


May
HAPPY
BIRTHDAY
Donald 5 / 02
VAL 5 / 15
MICHAEL 5 / 23
WILLIAM (WILLY)
5 / 24

Keepsake
MAY
2021
ACTIVITY
CALENDAR



All Programs are
Subject to Change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="text-align: center;">The Hearth at Southbury Keepsake Village May 2021 Activity Calendar</h2>						
<p>2</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Ribbon Dancing 11:15 Documentary: ON Wildflowers 1:00 Sports: Bean Bag Toss 2:00 The Little Rascals 3:00 Afternoon Social Hour 4:00 Cognitive: This and that trivia 4:30 Sports: Walking Club 6:00 Exercise Evening Stretching 6:30 Sunday Movie: MAYTIME 7:00 Snack & Refreshments 7:30 Cognitive: Name Five and Ten</p>	<p>3</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On CBS Evening News 1:00 Sports: Horseshoes 1:30 Keepsake Trippers 1:30 Everybody Loves Raymond 2:00 Arts and Crafts 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Rock and Roll Fitness 7:00 Snack & Refreshments 7:30 Reminiscing with Rita</p>	<p>4</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Audrey Hepburn 1:00 Sports: Darts 2:00 Dean Martin 2:00 Men's and Ladies Spa Day 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Exercise: Light Stretching 6:30 Movie Night: A Roman Holiday 7:00 Snack & Refreshments 7:30 Cognitive: Leisure Time Trivia</p>	<p>5</p> <p>9:00 ~ 10:00 Morning Stretching / New 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary On Cinco de Mayo 1:00 Sports: Parachute Fun 2:00 Outside Activities 2:00 I Love Lucy 2:00 " JACK POT BINGO" 3:00 Cinco de Mayo Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Cognitive: Hangman 6:30 Exercise: Chair Yoga 7:00 Snacks and Refreshment 7:30 Cognitive: Keep EM Laughing</p>	<p>6</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Bob Hope 1:00 Sports: Bowling 1:30 Keepsake Trippers 1:30 Shirley Temple 2:00 Cards and Board Games 3:00 Afternoon Social Hour 4:00 Cognitive: Book Club 4:30 Sports: Walking Club 6:00 Cognitive: Picture This 6:30 Exercise: Evening Stretching 7:00 Snack & Refreshments 7:30 Cognitive: What Am I</p>	<p>7</p> <p>9:00 ~ 10:00 Morning Stretching /News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On Milky Way Day 1:00 Sports: Table Ball 2:00 "JACK POT BINGO" 2:00 Travelogue: Peru 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Light Stretching 7:00 Snack & Refreshments 7:30 Cognitive: 52 Weeks of Trivia</p>	<p>8</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Documentary: On Furry Dance Day 1:00 Sports: Kick Ball 2:00 Arts and Crafts 2:00 ED Sullivan 3:00 Afternoon Social Hour 4:00 Cognitive: Name the Sound 4:30 Sports: Walking Club 6:00 Exercise: Chair Yoga 6:30 Cognitive: Chicken Soup for the Soul 7:00 Snack & Refreshments 7:30 Game Shows on TV</p>
<p>9</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Chair Zumba 11:15 Documentary: ON Famous Mothers 1:00 Sports: Ring Toss 2:00 Cognitive: Mothers Day Trivia 3:00 Afternoon Mothers Day Tea Party 4:00 Cognitive: Think More 4:30 Sports: Walking Club 6:00 Exercise: Light Stretching 6:30 Sunday Night Movie: Mothers Day 7:00 Snack & Refreshments 7:30 Cognitive: Call Out the Answers</p>	<p>10</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On Hires Root Beer 1:00 Sports: Circle Soccer 1:30 Keepsake Trippers 1:30 Travelogue: New Zealand 2:00 Arts and Crafts 3:00 Root Beer Float Social 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Rock and Roll Fitness 7:00 Snack & Refreshments 7:30 Reminiscing with Rita</p>	<p>11</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: Flower Paintings 1:00 Sports: Bean Bag Toss 2:00 Andy Griffith show 2:00 Men's and Ladies Spa Day 3:00 Afternoon Social Hour 4:00 Cognitive: Finish the Phrase 4:30 Sports: Walking Club 6:00 Exercise: Evening Stretching 6:30 Movie Night: Scoop 7:00 Snack & Refreshments 7:30 Cognitive: Tuesday Night Trivia</p>	<p>12</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary: On Yogi Berra 1:00 Sports: Basketball 2:00 Bonanza 2:00 "JACK POT BINGO" 2:00 Outside Walks and Activities 3:00 Afternoon Social Hour 4:00 Cognitive: ADD A WORD 4:30 Sports: Walking Club 6:00 Cognitive: Clichés 6:30 Exercise: Chair Yoga 7:00 Snack & Refreshments 7:30 Cognitive: What Year Was It</p>	<p>13</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Apple Pie 1:00 Sports: Corn Hole 1:30 Keepsake Trippers 1:30 Superman 2:00 Puzzles and Board Games 3:00 Afternoon Social hour 4:00 Cognitive: Book Club 4:30 Sports: Walking Club 6:00 Cognitive: Roll The Dice 6:30 Exercise: Light Stretching 7:00 Snack & Refreshments 7:30 Cognitive: The year was 1950</p>	<p>14</p> <p>9:00~ 10:00 Morning Stretching /News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On John Philip Sousa 1:00 Sports: Table Ball 2:00 "JACK POT BINGO" 2:00 Outside Activities and Walks 2:00 Everybody Loves Raymond 3:00 Afternoon Social hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Cognitive: Story Time 6:30 Exercise: Evening Stretching 7:00 Snack & Refreshments 7:30 Cognitive: You be the Judge ?</p>	<p>15</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Rock and Roll Fitness 11:15 Documentary: Armed Forces Day 1:00 Sports: Chair Hockey 2:00 Cognitive: Crossword Puzzles 2:00 Carol Burnett Show 3:00 Afternoon Social Hour 4:00 Sports Walking Club 4:30 Cognitive: Name the Sound 6:00 Music: Sing-Along With Susie Q 6:30 Exercise: Chair Dancing 7:00 Snack & Refreshments 7:30 Cognitive: Who Am I</p>
<p>16</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Ribbon Dancing 11:15 Documentary: History of Horse-shoes 1:00 Sports: Horseshoes 2:00 Cognitive: Everyday Life Trivia 3:00 Afternoon Coffee Social 4:00 Cognitive: What Would You Do 4:30 Sports: Walking Club 6:00 Exercise: Evening Stretching 6:30 Sunday Night Movie: PRIDE & PREJUDICE 7:00 Snack & Refreshments 7:30 Cognitive: Humorama</p>	<p>17</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary : On Transportation 1:00 Sports: Bowling 1:30 Keepsake Trippers 1:30 Downton Abbey 2:00 Puzzles and Board Games 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Evening Entertainment w/ Back in Play- Courtyard 7:00 Snack & Refreshments 7:30 Reminiscing with Rita</p>	<p>18</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Museums 1:00 Sports: Corn Hole 2:00 Men's and Ladies Spa Day 2:00 Death Valley Days 3:00 Afternoon Social Hour 4:00 Cognitive: Keep EM Laughing 4:30 Sports: Walking Club 6:00 Exercise: Light Stretching 6:30 Movie Night: Night at the Museum 7:00 Snack & Refreshments 7:30 Cognitive: Tuesday Night Trivia</p>	<p>19</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary: On Ice Cream 1:00 Sports: Bean Bag Toss 2:00 Petticoat Junction 2:00 "JACK POT BINGO" 3:00 Afternoon Ice Cream Social 4:00 Cognitive: Name Five 4:30 Sports: Walking Club 6:00 Cognitive: Crossword Puzzles 6:30 Exercise: Chair Yoga 7:00 Snack & Refreshments 7:30 Cognitive: Finish the Lyrics</p>	<p>20</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: History of blue jeans 1:00 Sports: Darts 1:30 The Lone Ranger 1:30 Keepsake Trippers 2:00 Board Games and Puzzles 3:00 Afternoon Social Hour 4:00 Cognitive: Book Club 4:30 Sports: Walking Club 6:00 Cognitive: Picture This 6:30 Exercise: Evening Stretching 7:00 Snack & Refreshments 7:30 Cognitive: Wheel of fortune</p>	<p>21</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive: Millionaire Game 1:00 Sports: Table Ball 2:00 "JACK POT BINGO" 2:00 Outside Activities and Walks 2:00 Abbott and Costello 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports Walking Club 6:00 Music: Name That Tune 6:30 Exercise: Light Stretching 7:00 Snack & Refreshments 7:30 Cognitive: What Am I</p>	<p>22</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On History of Pudding 1:00 Sports: Parachute Fun 2:00 Cognitive: Crossword Puzzles 2:00 Bonanza 3:00 Afternoon pudding Social 4:00 Sports Walking Club 4:30 Cognitive: Name the Sound 6:00 Exercise: Chair Dancing 6:30 Music : Patriotic Sing-Along 7:00 Snack & Refreshments 7:30 Cognitive: Funny Bones</p>
<p>23 / 30</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Chair Zumba 11:15 Cognitive: Hangman 1:00 Sports: Darts 2:00 Travelogue: National Parks 2:00 Arts and Crafts 3:00 Afternoon Social Hour 4:00 Cognitive: Everyday life Trivia 4:30 Sports: Walking Club 6:00 Exercise: Evening Stretching 6:30 Sunday Night Movie: Stuart Little on 23rd and Stuart little 2 on 30th 7:00 Snack & Refreshments 7:30 Cognitive: This or that Trivia</p>	<p>24 / 31</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive: Millionaire Game on 24th 11:15 Documentary: On Memorial Day on the 31st. 1:00 Sports: Chair Hockey 1:30 Keepsake Trippers 1:30 Everybody Loves Raymond 2:00 Music and Water Colors 3:00 Afternoon Social Hour 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Music: Sing-Along 6:30 Exercise: Rock and Roll Fitness 7:00 Snack & Refreshments 7:30 Reminiscing with Rita</p>	<p>25</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary : On Tap Dancing 1:00 Sports: Volleyball 2:00 Shirley Temple 2:00 Men's and Ladies Spa Day 3:00 Afternoon Coffee and Tea Social 4:00 Cognitive: Finish the Phrase 4:30 Sports: Walking Club 6:00 Exercise: Light Stretching 6:30 Movie Night : Yours, Mine and Ours 7:00 Snack & Refreshments 7:30 Cognitive: Tuesday Trivia</p>	<p>26</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: TIA CHI 11:15 Documentary: Vesak 1:00 Sports: Basketball 2:00 "JACK POT BINGO" 2:00 Travelogue: Bermuda 3:00 Afternoon Social Hour 4:00 Cognitive: Think more 4:30 Sports: Walking Club 6:00 Cognitive: Hangman 6:30 Exercise: Chair Yoga 7:00 Snack & Refreshments 7:30 Cognitive: Finishing Lines</p>	<p>27</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Weight Training 11:15 Documentary: On Fleet Week 1:00 Sports: Bocce Ball 1:30 Keepsake Trippers 2:00 Wagon Train 2:00 Afternoon Entertainment w/ Tom "T-Bone" Stankus- Courtyard 3:00 Afternoon Social Hour 4:00 Cognitive: Book Club 4:30 Sports: Walking Club 6:00 Cognitive: Roll the Dice 6:30 Exercise: Light Stretching 7:00 Snack & Refreshments 7:30 Cognitive: Name the State Trivia</p>	<p>28</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Documentary: On Wig Out Day 1:00 Sports: Table Ball 2:00 "JACK POT BINGO" 2:00 Everybody Loves Raymond 3:00 Monthly Birthday Party 4:00 Cognitive: Spaghetti Words 4:30 Sports: Walking Club 6:00 Cognitive: Story Time 6:30 Exercise: Evening Stretching 7:00 Snack & Refreshments 7:30 Cognitive: The Year Was 1920</p>	<p>29</p> <p>9:00 ~ 10:00 Morning Stretching / News 10:00 Catholic Mass on TV 11:00 Exercise: Noodle Workout 11:15 Cognitive: Front Porch Travel 1:00 Sports: Bean Bag Toss 2:00 Downton Abbey 2:00 Cognitive: Crossword Puzzles 3:00 Afternoon Social Hour 4:00 Cognitive: Fact or Crap 4:30 Sports: Walking Club 6:00 Cognitive: Chicken Soup for the Soul 6:30 Exercise: Chair Dancing 7:00 Snack & Refreshments 7:30 Cognitive: That's Right that's Wrong</p>