

136 36th Avenue SW  
Cedar Rapids, IA

Corridor Crossing  
Place

Phone: 319-362-6868  
Fax: 319-363-7312

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Live2B  
HEALTHY

Music Speaks Therapy  
Alyson Krapfl



Monday, Wednesday  
& Friday at 10 AM



A speech-language pathologist is a healthcare provider who specializes in evaluating and treating people of all ages with problems speaking, communicating or swallowing. Speech-language pathologists help people increase or maintain speech or swallowing skills or adapt to permanent disability in these areas. Many people living with these problems can gain more independence and enjoyment in everyday activities by attending Speech Therapy.

NIT speech-language pathologists will give you an individualized evaluation. We will test the strength, flexibility and coordination of the muscles in your mouth and throat for articulation and swallowing. Your therapist will evaluate how fast you can form words and comprehend what is being said to you. We assess how long you can pay attention to and remember information. And then, using the results from the evaluation, we will determine what is interfering with your ability to speak, swallow and communicate with family and friends. Once the issues have been identified, a treatment plan will be developed according to your needs. Speech Therapy Month is a great month for giving it a try!

Happy Speech Therapy Month Alison Roach!

### Animal of the Month – Ferret

Ferrets are small, carnivorous mammals that have brown, white, and/or black fur, small ears, a mask-like darker area across the eyes, and long tails. They typically weigh between one and a half to four and a half pounds. Pet ferrets are domesticated polecats. There are also wild ferrets, such as the black-footed ferret native to North America, which is on the endangered species list. The highly social ferret has become a very popular pet, with several million now living in homes across America. Ferrets were domesticated around 2,500 years ago and were kept by ancient Egyptians. Male ferrets are quite a bit bigger than female ferrets. These furry, inquisitive creatures are native to many places across the world, including North America and Europe. Because they are social and affectionate creatures, it is recommended to keep them in pairs or in a small group. Ignored pet ferrets can die of loneliness.

professionally  
managed by



EXCEPTIONAL CARE.  
EXTRAORDINARY LIVING.

### May Newsletter





## Dare to Dream

For Arnie's Birthday and to Honor him for serving our country, Corridor Crossing Place was honored to give Arnie the option of what he wanted to do, for a Dare to Dream. He chose to go to Biaggi's Restaurant and take another service member and friend with him.

Arnie served in the United States Army with The Calvary for almost three years. While in the Army Arnie traveled to Fort Knox, Fort Campbell, Panama, South Korea, and West Germany. Tokyo, Japan was Arnie's favorite place to visit. Seeing Mount Fujiyama was Arnie's favorite site to see while visiting Japan.

One of Arnie's Bucket List adventures would be to purchase a Hand Glider and fly it. Arnie loves to go tobogganing. Arnie's favorite animal is Bears and he stated, "Gentle Ben is number one."

Arnie stated, "his favorite thing about living at Corridor Crossing Place is that we have high safety standards, and he also likes the way we are advocates for our residents".

Arnie very much enjoyed the day! Thank you for your service Arnie!



## PLACE LEADERSHIP TEAM



**Lisa Urbanek, Nurse Manager**

**nurse@corridorcrossingplace.com**

**Office: 319-362-6868/ Cell: 319-304-5194**

Hello Everyone!

Can you believe we are already in the 5<sup>th</sup> month of the year? We have been busy here at Corridor Crossing Place. We are still working on storm clean up and hope to have all repairs finished within the next few months. We have also been busy out in the court yards getting the landscaping and plants in tip top shape for all our residents to enjoy. We also got some new raised garden beds and have a few residents looking forward to growing some fresh veggies to use in the kitchen.

We recently sent out letters to all families with all current Covid Guidelines from Iowa Department of Public Health. If you have any questions, please feel free to contact the community and speak with Lisa or myself. We are still requiring visits be scheduled in advance please reach out to Josie via community phone 319-362-6868, cell 319-440-4673, or email me at [assistantadmin@corridorcrossingplace.com](mailto:assistantadmin@corridorcrossingplace.com) to schedule your visits.

Once again thank you for allowing us to care for your loved ones here at Corridor Crossing Place.

Warm Regards,

**Assistant Manager:**

**Josie Doudney**

**assistantadmin@corridorcrossing.com**

**Office:319-362-6868/cell:319-440-4673**

Hello!

We are finally seeing green grass, trees blossoming, and birds chirping. We currently have availability in our community if you have any family or friends that may be interested in Corridor Crossing Place. Just a reminder that we have our Friends & Family Referral Program. Your loved one that resides in our community would receive \$500 off their rent after your referral resides into our community for one month. Please let me know if you have any questions. Have a wonderful month of May.

Warm regards,

**Community Relations Coordinator:**

**Kara Bensch**

**welcome@corridorcrossingplace.com**

**Office:319-362-6868 Cell:319-775-3060**

We love the Sunny Days!! This is the best time of year, everything is budding and starting to bloom. We are looking forward to planting in our courtyard and doing craft projects for the birds along with many intense games of Farkle! We are looking forward to Summer BBQ's, outside activities and ice cream cones.

**Tina Hansen**

**Life Enrichment Coordinator**

**lifeenrichment@corridorcrossingplace.com**

**Office: 319-362-6868**

Corridor Crossing Place gives a "Warm Welcome" to our new residents!! Please make sure to say hello to:

SHAMPOO/SET \$20  
Men's haircut \$20  
HAIR CUT \$20  
Men's mustache \$10  
PERM \$75  
Men's Beard \$10  
  
(make checks to:  
Esther Benesh)  
  
Phone: 319-362-6868

**Monthly Newsletters & Calendars  
Can be found at:  
[Corridorcrossingplace.com](http://Corridorcrossingplace.com)**





# CORRIDOR CROSSING

Hello Family & Friends-

Here at Corridor Crossing Place we are looking forward to getting new siding and roof from the storm damage last fall. We are continuing to make improvements throughout the community. Residents are excited to spend some time in the courtyards and enjoy the fresh air. We are working on cleaning up on the landscape and can't wait to smell fresh cut grass. Please feel free to reach out to me at the community for any maintenance or housekeeping needs.

**Maintenance Coordinator:**  
**Lyle Morrow**  
**[maintenance@corridorcrossingplace.com](mailto:maintenance@corridorcrossingplace.com)**



**Culinary Coordinator:**  
**Colleen Taylor**  
**[culinary@corridorcrossingplace.com](mailto:culinary@corridorcrossingplace.com)**  
**Office:319-362-6868**

- **Ingredients**
- **4 large cucumbers**
- **1 tablespoon of kosher salt**
- **1 extra large Vidalia onion**
- ***For the Dressing:***
- **2/3 cup white vinegar**
- **2/3 cup granulated sugar**
- **1/4 teaspoon of freshly cracked black pepper**
- **1/4 teaspoon of celery seed, *optional***

Oh! how the Iowa weather has a mind of its own! We have had some nice days that have allowed us to be outside in the courtyard enjoying some much needed fresh air! The Gardens recently started bus outings on Monday's and the residents are loving seeing many places around Cedar Rapids and surrounding areas that they have not gotten to see in many years! It starts great conversations among everyone and excitement for the next one! We have a lot of fun things coming up in the next couple months and are excited to spend more time outdoors! Make sure to keep checking our Facebook to watch for great smiles from your loved ones!

**Warm Regards**  
**Megan Franks**  
**Memory Care Coordinator**  
**[meganlorella92@gmail.com](mailto:meganlorella92@gmail.com)**  
**Office: 319-362-6868**

# RESIDENT OF THE MONTH

Julie was born and raised in Fairfax, Iowa on her family farm. Julie's favorite adventures on the farm was caring for animals of all types and being part of the birth and bottle feeding of sheep and calves.

Through her teen years she spent a lot of her time babysitting. After graduating from Prairie High School in 1971, she worked at T&K Roofing in the reception office, Krauss Mfg. in Walford, Payless, and Klein Tools.

Julie's favorite thing to do is to spend time with Dooley & Lucy, her cats. Watching movies, horseback riding, making jewelry, swimming, shopping, gardening, and sewing are some of Julie's hobbies. Julie loves Fashion. Julie spent time as a professional photographer, taking pictures of famous musicians like, The Rolling Stones, Buddy Guy and Elvin Bishop.

Julie also is a certified massage therapist. Julie's favorite vacation was to Lake of the Ozarks in Missouri. Julie's favorite saying is "There's no place like home." Julie stated she "loves living at Corridor Crossing Place, "everyone here is so kind".



**Julie**

# EMPLOYEE OF THE MONTH

"The Residents at Corridor Crossing Place make me happy," that is why I have worked here for two years. I have been dancing for seven years. I danced on my High School dance team, the IFL team and at the morning psychology dance team. I went to Kirkwood college to learn to be a mechanic so I can fix cars. In September I will be going to the US Virgin Islands, I can't wait to go, Snuba diving. I like to go fast when I ride snowmobiles and motorcycles. My dream is to one day build my own house and learn to swim. We are so happy that you work here Chantele. Thank you for all you do.



**Chantele**



|         |       |
|---------|-------|
| Edward  | 05-07 |
| Fran 5  | 05-13 |
| Jean C. | 05-14 |







# Activity Corner

