

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: purple; font-family: cursive;">Lodge Calendar • May</h1>						
						1
						9:30 Exercise Video (981 on TV) <b>10:20 Julie Lofgren Memorial Service at Laurelwood Baptist Church. Sign up</b> 10:30 Women's Coffee Klatch 1:00 BINGO for Quarters (GR) <b>2:10 Catholic Confessions at Holy Redeemer (LL)</b> 2:30 Movie Matinee with Popcorn (DT) <b>3:00 Cards and Marbles (GR)</b> 6:30 Evening Movie (981 on TV)
2	3	4	5	6	7	8
9:30 Exercise Video (981 on TV) <b>Church Service Shuttle:</b> <b>9:50 Presbyterian/Baptist</b> <b>11:20 Catholic Church</b> 10:30 Nehemiah Gospel Music (981 on TV) <b>2:30 Music Therapy (981 TV)</b> 3:30 Guide to Wine: Class 18: "US Regions: Oregon & WA" 6:30 Evening Movie (981 on TV)	9:30 Circuit Training (SS) 9:30 Exercise Video (981 on TV) <b>10:30 Rick Steve's Europe: Episode #5- "Caesar's Rome" (DT)</b> 11:30 Mindfulness (981 on TV) 1:00 Cribbage (GR) 1:00 Documentary (DT) <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b> 2:00 Brain Training (MR) <b>3:00 Quarry Players Drama Rehearsal (DT)</b> 6:30 Documentary (981 on TV)	9:30 Body in Motion (SS) 9:30 Exercise Video (981 on TV) <b>10:00 Resident Council Meeting. Everyone welcome. (SFDR)</b> <b>2:00 Fred Meyer Shuttles Sign up!</b> <b>2:00 Watercolor Class with Becky! (MR)</b> <b>2:00 Play Bridge (GR)</b> 2:30 Beanbag BB (SS) 3:30-5:00 Tech Help. Sign up for an appointment. <b>6:00 Cards n' Marbles (GR)</b>	9:30 Better Balance (Ch 981) 9:30 Body in Motion (SS) 10:00 Stitch n' Chat (GR) 10:00 Chapel with Fred Lake now in the Diamond Theater! 10:30 Meditation (CCL) <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b> 1:30 BINGO (981 on TV) 2:00 Brain Training (GR) 3:15-5:00 Manicures. Sign up for cut, file, or polish. (GR)	9:30 Circuit Training (SS) 9:30 Exercise Video (981 on TV) <b>10:45 Local banks or Walmart/Costco. Sign up!</b> <b>10:30 Craft: Stress Ball (DT)</b> 11:30 TED TALKS (981 TV) 1:00 Blackjack (FGGR & GR) <b>2:30 New Vocal Duo! Alyssa &amp; Lynda: From Broadway to Blues. Drinks served. (SFDR)</b> 	9:30 Better Balance (SS) 9:30 Exercise Video (981 TV) 10:30 Quarry Choir Practice(PP) <b>10:30 Bridge for Beginners (GR)</b> 11:30-12:30 General Store (LL) <b>1:00 Food Committee Meeting with Pat &amp; Paul (SFDR)</b> 2:00 Golden Steppers (SS) <b>2:45 Men's Hole-in-the-Wall</b> 3:00 National Parks Class 14 <b>3:00 Popcorn Social with accordionist Phil Hall (SDR)</b> 6:00 Movie in Theater (DT)	9:30 Exercise Video (981 on TV) 10:30 Women's Coffee Klatch 1:00 BINGO for Quarters (GR) <b>1:00 Lodge Scenic Ride to beautiful, wooded Oxbow Park in Oregon. Sign up! (LL)</b> 2:30 Movie Matinee with Popcorn (DT) <b>2:30 Art Discovery Painters Class Paint Zany Zebras! Limited space - sign up! (MR)</b> <b>3:00 Cards and Marbles (GR)</b> 6:30 Evening Movie (981 on TV)
9	10	11	12	13	14	15
9:30 Exercise Video (981 on TV) <b>Church Service Shuttle:</b> <b>9:50 Presbyterian/Baptist</b> <b>11:20 Catholic Church</b> 10:30 Nehemiah Gospel Music (981 on TV) <b>11:30 - 1:30 Mother's Day Brunch with Staggered Seating. Sign up for a slot in SFDR.</b> <b>2:30 Music Therapy (981 TV)</b> 3:30 Great Courses: "Everyday Guide to Wine: Class 19: "Other Regions: Mexico & Canada" (981 on TV) 6:30 Movie Musical (981 TV)	9:30 Circuit Training (SS) 9:30 Exercise Video (981 on TV) <b>10:30 Rick Steve's Europe: Episode #6- "Germany's Black Forest and Cologne" (DT)</b> 11:30 Mindfulness (981 on TV) 1:00 Cribbage (GR) 1:00 Documentary (DT) <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b> 2:00 Brain Training (MR) <b>3:00 Quarry Players Drama Rehearsal (DT)</b> 6:30 Documentary (981 on TV)	9:30 Body in Motion (SS) 9:30 Exercise Video (981 on TV) <b>10:00 Beading Assistance with Ilse Lofgren - bring your own project! (MR)</b> <b>2:00 Fred Meyer Shuttles Sign up!</b> <b>2:00 Play Bridge (GR)</b> 2:30 Beanbag BB (SS) 3:30-5:00 Tech Help. Sign up for an appointment. <b>6:00 Cards n' Marbles (GR)</b>	9:30 Better Balance (Ch 981) 9:30 Body in Motion (SS) 10:00 Stitch n' Chat (GR) <b>10:00 Parkinson's Support Group (MR)</b> 10:00 Chapel w/ Fred (DT) 10:30 Meditation w/ Laura (CCL) <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b> 1:30 BINGO (981 on TV) 2:00 Brain Training (GR) <b>3:00 Mental Health Support Group with NAMI in the Diamond Theater</b> 3:15-5:00 Manicures. Sign up for cut, file, or polish. (GR)	9:30 Circuit Training (SS) 9:30 Exercise Video (981 on TV) <b>10:45 Local banks or Walmart/Costco. Sign up!</b> <b>10:30 Craft: Wine Cork Trivet (DT)</b> 11:30 TED TALKS (981 TV) 1:00 Blackjack (FGGR & GR) <b>2:30 New Duo: Bela and Courtney from 3 Leg Torso. Drinks served. (SFDR)</b> 	<b>8:00 - 12:00 Annual Fitness Testing with Austin! Sign up.</b> 9:30 Better Balance (SS) 9:30 Exercise Video (981 TV) 10:30 Quarry Choir Practice(PP) <b>10:30 Beginner's Bridge (GR)</b> 11:30-12:30 General Store (LL) <b>1:00 Lodge Scenic Ride (LL)</b> <b>1:30 History with John Griffan (Diamond Theater)</b> 2:00 Golden Steppers (SS) 2:30 Movie Matinee (981 TV) <b>2:45 Men's Hole-in-the-Wall Gang (Drinks &amp; Chat - CCL)</b> <b>3:00 Wheel of Fortune (SDR)</b> 3:00 National Parks Class 15 6:00 Movie in Theater (DT)	9:30 Exercise Video (981 on TV) 10:30 Women's Coffee Klatch 1:00 BINGO for Quarters (GR) 2:30 Movie Matinee with Popcorn (DT) <b>3:00 Cards and Marbles (GR)</b> 6:30 Evening Movie (981 on TV)

<p>16</p> <p>9:30 Exercise Video (981 on TV)  <b>Church Service Shuttle:</b>  <b>9:50 Presbyterian/Baptist</b>  <b>11:20 Catholic Church</b>  10:30 Nehemiah Gospel Music (981 on TV)  <b>2:30 Music Therapy (981 TV)</b>  3:30 Great Courses: Everyday Guide to Wine: Class 20: "Sampling Argentina &amp; Chile" (981 on TV)  6:30 Movie Musical (981 TV)</p>	<p>17</p> <p>9:30 Circuit Training (SS)  9:30 Exercise Video (981 on TV)  <b>10:30 Rick Steve's Europe: Episode #7- "Scotland's Islands &amp; Highlands" (DT)</b>  11:30 Mindfulness (981 on TV)  1:00 Cribbage (GR)  1:00 Documentary (DT)  <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b>  <b>1:45 Shop Costco or Walmart Sign up!</b>  2:00 Brain Training (MR)  <b>3:00 Quarry Players Drama Rehearsal (DT)</b>  6:30 Documentary (981 on TV)</p>	<p>18</p> <p>9:30 Body in Motion (SS)  9:30 Exercise Video (981 on TV)  <b>10:00 New Residents Welcome Meeting (by invitation)</b>  <b>2:00 Fred Meyer Shuttles Sign up!</b>  <b>2:00 Play Bridge (GR)</b>  2:30 Beanbag BB (SS)  3:30-5:00 Tech Help. Sign up for an appointment.  <b>6:00 Cards n' Marbles (GR)</b></p>	<p>19</p> <p>9:30 Better Balance (Ch 981)  9:30 Body in Motion (SS)  10:00 Stitch n' Chat (GR)  <b>10:00 Low Vision Support Group (MR)</b>  10:00 Chapel w/ Fred (DT)  10:30 Meditation (CCL)  <b>NO YOGA TODAY</b>  1:30 BINGO (981 on TV)  2:00 Brain Training (GR)  <b>3:00 Golden Gophers Support Group (CCL)</b>  3:15-5:00 Manicures. Sign up for cut, file, or polish. (GR)</p>	<p>20</p> <p>9:30 Circuit Training (SS)  9:30 Exercise Video (981 on TV)  <b>10:45 Local banks or Walmart/Costco. Sign up!</b>  <b>10:30 Craft: Scrabble Pendant Trivet (DT)</b>  11:30 TED TALKS (981 TV)  1:00 Blackjack (FGGR &amp; GR)  <b>2:30 Mollie Paige Sings Oldies Hits! Drinks served. (SFDR)</b></p> 	<p>21</p> <p>9:30 Better Balance (SS)  9:30 Exercise Video (981 TV)  10:30 Quarry Choir Practice(PP)  <b>10:30 Bridge for Beginners (GR)</b>  11:30-12:30 General Store (LL)  <b>1:00 Lodge Scenic Ride (LL)</b>  2:00 Golden Steppers (SS)  2:30 Movie Matinee (981 TV)  <b>2:45 Men's Hole-in-the-Wall Gang (Drinks &amp; Chat - CCL)</b>  <b>3:00 Popcorn Social (LL)</b>  <b>3:00 National Parks Class 16</b>  6:00 Movie in Theater (DT)</p>	<p>22</p> <p><b>FREE SHREDDING DAY! Bring your items to the front desk between 8:00-10:00 AM, and our driver will deliver them to the Mill Plain United Methodist Church.</b></p> <p>9:30 Exercise Video (981 on TV)  10:30 Women's Coffee Klatch  1:00 BINGO for Quarters (GR)  2:30 Movie Matinee with Popcorn (DT)  <b>3:00 Cards and Marbles (GR)</b>  6:30 Evening Movie (981 on TV)</p>			
<p>23</p> <p>9:30 Exercise Video (981 on TV)  <b>Church Service Shuttle:</b>  <b>9:50 Presbyterian/Baptist</b>  <b>11:20 Catholic Church</b>  10:30 Nehemiah Gospel Music (981 on TV)  <b>2:30 Music Therapy (981 TV)</b>  3:30 Great Courses: Everyday Guide to Wine: Class 21: "The Best of Australia &amp; Tasmania"  6:30 Movie Musical (981 TV)</p>	<p>24</p> <p>9:30 Circuit Training (SS)  9:30 Exercise Video (981 on TV)  <b>10:30 Rick Steve's Europe: Episode #8 "Surprising Bulgaria" (DT)</b>  11:30 Mindfulness (981 on TV)  1:00 Cribbage (GR)  1:00 Documentary (DT)  <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b>  <b>1:45 Shop Trader Joe's or Dollar Tree. Sign up!</b>  2:00 Brain Training (MR)  <b>3:00 Quarry Players Drama Rehearsal (DT)</b>  6:30 Documentary (981 on TV)</p>	<p>25</p> <p>9:30 Body in Motion (SS)  <b>10:00 Beading Assistance with Ilse Lofgren – bring your own project! (MR)</b>  9:30 Exercise Video (981 on TV)  <b>10:00 Baking with Laurie (LAR)</b>  <b>2:00 Fred Meyer Shuttles Sign up!</b>  <b>2:00 Play Bridge (GR)</b>  2:30 Beanbag BB (SS)  3:30-5:00 Tech Help. Sign up for an appointment.  <b>6:00 Cards n' Marbles (GR)</b></p>	<p>26</p> <p>9:30 Better Balance (Ch 981)  9:30 Body in Motion (SS)  10:00 Stitch n' Chat (GR)  10:00 Chapel w/ Fred (DT)  10:30 Meditation w/ Laura (CCL)  <b>1:00 Seated Yoga with Mary Ann (SS) Sign up!</b>  1:30 BINGO (981 on TV)  2:00 Brain Training (GR)  <b>3:00 Mental Health Support Group with NAMI in the Diamond Theater</b>  3:15-5:00 Manicures. Sign up for cut, file, or polish. (GR)</p>	<p>27</p> <p>9:30 Circuit Training (SS)  9:30 Exercise Video (981 TV)  <b>10:45 Local banks or Walmart/Costco. Sign up!</b>  <b>10:30 Craft: Marble Snail (DT)</b>  <b>10:30 Book Club: Discussing The Kitchen House (GR)</b>  11:30 TED TALKS (981 TV)  1:00 Blackjack (FGGR &amp; GR)  <b>2:30 Phil Hall entertains on accordion! Drinks served. (SFDR)</b></p> 	<p>28</p> <p>9:30 Better Balance (SS)  9:30 Exercise Video (981 TV)  10:30 Quarry Choir Practice(PP)  <b>10:30 Beginner's Bridge (GR)</b>  11:30-12:30 General Store (LL)  <b>1:00 Lodge Scenic Ride (LL)</b>  <b>1:30 – 3:00 Able Hearing Clinic. Sign up! (FGGR)</b>  <b>1:30 History w/ John (DT)</b>  2:00 Golden Steppers (SS)  2:30 Movie Matinee (981 TV)  <b>2:45 Men's Gang ( CCL)</b>  <b>3:00 Wheel of Fortune with Laurie</b>  3:00 National Parks Class 17  6:00 Movie in Theater (DT)</p>	<p>29</p> <p>9:30 Exercise Video (981 on TV)  10:30 Women's Coffee Klatch  1:00 BINGO for Quarters (GR)  2:30 Movie Matinee with Popcorn (DT)  <b>3:00 Cards and Marbles (GR)</b>  6:30 Evening Movie (981 on TV)</p>			
<p>30</p> <p>9:30 Exercise Video (981 on TV)  <b>Church Service Shuttle:</b>  <b>10:00 Presbyterian/Baptist</b>  <b>11:30 Catholic Church</b>  10:30 Gospel Music (981 TV)  <b>2:30 Music Therapy (981 TV)</b>  3:30 Great Courses: Everyday Guide to Wine: Class 22: "Wines of New Zealand &amp; South Africa"  6:30 Movie Musical (981 TV)</p>	<p>31</p> <p>9:30 Circuit Training (SS)  9:30 Exercise Video (981 on TV)  <b>10:30 Rick Steve's #9 "Rome Baroque After Dark" (DT)</b>  <b>11:30-1:15 Memorial Day BBQ!</b>  1:00 Cribbage (GR)  <b>1:00 Seated Yoga (SS)</b>  1:00 Documentary (DT)  <b>1:45 Shop Craft Warehouse, Chuck's Produce, or Safeway. Sign up!</b>  2:00 Brain Training (MR)  <b>3:00 Quarry Players (DT)</b>  6:30 Documentary (981 on TV)</p>	<p><b>L O C A T I O N L E G E N D</b></p>			<p><b>1st Floor</b></p> <p>AP - Aquamarine Pool  BCC - Business Computer Center  CC - Cobblestone Café  CCFC - Coral Club Fitness Center  CP - Courtyard Patio</p>	<p>LL - Lodge Lobby  PDR - Private Dining Room  SDR - Sapphire Dining Room  SFDR - Silver Falls Dining Rm  TLR - Terrace Living Room</p>	<p><b>2nd Floor</b></p> <p>CCL - Copper Canyon Lounge  DT - Diamond Theater  FGGR - Fools Gold Game Room  GR - Granite Room  LAR - Lodge Activity Room</p>	<p>LTV - Lodge TV Room  MR - Marble Room  PP - Pearl Parlor  RQC - Rose Quartz Chapel  RVP - Rocky View Patio  SS - Sunstone Studio</p>	<p><b>LODGE MAY BIRTHDAYS</b></p> <p>5/5 Joan K.  5/6 Shirley H.  5/8 Warren W.  5/16 Marjorie H.  5/23 Rick S.  5/24 Betty B.  5/25 Donald J  5/25 Frank V  5/29 Bob A  5/31 Barbara L</p>

