

## "MENS CLUB"

Beer Chugging at the Tasty  
Tavern  
with Dao

May 11, 2021  
1:30P.M.

## "WOMENS CLUB"

Madam Mimosa's  
Build your own Mimosas  
with Christine

May 11,2021  
1:30 P.M.

## Events for the month:

May 5th Cinco De Mayo Car Show

May 7th Assisted Living Outing  
(limited seating)  
Out to lunch we go!

May 9th Mother's day tea with Bree  
&  
Performance

May 31st Memorial Day BBQ

May 26th Memory Care Outing  
(limited seating)  
Out to lunch we go!

May 4th & 18th Cooking Class

(Please see calendar for time)



Let's all give a warm welcome to our newest team member, Please meet Director of Sales & Marketing Leah M Cota, Welcome to KB Leah!

# May 2021 Kingston Bay's Monthly Newsletter



KB Farmers Market 2021



Saeteurn Farms

May 20, 2021  
KB Farmers Market  
5P.M. to 8P.M  
Come one come all!

Local Vendors  
&  
Local Produce

Live music at 5:30 P.M  
With Vic Weatherly





# May 2021

## Assisted Living Lifestyle & Leisure

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May cont'd</b> <b>30</b> 9:00 Wake up & Hydrate 10:00 Library time 11:00 Word Searches 1:15 Sunday Readers 2:00 Chair Yoga 3:00 Inspire & Praise 4:00 Family Game Shows	<b>Memorial Day</b> <b>31</b> 9:00 Wake up & Hydrate 10:00 Scrap Booking 11:00 Word Searches 1:15 Monday Trivia 2:00 BIG word little word <b>3:30 Outdoor Memorial Day BBQ</b> 4:00 <b>CC</b> Residents Choice	 <b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support				9:00 Wake up & Hydrate 10:15 BINGO 11:00 Crafts & Crosswords 1:15 White Board Hangman 2:00 Weekend Matinee <b>2:30 Root Beer Floats Day!!</b> 4:00 <b>PE</b> Let's get crafty
9:00 Wake up & Hydrate 10:00 Library time 11:00 Word Searches 1:15 Sunday Readers 2:00 Chair Yoga 3:00 Inspire & Praise 4:00 Family Game Shows <b>2</b>	9:00 Wake up & Hydrate 10:00 Scrap Booking 11:00 Word Searches 1:15 Monday Trivia 2:00 BIG word little word 3:30 Outdoor Walk 4:00 <b>CC</b> Residents Choice <b>3</b>	9:00 Wake up & Hydrate <b>10:15 Outdoor BINGO</b> 11:00 Daily Chronicles 1:15 Crafty Art Packets <b>2:00 LL Cooking with Christine</b> 3:00 Winners Circle "hot potato" 4:00 Chair Yoga <b>4</b>	9:00 Wake up & Hydrate 10:15 Arm Chair Travel 11:00 Who am I? 1:15 Word Searches <b>2:00 LL Happy Hour</b> 3:00 <b>CE</b> Cinco De Mayo Car Show 4:00 Trivia Twists <b>5</b>	9:00 Wake up & Hydrate <b>10:30 Tai Chi with Terri</b> 11:00 Daily Chronicles 1:15 What's on the Platter? Memory Game <b>2:30 Happy Hour with Nathan Bryce</b> 3:30 Readers Book Club 4:00 Residents Choice <b>6</b>	9:00 Wake up & Hydrate 10:15 Morning Mani's <b>11:00 Outing: Let's go for a ride &amp; grab lunch</b> 1:15 Freestyle Fridays 2:00 Ice Cream & Banana's 3:00 <b>AE</b> Art Class 4:00 Chair Yoga <b>7</b>	9:00 Wake up & Hydrate 10:15 BINGO 11:00 Crafts & Crosswords 1:15 White Board Hangman 2:00 Weekend Matinee 2:30 Popcorn Mania 4:00 <b>PE</b> Let's get crafty <b>8</b>
<b>Mother's Day</b> 9:00 Wake up & Hydrate 10:00 Library time 11:00 Word Searches 1:15 Sunday Readers <b>2:30 SS Mother's Day Performance &amp; Tea Time</b> 3:00 Inspire & Praise 4:00 Family Game Shows <b>9</b>	9:00 Wake up & Hydrate 10:00 Scrap Booking 11:00 Word Searches 1:15 Monday Trivia 2:00 BIG word little word 3:30 Outdoor Walk 4:00 <b>CC</b> Residents Choice <b>10</b>	9:00 Wake up & Hydrate <b>10:15 Outdoor BINGO</b> 11:00 Daily Chronicles <b>1:30 Beers with Dao &amp; Champagne with Christine: Clubs</b> 2:00 <b>LL</b> Table Games 3:00 Winners Circle "hot potato" 4:00 Chair Yoga <b>11</b>	9:00 Wake up & Hydrate 10:15 Arm Chair Travel 11:00 Who am I? 1:15 Word Searches <b>2:00 LL Happy Hour</b> <b>3:00 CE Music time with Jess on the trumpet</b> 4:00 Trivia Twists <b>12</b>	9:00 Wake up & Hydrate 10:15 BINGO 11:00 Daily Chronicles 1:15 What's on the Platter? Memory Game 2:00 BIG word little word 3:00 Car Wash! 4:00 Residents Choice <b>13</b>	9:00 Wake up & Hydrate 10:15 Morning Mani's 11:00 Get to know me 1:15 Freestyle Fridays 2:00 Ice Cream & Banana's 3:00 <b>AE</b> Art Class 4:00 Chair Yoga <b>14</b>	9:00 Wake up & Hydrate 10:15 BINGO <b>11:00 BINGO Store</b> 1:15 White Board Hangman 2:00 Weekend Matinee 2:30 Popcorn Mania 4:00 <b>PE</b> Let's get crafty <b>15</b>
9:00 Wake up & Hydrate 10:00 Library time 11:00 Word Searches 1:15 Sunday Readers 2:00 Chair Yoga 3:00 Inspire & Praise 4:00 Family Game Shows <b>16</b>	9:00 Wake up & Hydrate 10:00 Scrap Booking 11:00 Word Searches 1:15 Monday Trivia 2:00 BIG word little word 3:30 Outdoor Walk 4:00 <b>CC</b> Residents Choice <b>17</b>	9:00 Wake up & Hydrate <b>10:15 Outdoor BINGO</b> 11:00 Daily Chronicles 1:15 Crafty Art Packets <b>2:00 LL Cooking with Christine</b> 3:00 Winners Circle "hot potato" 4:00 Chair Yoga <b>18</b>	9:00 Wake up & Hydrate 10:15 Arm Chair Travel 11:00 Who am I? 1:15 Word Searches <b>2:00 LL Happy Hour</b> <b>3:00 CE Prinz Courtyard Performance</b> 4:00 Trivia Twists <b>19</b>	9:00 Wake up & Hydrate <b>10:30 Tai Chi with Terri</b> 1:15 What's on the Platter? Memory Game 2:00 BIG word little word <b>5:00 Farmers Market</b> <b>5:30 Performance by Vic Weatherly</b> 11:00 Daily Chronicles <b>20</b>	9:00 Wake up & Hydrate 10:15 Morning Mani's 11:00 Get to know me 1:15 Freestyle Fridays <b>2:00 Wine Tasting by the Bay</b> 3:00 <b>AE</b> Art Class 4:00 Chair Yoga <b>21</b>	9:00 Wake up & Hydrate 10:15 BINGO 1:15 White Board Hangman 2:00 Weekend Matinee 2:30 Popcorn Mania 4:00 <b>PE</b> Let's get crafty <b>22</b>
9:00 Wake up & Hydrate 10:00 Library time 11:00 Word Searches 1:15 Sunday Readers <b>2:30 Sunday Worship Performance</b> 3:00 Inspire & Praise 4:00 Family Game Shows <b>23</b>	9:00 Wake up & Hydrate 10:00 Scrap Booking 11:00 Word Searches 1:15 Monday Trivia 2:00 BIG word little word 3:30 Outdoor Walk 4:00 <b>CC</b> Residents Choice <b>24</b>	9:00 Wake up & Hydrate <b>10:15 Outdoor BINGO</b> 11:00 Daily Chronicles <b>1:30 Ice Cream Bar with Cisco</b> 3:00 Winners Circle "hot potato" 4:00 Chair Yoga <b>25</b>	9:00 Wake up & Hydrate 10:15 Arm Chair Travel 11:00 Who am I? 1:15 Word Searches <b>2:00 LL Happy Hour</b> 3:00 <b>CE</b> Music time 4:00 Trivia Twists <b>26</b>	9:00 Wake up & Hydrate 10:15 BINGO 1:15 What's on the Platter? Memory Game <b>2:00 Happy Hour with Paul Gaines</b> 3:30 BIG word little word 4:00 Residents Choice <b>27</b>	9:00 Wake up & Hydrate 10:15 Morning Mani's 11:00 Get to know me 1:15 Freestyle Fridays 2:00 Ice Cream & Banana's 3:00 <b>AE</b> Art Class 4:00 Chair Yoga <b>28</b>	9:00 Wake up & Hydrate 10:15 BINGO 1:15 White Board Hangman 2:00 Weekend Matinee <b>2:30 PG&amp;J Day!!</b> 4:00 <b>PE</b> Let's get crafty <b>29</b>

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