

The Hearth at Hendersonville
 419 E Main St, Hendersonville,
 TN 37075
 (615) 348-1970

Daily Snack and Hydration at
 10:00am, 2:00pm & 7:00pm
Meals: 8am, 11am, 4:30pm

Beauty Salon Hours:
 9:00-2:30pm

This month is
Breast Cancer Awareness Month
Physical Therapy Month
Emotional Wellness Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">May 2021</h1> <h2 style="font-family: cursive;">Hearth at Hendersonville</h2>			KSV Activity Director Heather Allen KSV Activity Staff Jessica Logsdon Barbara Lewis Ann Marie Cunnigham Kaila Johnson	<u>Morning Activities</u> 9:00 Morning activities 9:15 Daily devotional 9:30 Daily chronicle 10:00 Snack/Chat 10:30 Morning exercise 10:45 Daily Gratitude 11:00 LUNCH	<u>Afternoon Activities</u> 4:30 DINNER 5:00 Games 6:00 Bingo 6:30 Book Club 7:00 Snack and Chat 7:30 Nighttime Stretch	1 12:00 Movin' Music 12:30 Jumbo Game 1:00 BINGO 2:30 Memory Streets Trivia 3:00 Volley the Clock! 3:30 Wood Block Painting
2 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME Happy Birthday Keondra 	3 12:00 Music and Meditation 12:30 Think More 1:00 Walking Club 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Make a Difference	4 May the 4th be with you 9:30 Scenic Bus ride  12:00 Movin' Music 12:30 Ring Toss 1:00 RAY NEWMAN SINGS 1:30 Gardening 2:00 Snack Time 3:30 World Explorers  Happy Birthday Madison	5 CINCO de MAYO 12:00 Wildlife Jeopardy 1:00 Party 1:30 Fact or False ANIMALS 2:30 Tabletop Noodleball 3:00 Craft of the Season 3:30 Think More 	6 NURSES WEEK 12:00 Movin' Music 12:30 Scarf Dancing 1:00 Active Trivia 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day	7 12:00 Music and Meditation 12:30 Brain Game 1:00 Walking Club 1:30 Food for Thought 2:30 Exercise with Caitlin 3:30 GUESS WHO 6:30 Movie Night Happy Birthday Tammy and Jessica S 	
9 Happy Mother's Day 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME Happy Birthday Ladonna 	10 12:00 Music and Meditation 12:30 Brain Game 12:30 Think More 1:00 Adapted Sports 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Adapted Sports	11 9:30 Scenic Bus ride  12:00 Movin' Music 12:30 Bean bag toss 1:00 RAY NEWMAN SINGS 1:30 Gardening 2:00 Snack time 3:30 World Explorers 	12 12:00 Music and Stretching 12:30 JEOPARDY 1:00 Fact or False 1:30 Game of Choice 2:00 Snack 2:30 In Shape Seniors 3:00 Art Craft	13 12:00 Movin' Music 12:30 Walcing club 1:00 Active Trivia 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day	14 12:00 Music and Meditation 12:30 Brain Game 1:00 Chair Zumba 1:30 Food for Thought 2:30 Exercise with Caitlin 3:30 GUESS WHO 6:30 Movie Night Happy Birthday Jackie and Shelia 	
16 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME	17 12:00 Music and Meditation 12:30 Brain Game 12:30 Think More 1:00 Outdoor Trivia 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Make a Difference	18 9:30 Scenic Bus ride  12:00 Movin' Music 12:30 Bean bag Toss 1:00 Ray Newman Sings 1:30 I Love Lucy 2:00 Snack and Chat 3:00 I Love Lucy Trivia 3:30 World Explorers 	19 12:00 JEOPARDY  1:00 Walking Club 1:30 Fact or False 2:30 In Shape Seniors 3:00 Craft of the Season 3:30 Think More	20 12:00 Movin' Music 12:30 Scarf Dancing 1:00 Active Trivia 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day	21 Happy Birthday Betty Hayes 12:00 Music and Meditation 12:30 Brain Game 1:00 Walking Club 1:30 Social Time with fresh lemonade 2:30 Exercise with Caitlin 3:30 GUESS WHO 6:30 Movie Night 	
23 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME Happy Birthday Tamara	24 CRAZY HAT DAY 12:00 Music and Meditation 12:30 Tie Dying Shirts 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Make a Difference 	25 COWBOY DAY LIVE 9:30 Scenic Bus Ride 12:00 Swirl Cupcakes 1:00 RAY NEWMAN SINGS 2:00 Decorating Cupcakes 3:00 Music Around world 3:30 World Explorers 	26 MORE LIVE MORE OLYMPICS 10:00 OPEN CEREMONY 12:00 Bowling with ROB 12:30 Swimming with Jessica 1:00 Basketball with Heather 2:00 OLYMPIC Awards and Medals  Live More Shirts	27 SPORTS TEAM DAY WEEK 12:00 Movin' Music 12:30 Scarf Dancing 1:00 SKEET's Singing SHOW 2:00 Ice Cream Party with Dee and Sheri 3:00 Move More 3:30 Spa Day Wheelchair/Walker Wash by Paxxon	28 12:00 Music and Meditation 12:30 Brain Game 1:00 Employee Competition 2:00 Water Gun fights 3:00 Bingo	
30 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME	31 MEMORIAL DAY 12:00 Music and Meditation 12:30 Brain Game 12:30 Think More 1:00 Hungry Hippos 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Make a Difference	<h1 style="font-family: cursive;">HAPPY MOTHER'S DAY!</h1> 				 <h2 style="font-family: cursive;">Happy Birthday!</h2> <p style="font-family: cursive;">Betty Hayes 5/21/34</p> 