

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality	** All activities are subject to change Any changes will be posted to LifeShare monitors. L - Front Lobby RTR - Round Table Room ACT - Activity Room HC - Health Center Dining Room BC - Broadcast Channel R - Room Visit	*Transportation services for appointments are offered Tuesdays and Wednesdays from 9am - 4pm. Please see your nurse or Life Enrichment for details.	* Did You Know... There are books, magazines, puzzles, games, etc. available for you to use during your leisure time? Please ask staff for details.			1 May Day M 9:00 Classic Country Tunes-BC I 10:30 Inspirations-Broadcast Channel V 11:15 Walk-n-Roll Program I 2:00 Prompts for Gratitude Journals-R
2 I 9:00 Sunday Hymns-BC/R I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program A 2:00 Mindful Mandalas-RTR S 3:00 Afternoon Matinee-BC	3 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Weekly Activity Packet-R	4 V 10:00 Whoga: Level 1-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program A 2:00 Crafts - RTR L 2:00 Lifelong Learning Video-BC	5 Cinco de Mayo I 9:00 Catholic Communion - RTR V 10:00 Forever Fit-BC I 10:30 Inspirations-BC I 11:00 Protestant Communion-RTR V 11:15 Walk-n-Roll Program S 2:00 Popcorn & Movie-BC	6 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Doorway Bingo	7 V 10:00 Whoga: Level 2-BC S 10:30 Resident Council - AL I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program GG 1:00 Lobby Bowling S 3:00 Happy Hour Trolley-R	8 M 9:00 Classic Country Tunes-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program I 2:00 Bible Study w/ Jeanne McCutchan-RTR I 2:00 Prompts for Gratitude Journals-R
9 Mother's Day I 9:00 Sunday Hymns-BC/R I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program I 2:00 Bible Study with Jeanne McCutchan A 2:00 Mindful Mandalas-RTR S 3:00 Afternoon Matinee-BC	10 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Weekly Activity Packet-R	11 V 10:00 Whoga: Level 1-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program A 2:00 Crafts - RTR L 2:00 Lifelong Learning Video-BC	12 I 9:00 Catholic Communion - RTR V 10:00 Forever Fit-BC I 10:30 Inspirations-BC I 11:00 Protestant Communion-RTR V 11:15 Walk-n-Roll Program S 2:00 Popcorn & Movie-BC	13 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Doorway Bingo	14 V 10:00 Whoga: Level 2-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program GG 1:00 Lobby Bowling S 3:00 Happy Hour Trolley-R	15 Armed Forces Day M 9:00 Classic Country Tunes-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program I 2:00 Prompts for Gratitude Journals-R

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23 I 9:00 Sunday Hymns-BC/R I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program A 2:00 Mindful Mandalas-RTR S 3:00 Afternoon Matinee-BC	24 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Weekly Activity Packet-R	25 V 10:00 Whoga: Level 1-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program A 2:00 Crafts - RTR L 2:00 Lifelong Learning Video-BC	26 I 9:00 Catholic Communion - RTR V 10:00 Forever Fit-BC I 10:30 Inspirations-BC I 11:00 Protestant Communion-RTR V 11:15 Walk-n-Roll Program S 2:00 Popcorn & Movie-BC	27 V 10:00 YOGA for Beginners-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program K 2:00 Doorway Bingo	28 V 10:00 Whoga: Level 2-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program GG 1:00 Lobby Bowling S 3:00 Happy Hour Trolley-R	29 M 9:00 Classic Country Tunes-BC I 10:30 Inspirations-BC V 11:15 Walk-n-Roll Program I 2:00 Prompts for Gratitude Journals-R
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River Pointe Health Campus
Health Center Activities



May 2021

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