



MAY

2021

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Manager: Lauri Fulkerth

Nurse: Mary Jo Miller-Grandfield

Culinary Coordinator: Amber Baas

Life Enrichment Coordinator: Kelly Sheets

Maintenance Coordinator: Abraham Barnhardt



We visited Ukraine on our trip this month. Residents tested their skills answering trivia questions about Ukraine and learned some fun facts about each country. It's amazing the knowledge that our residents have. They are pretty good at answering the trivia questions, and of course we enjoyed Ukraine's most popular snacks.



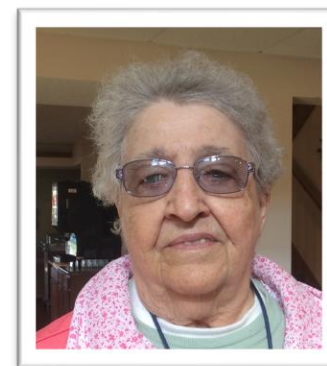
happy
birtHDay
may your wish
come true



Carmen - May 31



Dorothy - May 26



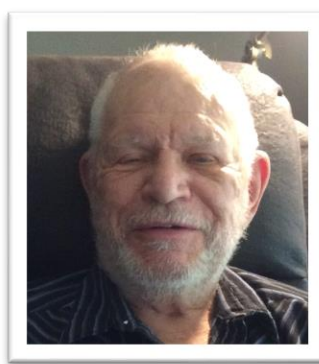
Betty – May 23



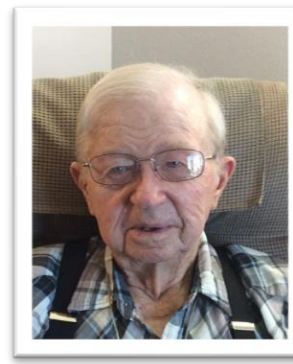
Darwin - May 28



Eldon - May 23



Roger - May 2



Rubert - May 24



Bonnie - May 30

Arlington Place would like to wish all of you a very Happy Birthday!



*Culinary
Coordinator
Amber Baas*

Star-Spangled Gumdrops

Ingredients

For each color you want:

1½ cups sugar, divided

¾ cup applesauce

1 pkg {3 ounces each} JELL-O

(I used Cherry and Berry Blue)

.25 oz envelope unflavored gelatin (Knox brand)

½ tsp lemon juice {I used bottled}



For each color you want:

Coat a 8x8 baking dish with cooking spray. Place in refrigerator. Combine 1 cup sugar, applesauce, JELL-O, unflavored gelatin and lemon juice in a medium saucepan. Let stand for 1 minute. Bring to a boil over medium heat stirring constantly. Boil for 1 minute and then immediately pour into cold baking dish. Refrigerate until firm {about three hours should do it. I left mine in overnight.} Generously dust a cutting board with sugar. Loosen the sides of the gelatin with a spatula and invert onto cutting board. Use small, sharp cookie cutters to cut out gumdrops. Sprinkle sugar over a piece of waxed paper and place gumdrops on top of sugar. Let dry for about 8 hours or until slightly sticky.



*Life Enrichment
Coordinator
Kelly Sheets*



Arlington Place would like to celebrate, honor, and remember all the men and woman past and present who served and died for our country and our freedom.



In May, America observes National Military Appreciation Month, Armed Forces Day, Memorial Day and Military Spouse Appreciation Day!



Take the time this month to honor all the men and woman in uniform, and their families.



50 Activities for residents with Dementia

Although attention is short, little tasks can make a difference!

1. Listen to Music
2. Toss a ball
3. Color Pictures
4. Make homemade lemonade
5. Count trading cards
6. Clip Coupons
7. Sort poker chips
8. Read out loud chapters from a favorite book
9. Rake Leaves
10. String Beads
11. Bake cookies
12. Take pictures of the person and you and make a collage
13. Brush/ comb each others hair
14. Participate in the Alzheimer's walk
15. Plant seeds indoors or out
16. Look at family photos
17. Wipe the kitchen table
18. Tend a flower bed or garden
19. Fold laundry
20. have a friend visit with a well behaved pet
21. Cut pictures out of magazines or greeting cards
22. Play dominoes
23. Talk about the persons favorite cartoon character
24. Bake homemade bread
25. Sort objects by color and shape
26. Sing old songs
27. Have the person talk about a favorite memory
28. Put away silverware
29. Make a valentine's day card
30. Play with tops or jacks



*Registered Nurse
Mary Jo Miller-
Grandfield*



31. Make a scrapbook
32. Take a walk
33. Write a poem together
34. String Cheerios to hang outside for birds
35. Fold towels
36. Have an afternoon tea party
37. Talk about great inventions
38. Look at a map of the US and identify states and capitals
39. Dance
40. Make holiday cards
41. Write a letter
42. Pop popcorn
43. Give a manicure
44. Make paper butterfly's
45. Water house plants
46. Put a puzzle together
47. Sand wood
48. Feed ducks at a pond
49. Recite nursery rhymes
50. Make a picture frame with popsicles and glitter

