

MAY 2021



Professionally Managed
by Jaybird Senior Living,
formerly Senior Housing
Management



Edencrest™
AT RIVERWOODS

Assisted Living & Memory Care

2210 E. Park Ave. | Des Moines, IA 50320 | 515-288-4040 | EdencrestLiving.com

Riverwoods Bulletin

May

May is named after the Roman goddess Maia, who oversaw the growth of plants. Also from the Latin word maiores, "elders", who were celebrated during this month.

Stone = Emerald Flower = Lilly-of-the-Valley



Taurus (The Bull)
Birthdates: 4/20-5/20
TAURUS TRAITS:
Strengths:
Reliable, Patient, Practical
Weaknesses:
Stubborn, Possessive

Practical and well-grounded, Taurus is the sign that harvests the fruits of labor. They feel the need to always be surrounded by love and beauty, turned to the material world, hedonism, and physical pleasures



Gemini (The Twins)
Birthdates: 5/21-6/20
GEMINI TRAITS:
Strengths:
Gentle, Curious, Adaptable
Weaknesses:
Nervous, Indecisive

Expressive and quick-witted, Gemini represents two different personalities in one and you will never be sure which one you will face. They are sociable, communicative and ready for fun, with a tendency to suddenly get serious, thoughtful and restless.

Riverwoods Bulletin



Goodbye is never easy.

I have worked for Jaybird, previously known as Senior Housing, for 4 1/2 years. In that time, I have been at two different buildings, Courtyard Estates and Riverwoods.

Riverwoods was my first job as an RN. It has been a wonderful journey. I have enjoyed every employee, every resident, and every family member I have met along the way! The decision to leave was something I thought about for a while. It was not an easy decision, but it is what is best for my family. So, even though I say good bye, I carry with me a bunch of wonderful memories.

Shana

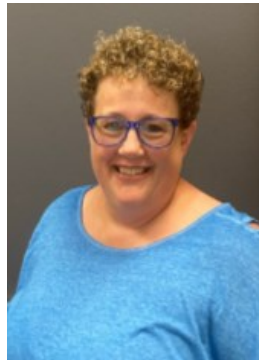
Did you know that a \$200 deposit will secure an apartment of your choice today?

SCHEDULE A TOUR Today!

If you are interested in participating in the weekly Zoom call, please provide Lene' Moore, Director, with your email address, and she will be happy to add you to the weekly call. Lene's email: directorrw@edencrestliving.com

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Activity Action

Armchair Travelers

Hello my fellow travelers! Did you enjoy our trip to London? How were the Tea & Crumpets? Are you ready to go on another trip, yet? I sure hope so! May's Armchair Travel destination is: Italy. We will see many beautiful sites as well as taste espresso & Scones. Join me as we travel on Tuesday, May 25th at 1:30 PM.

Happy Travels!

Theresa

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Culinary Corner

April Bentley, Culinary Coordinator

Resident Choice

May's meal will be served at Noon on Wednesday, May 19th.

Menu:

Ham Balls

Scalloped Potatoes

Harvard Beets

Chef Surprise Dessert

Come and enjoy with your friends!!

Bon Appetite!

April

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Transportation

Available with reservation. Please try to schedule your appointments on Tuesdays and Thursdays.

Library Reservations

All library reservations are on hold until further notice.

Resident Referrals

Reminder that any Resident that refers a tour to our community and they move in , you will receive a \$500.00 discount on your next month's rent.

Great discount for you for referring a new Resident.



Wishing you all a blessed and wonderful birthday!

Kathleen "Kathy" Mishler 5/4

Mary Ellen Meyer 5/7

Jean House 5/14

Donald Crabbs 5/15

Christine "Chris" Howell 5/21

Donna Zoss 5/22

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Riverwood Bulletin

Meet our Management Team



Lene' Moore
Director



Theresa Glaser
Life Enrichment
Coordinator



April Bentley
Culinary Coordinator



Bryan Stout
Maintenance Coordinator

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Pastoral Ponderings

with Pastor David

Miracles, Part 2

As I said last month, I believe in miracles. I have seen them first hand. In the peace treaty that unites once bitter enemies to the man with a hardened heart from years of sadness and ridicule, reaching out to another person for help.

April showers bring May flowers, what a miracle. Grass that was brown, now must be mowed. Flowers pushing their beautiful colors out from the dead Earth. Whom deserves the credit? Mother Nature? No, look to the real Miracle Giver. Open your eyes and see....

Conrad the cobbler was told that God would come to visit his house the next day. He cleaned his small cottage and then went to bed. He awoke at Dawn. Conrad sat by the door in anticipation. There came a knock at the door. "Is it God?", he wondered. He quickly ran to answer it. Instead of Jesus, there stood a small boy who stated he was lost. He asked Conrad if he would help. Reluctantly, he said, "Ok. Let us get you home." He returned several hours later, after returning the boy to his home. He was worried that he may have missed Jesus while he was gone. There was another knock at the door. "God?", he wondered again. He swiftly opened the door only to see a woman in raggedy clothes. She stated that she needed a new dress and inquired if Conrad could help her purchase one. Conrad sighed and agreed to take her to town to get a new dress, even though he was expecting a very important guest. He returned some hours later and sat by the door in anticipation of the arrival of his very special guest. The day was almost over, and Conrad was worried that He would not arrive. Then there was another knock at the door. Conrad said to himself, "This HAS to be God." Conrad rushed to the door only to see a sad man with no money and in need of a meal. Conrad could not let the man starve, so he took the man to town and shared a meal with him. When he finally returned home, he was broken hearted. The sun had set and no God. Conrad prayed out loud, "Lord, why didn't you come visit as you had promised?" God replied, "My dear son, I did visit. I came to you three times. I came to you in the lost boy, the woman in need of a dress and in the man who needed a meal. Each time, you ministered to them, you ministered to me." Look around and see God's love. It may be our cooks, the cleaning crew or someone who repairs a broken chair. It could be the person who answers your call button or the person who plans the activities. There! There is the face of God. Yes, I believe in miracles.

***Peace & Blessings,
David***

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Staff Spotlight

Each month we will be shining the spotlight on one of our fantastic Team Members. They will all be asked the same questions:

1. Why did you choose your career path?
2. What is your favorite part about working at Riverwoods?
3. Where do you live?
4. What do you like to do in your spare time?
5. What is your favorite Snack Food?



Name: Hannah

Position: RA

Spotlight: Meet Hannah.

Hannah states she chose her career path because she has always had a passion for caring for the elderly. She worked at The Veterans Home in Marshalltown before moving to Des Moines. She states she wanted to continue doing what she loves. Hannah's favorite part about working at Riverwoods is her co-workers. "Everyone is very nice and working with them is fun." Hannah lives in Des Moines, just down the street from Riverwoods. In her spare time, Hannah enjoys spending time with her one year-old daughter. Hannah's favorite snack is "anything chocolate without nuts."

Be sure you say "Hi" to Hannah when you see her.

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**Mother's Day
Word Search**

A	O	N	Z	C	N	J	U	A	U	M	C	Y	Y	W
T	P	Z	A	A	E	L	N	R	L	H	L	H	A	E
L	J	P	Y	R	J	X	F	A	O	I	J	H	D	Z
H	J	H	R	D	L	R	C	C	M	S	S	Z	N	T
X	T	R	L	E	C	A	O	A	P	W	L	K	U	H
I	E	O	G	B	C	L	F	J	K	L	S	Z	S	O
A	V	R	U	U	A	I	N	E	F	E	Y	E	I	U
E	T	P	H	T	P	G	A	T	I	K	B	X	R	G
G	Y	E	E	S	M	O	M	T	G	U	A	E	S	H
C	Z	Q	M	M	I	F	F	F	E	C	D	L	Y	T
H	V	Y	C	X	S	R	D	E	A	U	W	E	R	F
Y	J	W	C	L	T	R	E	F	T	F	J	B	S	U
G	I	F	T	B	R	V	W	H	Q	E	Y	X	N	L
P	S	R	E	W	O	L	F	M	C	R	D	I	W	C
M	X	Q	O	C	E	Q	N	M	I	L	J	L	O	A

APPRECIATE
CAKE
CARD
CHERISH

CHOCOLATE
FAMILY
FLOWERS
GIFT

LOVE
MOM
SUNDAY
THOUGHTFUL

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Mother's Day Tea
Friday, May 7th
2:00-3:00 PM
Musical Guest:
Piano Man
Steve Huyette

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Happy Hour

Thursdays at 3:30

Themes for May

Thursday **May 6**

Russell Stover Candy Day

Thursday **May 13**

Hummus Day

Thursday **May 20**

Q & A Day: Theresa

Thursday **May 27**

Joe Cool Day

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Resident Meeting

Have you ever wanted an opportunity to plan a fun party or excursion?
Have you wanted an opportunity to share your concerns? Well search
no further! The **Resident Meeting** is a perfect place for you to do just
that!

We meet on the first Tuesday of each month at 1:30 PM to discuss
these items.

Our next meeting is **Tuesday, May 4th.**

Make plans to join your fellow community members

MeETing

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Who am I?

May's featured celebrity will be:



George Washington &
Abraham Lincoln

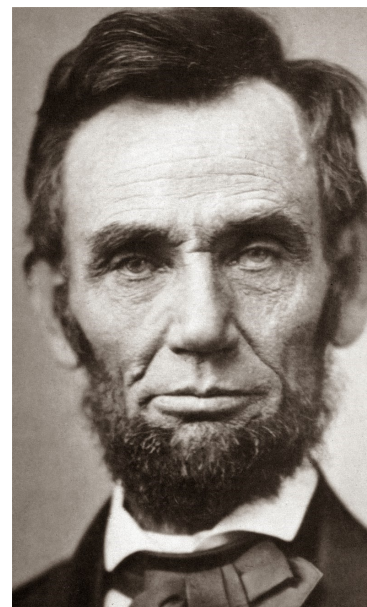
Join us on
Monday, May 17th

At 1:45 PM

When we will explore the lives of
these two iconic political figures

We will learn where they were
born, where they grew up and
how they came to politics

We will also learn about some not
so well-known facts about these
two men



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Riverwoods' Concert
Series

Wednesday, May 5th

Noted 4 4:00 PM

Wednesday, May 12th

Phil & Caitlyn 3:00PM

Tuesday, May 18th

Jim Quales 4:00PM

Wednesday, May 26th

Dave Gray 3:00PM

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Joan & Donna Z.



Jan



Linda



Dolores



Easter Goody
Bags



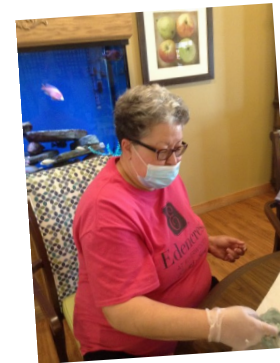
Rose

Sandy



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Char

Decorating
Easter Eggs
with
Shaving
Cream



Jan



Joan



Rose



Sue



Lauren
&
Chris



Deb

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April Showers
Canvas

Left to Right:
Donna Z.
Rose

Peeps Bunny
Race Cars

Sue

Joan



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Kate

Rose

National
Tattooing
Day

