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Nursing Week May 6th- 12th



Early History of Nursing

The first known documents that mention nursing as a profession were written approximately 300 AD. In this period, the Roman Empire endeavored to build a hospital in each town that was under its rule, leading to a high requirement for nurses to provide medical care alongside the doctors.

The profession of nursing became considerably more prominent in Europe in the middle ages, due to the drive for medical care from the Catholic church. In this period, there were many advancements and innovations that took place, which eventually went on to form the base of modern nursing, as we know it.

The first Spanish hospital was built in the late 500s to early 600s in Merida, Spain, with the intent to care for any sick individuals regardless of ethnic origin or religion. Several others were created in the following centuries, but their upkeep was neglected until Emperor Charlemagne began to restore them and update the supplies and equipment in the 800s.

Throughout the 10th and 11th centuries, the nursing profession expanded due to changes in rulings in Europe. Hospitals began to be included as part of monasteries and other religious places and the nurses provided a range of medical care services, as was required, even beyond traditional healthcare. This all-encompassing model gained popularity and continues to be responsible for the wide range of duties a nurse is responsible for today.

April Event Photos

EASTER



The Old Ball Game

On May 2, 1908, songwriters Albert von Tilzer and Jack Norworth submitted their song "Take Me Out to the Ball Game" to the United States copyright office, unaware it would come to be called America's second national anthem. Even though the song's chorus is sung by millions, few know the rest of the lyrics or their feminist inspiration: the celebrity vaudeville star and outspoken suffragette Trixie Friganza.

Norworth was dating Friganza when he wrote the lyrics. While riding the New York City subway, he saw a sign that read "Baseball Today—Polo Grounds." Inspiration so overwhelmed Norworth that he scribbled the lyrics on the back of an envelope that is now on display at the Baseball Hall of Fame in Cooperstown, New York. The star of Norworth's tune is a woman named Katie Casey, a baseball superfan who "Saw all the games / Knew all the players by their first names." She even "Told the umpire he was wrong, / All along, / Good and strong." This outspoken female fan in the song was undoubtedly modeled after his progressive girlfriend, the indomitable Trixie Friganza.

LIFE ENRICHMENT HAPPENINGS

Special meal for

Cinco de Mayo Day May 5th

Friday, May 7th 2:00pm----- Mother's Day Tea

Every Wednesday Bus run to Aqua Aerobics

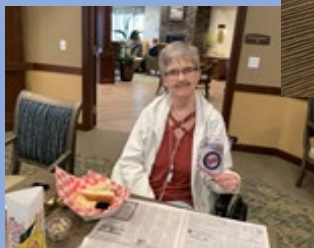
Music every Monday at 3:00 with George

Shopping at Target every other Tuesday

Scenic Drive Every other Wednesday

Happy Hour and Trivia every Friday

The exercise equipment is in, so please see Annette for training times.



Celebrating May

Creative Beginnings Month

Meditation Month

Physical Fitness & Sports Month

Lemonade Day

May 2

Teacher Day

May 4

Cinco de Mayo

May 5

Mother's Day (U.S.)

May 9

International Nurses Day

May 12

Ride a Unicycle Day

May 16

NASCAR Day

May 21

Victoria Day (Canada)

May 24

Memorial Day (U.S.)

May 31



A Note from RN's Nicole and Cassie

Nicole and I would like to personally extend our gratitude and thanks to the residents of Willows Landing for your graceful acceptance of nursing and their Resident assistant team as they continue to do their daily covid checks. A benefit to those checks is that it provides the nursing team an opportunity to continue to get to know you all better.

Our community continues to grow as does our staffing. You may start to see that there are some new faces to the Willows Landing nursing staff team. As more residents come and join our community, we try and meet the needs by increasing our staff. Please welcome them! Also remember that we are always open to suggestion and welcome any concerns or questions. Communication is key to helping a community stay strong and bonded.

Some items that nursing is working on through the month of April is to continue to meet the needs of our new and existing residents as you continue to settle in. Nicole and I have been communicating with Annette, the Life enrichment coordinator, to see what we can do to enhance each individual experience with activities. As we come into Spring it is a good time to focus on our community response to natural disaster and emergency situations. Please take time to familiarize yourself with what to do in an emergency. If you have questions don't hesitate to reach out to any staff to help assist you.

It warms our heart to see everyone settling into our community. We look forward to every day that is spent helping assist and serve. Have a blessed day.

Nicole Siegel, RN & Cassi Hanson, RN

Not the End of the World



In May of 1910, much of the world was in a panic. Halley's Comet—the celestial nomad that passes Earth every 76 years or so—was right on schedule to make its appearance. But its 1910 pass was forecasted to be especially close, so close that Earth would pass right through the comet's tail. Comets have long been considered harbingers of the end of the world, and 1910 was no different despite advancements in scientific thought and reason.

Much of the blame for the doomsday predictions has fallen on the French astronomer Camille Flammarion. When he spotted the comet in September of 1909, he published his observations thus: "The comet's tail is composed of deadly cyanogen and other gases, including hydrogen. If the earth should pass through his tail, either the hydrogen will ignite, blasting earth asunder in a gigantic explosion, or the comet gases will sweep aside our own atmosphere, reacting with the nitrogen to form the familiar laughing gas, nitrous oxide, and suffocating all animal life in a ghastly parody of death."

Flammarion was not alone in his dire predictions. Another astronomer worried that the comet "would cause the Pacific to change basins with the Atlantic, and the primeval forests of North and South America to be swept by the briny avalanche over the sandy plains of the Sahara, tumbling over and over with houses, ships, sharks, whales, and all sorts of living things in one heterogenous mass of chaotic confusion."

Of course, when Halley's Comet did make its closest approach to Earth between May 14 and 22, none of these fantastic catastrophes manifested. Instead, telescope sales skyrocketed, and Earthlings enjoyed spectacular views of the famous comet. One misfortune that did occur was the uncanny death of Mark Twain. Born under the appearance of Halley's Comet in 1835, he predicted his own death with the reappearance of the comet in 1910.

May Birthdays

In astrology, those born from May 1–20 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable. Those born from May 21–31 are Twins of Gemini. With a feeling that something or someone is always missing, Twins forever seek new friends and opportunities. They are curious, intelligent, and sociable communicators, which makes them valuable colleagues and empathetic friends.

Bing Crosby (singer) – May 3, 1903
 Nellie Bly (journalist) – May 5, 1864
 Toni Tennille (musician) – May 8, 1940
 Salvador Dalí (artist) – May 11, 1904
 Stevie Wonder (musician) – May 13, 1950
 Henry Fonda (actor) – May 16, 1905
 Mr. T (actor) – May 21, 1952
 Naomi Campbell (model) – May 22, 1970
 Sally Ride (astronaut) – May 26, 1951
 Bob Hope (entertainer) – May 29, 1903

Fruits

Y	R	R	E	B	P	S	A	R	T	E	A	L	M
A	E	N	B	L	A	C	K	B	E	R	R	Y	I
B	I	P	E	N	B	W	G	A	A	R	R	W	E
R	R	A	E	A	O	A	A	Y	N	P	R	A	N
R	E	K	W	C	O	T	O	S	A	A	L	P	G
B	R	I	I	A	Y	E	B	T	N	P	E	P	R
W	O	W	Y	A	R	R	L	R	A	A	M	L	A
W	R	I	N	R	R	M	U	A	B	Y	O	E	P
R	A	K	O	O	B	E	E	W	L	A	N	B	E
P	N	L	L	C	I	L	B	B	K	E	E	R	G
A	G	B	C	I	I	O	E	E	B	R	E	Y	A
R	E	E	E	B	M	N	R	R	R	S	E	O	I
A	O	E	N	K	O	E	R	R	E	G	N	C	E
C	E	G	B	Y	B	M	Y	Y	I	E	O	Y	E

BLACKBERRY
 LIME
 WATERMELON
 BLUEBERRY
 PAPAYA
 KIWI
 ORANGE
 RASPBERRY
 APPLE
 BANANA
 STRAWBERRY
 GRAPE
 LEMON