

May 2021

Sunset Park Place

3730 Pennsylvania Ave, Dubuque, IA 52002 | 563-583-7939 | www.sunsetparkplace.net



Celebrating May

Creative Beginnings Month

Meditation Month

Physical Fitness & Sports Month

Speech Therapy Month

Lemonade Day
May 2

Teacher Day
May 4

Cinco de Mayo
May 5

Mother's Day
May 9

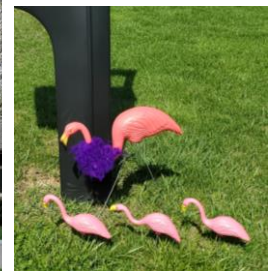
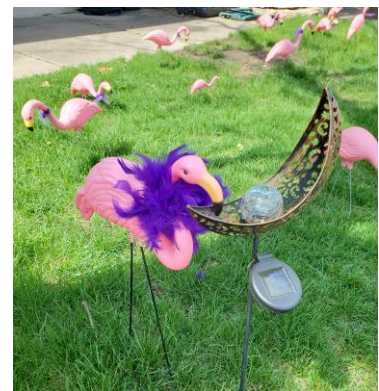
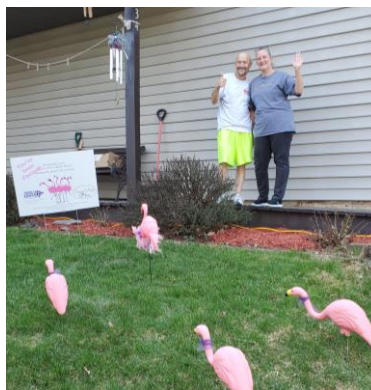
International Nurses Day
May 12

NASCAR Day
May 21

Memorial Day (U.S.)
May 31

It's Flocking Season!

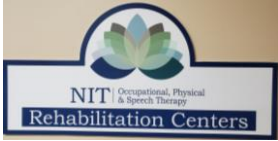
Imagine looking out your window or pulling into your driveway to find your yard is full of pink flamingos wearing purple bow ties, scarfs, and boas! This is a fundraiser that is truly a FUN-raiser! Thank you to everyone who has donated to our Sunset Park Place team so far!



Help the Sunset Park Place Team raise money for the Walk to End Alzheimer's coming up in October. For a \$20 donation the flock will nest for 3 days, then migrate to their next location! **Flocking season ends May 31st!** If you want to join the fun and surprise someone, call Erica at 563-580-5041 or email: marketing@sunsetparkplace.net to make your donation and set up a flocking.



It is Speech Therapy Month!



A speech-language pathologist is a healthcare provider who specializes in evaluating and treating

people of all ages with problems speaking, communicating or swallowing. Speech-language pathologists help people increase or maintain speech or swallowing skills or adapt to permanent disability in these areas. Many people living with these problems can gain more independence and enjoyment in everyday activities by attending Speech Therapy.

NIT speech-language pathologists will give you an individualized evaluation. We will test the strength, flexibility and coordination of the muscles in your mouth and throat for articulation and swallowing. Your therapist will evaluate how fast you can form words and comprehend what is being said to you. We assess how long you can pay attention to and remember information. And then, using the results from the evaluation, we will determine what is interfering with your ability to speak, swallow and communicate with family and friends. Once the issues have been identified, a treatment plan will be developed according to your needs. Speech Therapy Month is a great month for giving it a try!

Happy Speech Month Kaity!



Embracing Spring

The theme for show and tell in April was “Anything Spring” The residents always look forward to this event. It gives them an opportunity to share something that has a story, shares a talent, or simply brings a little humor to the circle.



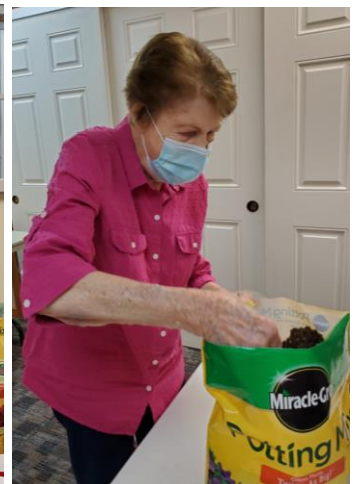
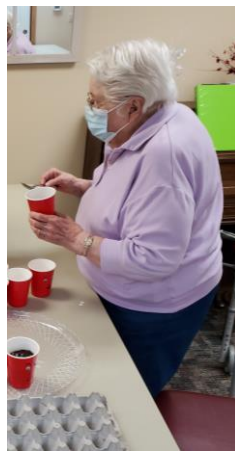
Rita took oil painting lessons years ago and enjoys having her artwork decorate her apartment. She brought this beautiful painting of yellow tulips in a blue painted flowerpot. She got many offers to buy it that afternoon, but proudly took it

back home to hang it on her wall.

Ruth brought some glass flowers in a vase, and Peg brought an umbrella – and giggled when she shared “This reminded me of Spring” Everyone shared what they most look forward every spring.

Dirt Therapy

Spring means filling the outdoor planters with a lot of flowers. Everyone dug in and helped plant seeds. They will be blooming in no time!



Old Traditions – New Methods

The age-old tradition of decorating eggs for Easter continues. However, it is always such a mess, dye on hands, tables, and clothes. We put 2 cups of rice in quart size bags and added food coloring. We rolled the eggs around in the rice and they came out beautiful! See for yourself.

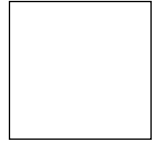


Live Entertainment at SPP

It has been a whole year of restrictions. Yes, it was tough but we are tougher! Now it is time to celebrate all of the things we have been missing. While we remain cautious and continue to follow protocol, we are so happy some of our favorite entertainers bringing the joy of live music again.



Sunset Park Place
3730 Pennsylvania Ave
Dubuque, IA 52002



It's Flocking Season!! Now through May 31st

Sunset Park Place fundraiser for Walk to End Alzheimer's.

See details inside...



The Referral Program is back! Good Friends make great neighbors!

We offer a \$1,000 rent credit for any current Sunset Park Place resident, or loved one of a current resident, who refers a friend which results in a move in.



Contact Erica Wall, Assistant Director
for details at 563-580-5041

May Birthdays

Shirley S 2nd Jane S 8th
Evelyn S 12th Marion C 19th Irene R 31st

In astrology, those born from May 1–20 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable. Those born from May 21–31 are Twins of Gemini. With a feeling that something or someone is always missing, Twins forever seek new friends and opportunities. They are curious, intelligent, and sociable communicators, which makes them valuable colleagues and empathetic friends.

Bing Crosby (singer) – May 3, 1903
Nellie Bly (journalist) – May 5, 1864
Toni Tennille (musician) – May 8, 1940
Stevie Wonder (musician) – May 13, 1950
Henry Fonda (actor) – May 16, 1905
Naomi Campbell (model) – May 22, 1970
Sally Ride (astronaut) – May 26, 1951
Bob Hope (entertainer) – May 29, 1903