



# Gardenside Gazette



The Hearth at Gardenside 173 Alps Road, Branford, CT 06405  
Telephone: (203) 483-7260 Fax: (203) 483-7752 Editor: Linda Capaubo

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## *Welcome Our New Residents!*

Wade Davis  
Ethel Kujanpaa  
Ann Loftis  
Cathy Loricco  
Katy Mitchell



## MAY 2021

### LIVE ENTERTAINMENT ON THE PATIO

**Tuesday, May 11**  
Nick Fradiani

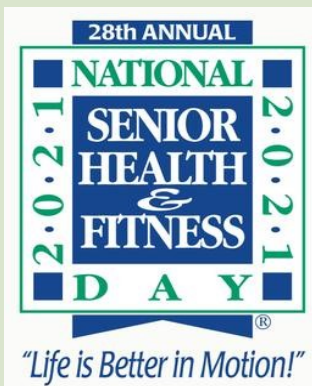
**Tuesday, May 18**  
Michael Nigretti

**Wednesday, May 26**  
Bob Giannotti

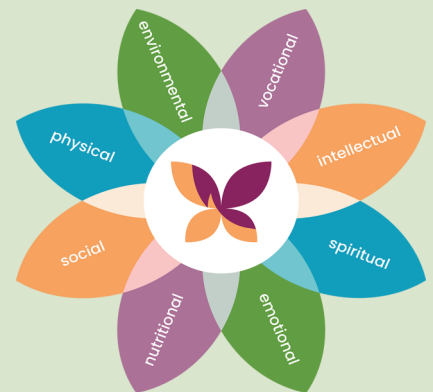


## LIVE MORE WEEK! MONDAY, MAY 24 - FRIDAY, MAY 28

Make sure you pick up the flyer listing all of the fun activities planned  
during this special week!



NATIONAL SENIOR HEALTH  
AND FITNESS DAY  
WILL BE HELD ON  
WEDNESDAY, MAY 26



[www.facebook.com/TheHearth/](https://www.facebook.com/TheHearth/)



### Resident Birthdays

Emily Fielding	5/01
Yvette Dix	5/06
Rose Smigel	5/17
Anthony Esposito	5/20
Margaret Clancy	5/22
Charlotte Jay	5/22
Roberta "Bert" Rowe	5/26
Diane Wright	5/27

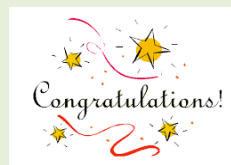


### Employee Birthdays

Katrina Cole	5/12
Lori Palumbo	5/12

**Best Wishes!**  
**Enjoy your day!!**

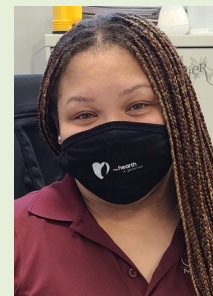
### Resident of the Month VERA OSBORNE



Vera is a pleasant resident who always looks so happy even when wearing a mask – she smiles with her eyes! Vera is a very easygoing person. She is very kind to others and gives everyone a cordial greeting. Vera does partake in activities that interest her, especially the afternoon social hour before her dinnertime! Vera's pastime is reading. She has quite a selection to choose from in the Library on the first floor!

**Congratulations Vera!**

### Employee of the Month JASMINE NICHOLAS



Jasmine is a fantastic LPN! She is a kind person who takes great care of the residents. Jasmine is very dependable and is a good team player who is always willing to offer her assistance. Jasmine remains professional at all times and is courteous to all she encounters. She is well liked by the residents and is a pleasure to work alongside. Jasmine surely deserves being chosen as the Employee of the Month!

**Congratulations Jasmine!**

**May 1** - May Day and Kentucky Derby  
**May 4** - National Teacher Day  
**May 5** - Cinco de Mayo  
**May 9** - Mother's Day  
**May 12** - International Nurses Day  
**May 15** - Armed Forces Day  
**May 16** - Shavuot Begins at Sundown  
**May 18** - Senior Citizens Day  
**May 26** - National Senior Health and Fitness Day  
**May 27** - Red Nose Day  
**May 31** - Memorial Day



### **STARTING IN MAY!**

#### **SHOPPING DAY (MONDAY)**

**Departure Time: 10:00 a.m.**  
**Dollar Tree and Big Y**

**Departure Time: 2:00 p.m.**  
**Walmart**

**Please sign up at the Front Desk**



### **KEEPSAKE VILLAGE**

**Robin Sellati -  
Live More Manager**



In KSV, I start off each morning program with "Good morning my fabulous friends. What day is today?" The residents answer me back with "It's another day". I respond (aside from telling them the date), "It's not only another day, but it's a fabulous day. Why? Because we get to share it together". Each day as we read the Daily Chronical, it recalls events and important people that helped shape the world throughout the ages. It stimulates memories, and residents share their stories and life experiences. We've talked about the Beatles, Babe Ruth, Tiger Woods, Helen Keller, and Elvis Presley, to name a few. We read about prehistoric Art in Indonesia, we learned that the Broadway show "A Chorus Line" closed after 6,137 shows. We've laughed together and have been astonished together. These very heartfelt exchanges make it "A Fabulous Day".

### **KEEPSAKE VILLAGE SCENIC RIDE THROUGH THE STREETS OF NEW HAVEN! BEAUTIFUL CHERRY BLOSSOMS!**





word search puzzle

# Mother's Day

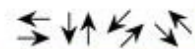
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CARING  
TEACHER  
PRESENTS  
GRANDMA

BREAKFAST  
LOVE  
MOM  
HOME

KISSES  
CAKE  
UNIQUE  
CHERISH

SUNDAY  
THOUGHTFUL  
MAY  
FLOWERS



## RendeverLive

Please participate in this engaging and interactive **Live Virtual Reality Program** conducted by a member of the Rendever Team. This program will take place at **2:00 p.m.** in the **Game room**. Listed below is the May schedule.

Tuesday, May 4 - Zen Places Worldwide

Thursday, May 6 - Mexico

Tuesday, May 11 - Sing Along

Thursday, May 13 - The Life of Anne Frank

Tuesday, May 18 - National Parks of Australia

Thursday, May 20 - Space Exploration

Tuesday, May 25 - Movement Potpourri

Thursday, May 27 - Musical Legends



## LifeLong Therapeutics

New Fitness Program  
at Gardenside!  
Don't miss this program!  
**Every Monday and  
Thursday at 10:30 a.m.**  
Get Stronger while  
having a lot of Fun!  
Lively Music!





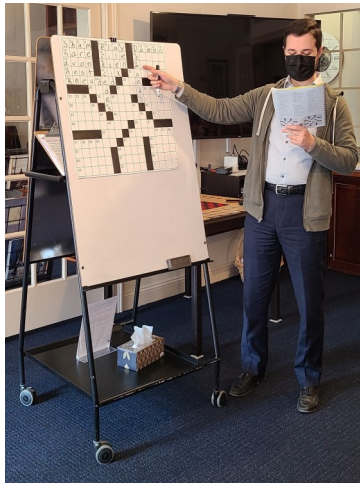
## Administrative Staff

<b>Executive Director: Josh Karim</b>	<b>jkarim@theearthllc.net</b>
<b>Wellness Director: Christa Zawadski</b>	<b>czawadski@theearthllc.net</b>
<b>Business Office Manager: Cristina Carvalho</b>	<b>bom.gardenside@theearthllc.net</b>
<b>Senior Life Director: Karen DeSantis</b>	<b>kdesantis@theearthllc.net</b>
<b>Food and Beverage Director: Alberto Del Mastro</b>	<b>adelmastro@theearthllc.net</b>
<b>Environmental Services Director: David Ieronimo</b>	<b>dieronimo@theearthllc.net</b>
<b>Live More Director: Linda Capaubo</b>	<b>ad.gardenside@theearthllc.net</b>
<b>Live More Manager: Robin Sellati</b>	<b>ksvad.gardenside@theearthllc.net</b>
<b>Wellness Coach: Christy Sagnella</b>	<b>wa.gardenside@theearthllc.net</b>
<b>Wellness Administrative Assistant: Winnie Aryee</b>	<b>waa.gardenside@theearthllc.net</b>

**It was a Beautiful Day to go  
for a Stroll on the Walking Path!**



**Josh the Executive Director  
Conducted the Crossword  
Puzzle Program!**



**Lucille is always willing to do Exercise with  
Christy the Wellness Coach!**



**Lottie, Rose and Margaret Playing  
Rummy 500 in the Sun Room!**

