



# MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Activity Director</b> Rick Applegate <b>Activity Assistants</b> Amy Wilson Ladonna Raye Marie Sansom Kathryn Williams		<b>Key:</b> Activity Room (AR) Theater (T) Country Kitchen (CK) Lobby (L) Dining Room (DR) 2nd Floor Sunroom (2SR) Billiards Room (BR)		<b>NSHFD</b> <b>National Senior Health &amp; Fitness Day - May 26th</b>		1 9:00 Mix, Mingle, & Manicure (AR) 10:00 <b>Walking Club (AR)</b> 1:00 <b>Saturday at the Movies</b> <b>"Hidden Figures"-(NASA)</b> 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)
2 9:00 Sunday Worship Service-James Arnold (AR)  1:00 <b>Sunday at the Movies-T</b> <b>"I Can Only Imagine"</b> (Trace Adkins & J. Michael Finley) 2:00 Trivia (AR)  3:00 Bingo (AR)	3 9:30 Strengthen & Get Fit-(AR) 10:15 <b>Hand Lotion Craft (AR)</b> 11:00 Virtual Reality (AR) 1:00 <b>Ray Newman Singing (AR)</b> 2:00 Book Club with Marie (2SR) 3:00 Think More -Marie (CK) 2:00 <b>Bingo (AR)</b> 3:15 <b>Chair Yoga (AR)</b> 4:00 Happy Hour (CK)	4 <b>May The 4th Be With You!</b> (Star Wars Day!) 10:15 Bingo Store-(CK) 10:15 <b>Putt Putt (Courtyard)</b> 1:30 Yarn Yacker's (LR) 2:00 <b>Meditation Session (T)</b> 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(T)	5 <b>Cinco De Mayo</b> 9:30 Strengthen & Get Fit (DR) 10:15 Rummikub (AR) 11:00 Cinco De Mayo Lunch Buffet 11:15 <b>Our Lady of the Lake (CK)</b> Catholic Church (Holy Communion) 2:00 <b>Rick Singing (Courtyard)</b> 3:15 Trivia with Amy (CK) 6-8:00 <b>Bingo with Lois (CK)</b>	6 9:30 Movement and Stretch 10:15 <b>Virtual Reality Activity-AR</b> 1:00 Card games with Marie (CK) <b>Dr Yontz -Audiologist (PDR) (1:00-3:00)</b> 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Rick -(CK) 4:00 Happy Hour (CK)	7 9:15 Strengthen & Get Fit-(AR) 10:00 <b>Town Hall Meeting (AR)</b> 1:30 <b>Friday Movie</b> <b>"Aerial America" -(California)</b>  1:30 Yarn Yacker's -(LR) 2:00 Billiards (BR) 3:00 <b>Coffee and Conversation - CK</b>	8 9:00 Mix, Mingle, & Manicure (AR) 10:00 <b>Walking Club (AR)</b> 1:00 <b>Saturday at the Movies</b> <b>"The Pursuit of Happyness"</b> (Netflix Movie) (Will Smith) 3:00 Trivia (AR) 3:00 Bingo (AR)
9 <b>Happy Mother's Day!</b> 9:00 Sunday Worship Service-James Arnold (AR)  1:00 <b>Sunday at the Movies-T</b> <b>"Steel Magnolias"</b> 2:00 Trivia (AR)  3:00 Bingo (AR)	10 9:30 Strengthen & Get Fit-(AR) 10:15 <b>Bingo (AR)</b> <b>Mother's Day Brunch (11:00-1:00) (Courtyard)</b> 1:00 <b>Ray Newman Singing (AR)</b> 2:00 Book Club with Marie (2SR) 3:00 Think More -Marie (CK) 2:00 <b>Hand Massages with Amy (AR)</b> 3:15 <b>Chair Yoga (AR)</b>	11 9:30 Movement and Stretch-AR 10:15 <b>Jeopardy (AR)</b> 10:15 <b>Putt Putt (Courtyard)</b> 1:30 Yarn Yacker's (AR) 2:00 <b>Meditation Session (T)</b> 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)	12 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) <b>Lunch Bunch "OLIVE GARDEN"</b> 11:15 <b>Our Lady of the Lake (AR)</b> Catholic Church (Holy Communion) 2:00 <b>Pam Weston (AR)</b> 3:15 Trivia with Amy (AR) 6-8:00 <b>Bingo with Lois (CK)</b>	13 9:30 Movement and Stretch 10:15 <b>Show &amp; Tell -AR</b> 1:00 Card games with Marie-CK 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Rick -(CK) 3:00 Think More-Amy 4:00 Happy Hour	14 9:15 Strengthen & Get Fit-(AR) 10:00 <b>Devotional with Rick-AR</b> 10:00 <b>"Hamilton The Movie"-Part 1-T</b> 1:30 <b>"Hamilton The Movie" -Part 2-T</b>  1:30 Yarn Yacker's -(LR) 2:00 Billiards -(3BR) 3:00 <b>Coffee and Conversation -CK</b>	15 9:00 Mix, Mingle, & Manicure (AR) 10:00 <b>Walking Club (AR)</b> 1:00 <b>Saturday at the Movies</b> <b>"Snowden"</b> (Netflix Movie) 2:00 Trivia (AR) 3:00 Bingo (AR)
16 9:00 Sunday Worship Service-James Arnold (AR)  1:00 <b>Sunday at the Movies-T</b> <b>"Runaway Bride"</b> 2:00 Trivia (AR)  3:00 Bingo (AR)	17 9:30 Strengthen & Get Fit-(AR) 10:15 <b>Bingo (AR)</b> 1:00 <b>Ray Newman Singing (AR)</b> 12:45 Scenic Ride 2:00 Book Club with Marie (2SR) 3:00 Think More -Marie (CK) 2:00 <b>Hand Massages with Amy</b> 2:00 Billiards (BR) 3:15 <b>Chair Yoga (AR)</b> 4:00 Happy Hour (CK)	18 9:30 Movement and Stretch-AR 10:15 <b>Jeopardy (AR)</b> 10:15 <b>Putt Putt (Courtyard)</b> 1:30 Yarn Yacker's (AR) 2:00 <b>Meditation Session (T)</b> 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)	19 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) <b>Lunch Bunch "Demos"</b> 11:15 <b>Our Lady of the Lake (AR)</b> (Catholic Church (Holy Communion) <b>Music Entertainment</b> 2:00 <b>Fred Bacon (AR)</b> 3:15 Trivia with Amy (AR) 6-8:00 <b>Bingo with Lois (CK)</b>	20 9:30 Movement and Stretch 10:15 <b>Virtual Reality Activity-AR</b> 1:00 Card games with Marie-CK 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Rick -(CK) 3:00 Think More-Amy 4:00 Happy Hour	21 9:15 Strengthen & Get Fit-(AR) 10:00 <b>Devotional (AR)</b> 1:30 <b>Friday Movie</b> <b>"Aerial America"-(Hawaii)</b> 1:30 Yarn Yacker's -(LR) 2:00 Billiards -(3BR) 3:00 <b>Coffee and Conversation -CK</b> 4:00 Independent Games	22 9:00 Mix, Mingle, & Manicure (AR) 10:00 <b>Walking Club (AR)</b> 1:00 <b>Saturday at the Movies</b> <b>"5 Flights Up"</b> (Netflix Movie) (Morgan Freeman) 2:00 Trivia (AR) 3:00 Bingo (AR)
23 9:00 Sunday Worship Service-James Arnold (AR)  1:00 <b>Sunday at the Movies-T</b> <b>"The Stepford Wives"</b> 2:00 Trivia (AR)  3:00 Bingo (AR)	24 <b>Crazy Hat Day!</b> 9:30 Strengthen & Get Fit-(AR) 10:15 <b>Bingo (AR)</b> 1:00 <b>Ray Newman Singing (AR)</b> 2:00 Book Club with Marie (2SR) 2:00 <b>Hand Massages with Amy</b> 2:00 Billiards (BR) 3:15 <b>Chair Yoga (AR)</b> 4:00 Happy Hour (CK)	25 <b>Cowboy Day!</b> 9:30 Movement and Stretch-AR 10:15 <b>Jeopardy (AR)</b> 10:15 <b>Paxxon Walker Wash (Courtyard)</b> 1:30 Yarn Yacker's (AR) 2:00 <b>Meditation Session (T)</b> 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR)	26 <b>Live More T-Shirt Day!</b> 9:00 <b>Hearth Olympics &amp; NSHFD</b> Opening Ceremonies Basketball Event (AR) Bowling Event (AR) Swimming Event (AR) Medal Ceremony 11:15 <b>Our Lady of the Lake (CK)</b> 3:15 Trivia with Amy (AR) 6-8:00 <b>Bingo with Lois (CK)</b>	27 <b>Sports Team Day!</b> 9:30 Movement and Stretch 10:15 <b>Green Thumb Gardening (CK)</b> 1:00 Card games with Marie-CK 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Rick -(CK) 3:00 Think More-Amy 4:00 Happy Hour	28 <b>Hawaiian Day!</b> 9:15 Strengthen & Get Fit-(AR) 10:00 <b>Healthy Food Demo with Joel-ck</b> 11:00 <b>Lunch Buffet &amp; Raffle</b> 1:30 <b>Friday Movie</b> <b>(Aerial America)-(Tennessee)</b> 1:00 Staff Competition & Ice Cream (Front Walk) 3:00 <b>Coffee and Conversation -CK</b>	29 9:00 Mix, Mingle, & Manicure (AR) 10:00 <b>Walking Club (AR)</b> 1:00 <b>Saturday at the Movies</b> <b>"Dolly Parton" Here I am"</b> (Netflix Movie) (Dolly Parton) 2:00 Trivia (AR) 3:00 Bingo (AR)
30 9:00 Sunday Worship Service-James Arnold (AR)  1:00 <b>Sunday at the Movies-T</b> <b>"The Stepford Wives"</b> 2:00 Trivia (AR)  3:00 Bingo (AR)	31 <b>Memorial Day</b> 9:30 Strengthen & Get Fit-(AR) 10:15 <b>Bingo (AR)</b> 1:00 <b>Ray Newman Singing (AR)</b> 2:00 Book Club with Marie (2SR) 2:00 Billiards (BR) 3:15 <b>Chair Yoga (AR)</b> 4:00 Happy Hour (CK)			<b>Live More Week</b> <b>May 23rd- May 29th</b>		<b>Entertainers</b> <b>Pam Weston</b> May 12th <b>Fred Bacon</b> May 19th