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>=9K09I B-L &



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*Refer a friend or family  
member to live here with us  
and receive \$500.00 off  
your rent!*

**All transportation must be  
scheduled 72 hours in  
Advance.**

May is

Strawberry  
Month



# Prairie Hills Press

\* 9R BMA=9RL

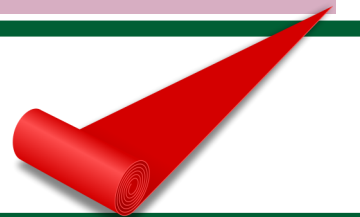
Prairie Hills Cedar  
Rapids would like to  
wish all of  
our  
Mothers a  
Very  
Happy  
Mother's Day!



**Happy Birthday to you:  
Staff Birthday's  
Makayla 5/10, Amanda 5/23  
Staff Anniversary:**

Professionally Managed by 

Rolling Out the Red Carpet!



## A Note from Occupational Therapy

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Congratulations to Erica McCarville OTR/L and Lindsay Engle COTA/L. Thank you for your years of service and dedication to those you serve! What is Occupational Therapy? Occupational Therapists are health professionals who work with people who have had illnesses, injuries and disabilities that prevent them from participating in their normal daily activities. Occupational Therapy encompasses assessment and treatment to develop, recover or maintain the daily living and work skills of people with a physical, mental or cognitive disorder. At Prairie Hills, Occupational Therapy specializes in urinary incontinence intervention. Please reach out to Erica or Lindsay if you have any questions about what Occupational Therapy can do for you.

## Transportation and Activity Outing News:

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Will be starting a Monday trip for you to get essential items. We will only be offering transportation on Monday and Thursdays for doctor appointments only, from the hours for 9:00 to 4:00pm.

We will be going on picnic in the month of May, we will be leaving here at 11:00am and coming back to the building by 1:30, we still have to social distance so we can take 7 residents on the bus and 2 in the car.

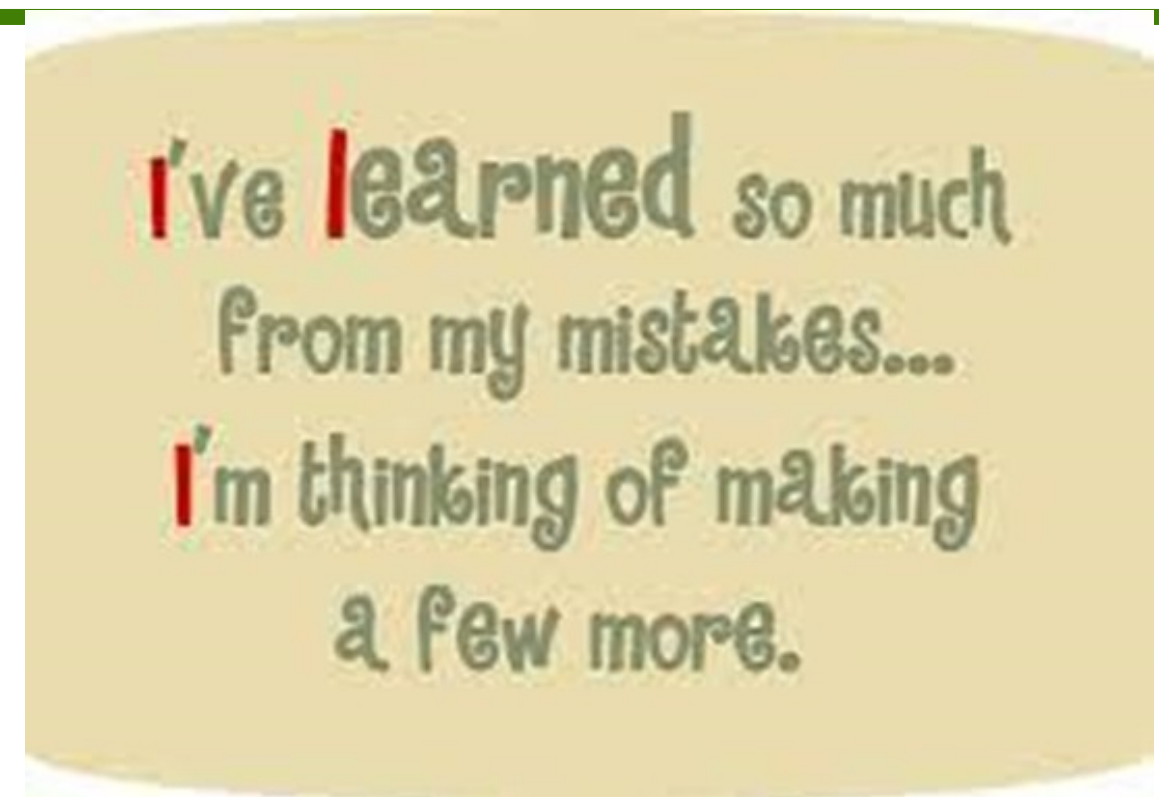
## Happy Speech Therapy Month.....

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A speech-language pathologist is a healthcare provider who specializes in evaluating and treating people of all ages with problems speaking, communicating or swallowing. Speech-language pathologists help people increase or maintain speech or swallowing skills or adapt to permanent disability in these areas. Many people living with these problems can gain more independence and enjoyment in everyday activities by attending Speech Therapy.

NIT speech-language pathologists will give you an individualized evaluation. We will test the strength, flexibility and coordination of the muscles in your mouth and throat for articulation and swallowing. Your therapist will evaluate how fast you can form words and comprehend what is being said to you. We assess how long you can pay attention to and remember information. And then, using the results from the evaluation, we will determine what is interfering with your ability to speak, swallow and communicate with family and friends. Once the issues have been identified, a treatment plan will be developed according to your needs. Speech Therapy Month is a great month for giving it a try!

Happy Speech Therapy Month Alison Roach!







# Spring



W H M Z A L K R S G U B E C H T Q I  
 F T U L Y I J B E P Q N O P A S D X  
 S J N I B O R H L V M C S U T L E K  
 P E D W G X E K J O A Z R M C Q F B  
 R C Y Q U S A V N T S I E K H R O L  
 O L A M B F D T E U P S W G X T J E  
 U N P H Y G Z R L K D H O V C E N R  
 T B E J D W P Q I S G X L M F P A U  
 V M Z C A I K D H B N U F S E B R T  
 D K Y T L X G O R F P E J Q B W O A  
 E P G L E B S U A M O C H I C K S N  
 B N A R F Y O J T H Z M T D L I P G  
 G R K E N R T S N A I L Q W U S R V  
 A D O N P H E M B J S T C E S N I F  
 K W U F I N L T Q E R M E A Y O N D  
 I B S E C K F X T D V J R H P A G Z  
 N E D R A G M W K U L G S O R C L E  
 H Z M T U L I P V E B A D Y W F X J



BIRDS	CALF	GARDEN	LAMB	SNAIL
BLOSSOM	CATERPILLAR	GRASS	NATURE	SPRING
BUGS	CHICKS	HATCH	NEST	SPROUT
BUNNY	FLOWERS	INSECTS	RABBIT	TULIP
BUTTERFLY	FROG	LADYBUG	ROBIN	WORM

