 Exercise with Weights (S)  
 10:45 Music & The Spoken Word 30min. (T)  
 1:00 Giant Crossword (S)  
 2:30 Lights, Camera, Action (T)



**Keystone Place**  
 At Buzzards Bay  
 A Life Fulfilling Retirement Community

\*Activities subject to change due to the needs of our building.