## May 2021

108 DIECKS DRIVE ELIZABETHTOWN, KY

#### WILLOW CREEK Senior Living

PHONE: (270) 765-4414 WILLOWCREEKRETIREMENT.COM

# Willow Creek Management Team

**Demetria** Johnson

Director

**Ben Dozier** 

**Culinary Coordinator** 

**Tyrone Johnson** 

**Maintenance** Coordinator

**Debbie Keplinger** 

**Community Relations Coordinator** 

**Debbie Smith** 

Life Enrichment Coordinator





When choosing a "Dare to Dream" participant Mrs. Lucy came to mind. One of her favorite things to do is read books that are about nature and birds. She often talks of how she would like a bird to enjoy.

Willow Creek purchased a bird cage with two small parakeets for Lucy to enjoy. She visits with the birds many times per day and often communicates with them. She is currently thinking of two names for the birds. These birds have brought so much joy to Mrs. Lucy.

Her spouse who also resides at Willow Creek had tears of joy watching the video and states he had not witnessed his wife smile like that in years. He requested a copy of the photo which we will have framed for him.

Every Tuesday Intrepid Home Health gets our residents moving for the day



**Terrell and Shannon** 



Robert



Ottis



Meet our Garden Club Barbara, Dottie, Jan, and Ginny

#### May safety

The Dangers of Electricity

Many are naturally curious and do not know the dangers of electricity. Knowing the basics about the power of electricity and electrical shock helps to keep you safe from harm. The following basics of electricity are important to understand.

There are simple electrical safety tips for that are important in preventing serious injury or possible death.

• Electricity has the power to cause burns, shocks and even death.

• Appliances and power cords can be just as dangerous as electrical power lines if you do not take proper safety precautions.

• Electricity flows easily through water, and it will travel through your body since your body is made of 70 percent water.

#### **Electrical Safety tips**

Regardless of your age, you need to be aware of the dangers of electricity. While the following safety tips, there are some tips.

#### At Home

• Never use an appliance near a sink, bathtub or other source of water.

• Keep electrical wires and appliance cords away from sources of heat.

• Keep electrical cords away from sinks, bathtubs and other sources of water.

• Never pull an electric plug out of the wall outlet by yanking on the electric cord.

• Unplug an electrical appliance before cleaning it.

## Outdoors

• If you see a fallen electrical wire, stay away from it. Call the power company to report the downed wire or call 911.

## Raspberry and Pistachio Semifreddo

1 c. cold sour cream, 1/2 c. confectioners' sugar,
1 c. cold heavy cream, 1/4 c. pistachios, chopped,
2 pt. raspberries, divided, 1 tbsp. fresh lemon juice,
1 tbsp. pure honey, 2 tbsp. fresh mint leaves
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DIRECTIONS

- 1. Line an 8-by-4-inch loaf pan with plastic wrap, leaving an overhang on all four sides.
- Beat sour cream with an electric mixer on medium speed until smooth, 1 minute. Add sugar and beat to combine. Reduce mixer speed to low and gradually beat in heavy cream. Increase speed to medium and beat until stiff peaks form, 2 to 3 minutes.
- 3. Fold in pistachios and 1 pint raspberries; transfer to prepared pan. Freeze until set, at least 4 hours or up to 1 week.
- Whisk together lemon juice and honey in a bowl until dissolved. Add remaining raspberries and toss to combine. Let sit, tossing occasionally, 18 to 20 minutes. Invert semifreddo onto a platter; discard plastic. Top with raspberries and mint leaves.



We are happy to call you family.

Faye

Randal



Willow Creek Senior Living 108 Diecks Drive Elizabethtown, KY 42701

Postage Information

# Mother's Day Poem

Dear Mom, I will love you forever; And forever you will be The most wonderful mother, You mean everything to me.

I thought of buying you flowers In the usual way, But I knew you would prefer A FOREVER bouquet!





To our residents: Louise 05-04 Janie 05-17 Ernestine 05-25 Pat 05-30 To our associates: Kayla 05-03 Clay 05-09 Terri 05-17