

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality</p>				All Activities Are Subject To Change		<p>1 May Day V 10:30 Lets Get Moving-HCRR K 1:30 Movie- Secretariat D+ A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET</p>
<p>2 V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR I 2:00 Inspired Sunday Service</p>	<p>3 K 9:30 In Room Visits/ One on Ones V 10:00 TrilogyFit V 10:30 Sittersize HCRR S 11:00 Resident Council Meeting HC K 1:30 Movie/Mad Money</p>	<p>4 K 9:30 In Room Visits/ One on Ones V 10:30 Noodlesize IG 12:00 Just The Guys Pizza & Beer- PCRR L 2:00 Armchair Travels to Brazil- HCRR GG 6:00 Games/Residents Choice</p>	<p>5 Cinco de Mayo K 9:30 In Room Visits V 10:00 TrilogyFit-AL V 10:30 Music & Movement HCRR I 11:00 Communion S 2:00 Chef's Circle HCRR S 2:00 Cinco De Mayo Party HCRR I 7:30 Mass Ch 130</p>	<p>6 K 9:30 In Room Visits GF 10:00 Family Talk- PCRR K 10:00 Family Talk- PCRR V 10:30 Music & Movement HCRR K 1:30 Movie/A Few Good Men- DVD GG 2:00 Bingo- HCRR GG 6:00 Games/Residents Choice</p>	<p>7 K 9:30 In Room Visits V 10:30 Tai Chi Exercise HCRR S 2:00 Mother's Day Tea- HCRR</p>	<p>8 V 10:30 Lets Get Moving-HCRR K 1:30 Movie/Pollyanna - D+ A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET</p>
<p>9 Mother's Day V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR S 2:00 Mother's Day Cart R to R I 2:00 Inspired Sunday Service</p>	<p>10 K 9:30 In Room Visits V 10:00 TrilogyFit V 10:30 Sittersize HCRR S 11:00 Resident Council AL K 1:30 The River Runs Through It - DVD</p>	<p>11 K 9:30 In Room Visits V 10:30 Noodlesize L 2:00 Armchair Travels to Brazil- HCRR GG 6:00 Games/Residents Choice</p>	<p>12 K 9:30 In Room Visits V 10:00 TrilogyFit-AL I 11:00 Communion S 2:00 Chef's Circle HCRR K 2:15 Bingo HCRR I 7:30 Mass Ch 130</p>	<p>13 K 9:30 In Room Visits I 10:00 Grandparent Talk- PCRR V 10:30 Music & Movement HCRR K 1:30 Movie/The Prince & Me DVD GG 6:00 Games/Residents Choice</p>	<p>14 K 9:30 In Room Visits V 10:30 Tai Chi Exercise HCRR M 2:00 Happy Hour/Swing Music</p>	<p>15 Armed Forces Day V 10:30 Lets Get Moving-HCRR K 1:30 Movie/Greyfriars Bobby D+ A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET</p>

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16 V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR I 2:00 Inspired Sunday Service	17 K 9:30 In Room Visits V 10:00 TrilogyFit V 10:30 Drum Circle HCRR S 2:00 Just The Guys- South American Coffee Tasting- HCRR	18 K 9:30 In Room Visits V 10:30 Noodlesize A 11:00 Brazilian Headbands PCRR L 2:00 Armchair Travels to Brazil- HCRR L 6:00 Genealogy with Sherri PCRR	19 K 9:30 In Room Visits V 10:00 TrilogyFit-AL V 10:30 Samba Music & Movement- HCRR I 11:00 Communion S 12:00 Taste of Town S 2:00 Chef's Circle HCRR K 2:15 Bingo HCRR I 7:30 Mass Ch 130	20 K 9:30 In Room Visits A 10:00 Water Colors- PCRR V 10:30 Music & Movement HCRR L 2:00 Armchair Travel To Brazil HCRR S 5:00 South America Theme Dinner GG 6:00 Games/Residents Choice	21 K 9:30 In Room Visits V 10:30 Tai Chi Exercise HCRR S 2:00 Happy Hour/National Strawberries and Cream Day- HCRR	22 V 10:30 Lets Get Moving- HCRR K 1:30 Movie/Dr. Doolittle- DVD A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET
23 V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR I 2:00 Inspired Sunday Service	24 K 9:30 In Room Visits V 10:00 TrilogyFit V 10:30 Sittersize HCRR K 1:30 Movie/Caddy Shack- DVD GF 2:00 Courtyard Chat	25 K 9:30 In Room Visits V 10:30 Noodlesize M 1:30 Music/Singing with Susie Q. CC 2:00 Making Cornbread- HCRR GG 6:00 Games/Residents Choice	26 K 9:30 In Room Visits V 10:00 TrilogyFit-AL I 11:00 Communion S 2:00 Chef's Circle HCRR K 2:15 Bingo HCRR I 7:30 Mass Ch 130	27 K 9:30 In Room Visits GG 10:00 Think Twice- PCRR V 10:30 Music & Movement HCRR K 1:30 Movie/Walk The Line- DVD GG 6:00 Games/Residents Choice	28 K 9:30 In Room Visits V 10:30 Tai Chi Exercise HCRR S 2:00 Happy Hour/Lemonade & Cookies CY	29 K 1:30 Moondance Alexander- P V 10:30 Lets Get Moving- HCRR A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET
30 V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR I 2:00 Inspired Sunday Service	31 Memorial Day K 9:30 In Room Visits V 10:00 TrilogyFit V 10:30 Sittersize HCRR S 12:00 Memorial Day Cookout K 1:30 Movie/The Sandlot DVD					

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9 Mother's Day K 10:00 Activity Packets R to R V 10:30 Media Cart I 10:30 Catholic Mass- Ch 104 I 11:00 South East Christian Ch 102 A 2:00 Arts & Music HCRR S 2:00 Mother's Day Cart R to R I 2:00 Inspired Sunday Service	10 K 9:30 In Room Visits K 10:00 Activity Packets R to R V 10:30 Sittersize HCRR K 1:30 The River Runs Through It - DVD	11 K 9:30 In Room Visits K 10:00 Activity Packets R to R K 10:00 Activity Packets R to R V 10:30 Noodlesize L 2:00 Armchair Travels to Brazil- HCRR GG 6:00 Games/Residents Choice	12 K 9:30 In Room Visits K 10:00 Activity Packets R to R I 11:00 Communion S 2:00 Chef's Circle HCRR K 2:15 Bingo HCRR I 7:30 Mass Ch 130	13 K 9:30 In Room Visits K 10:00 Activity Packets R to R K 10:00 Activity Packets R to R V 10:30 Music & Movement HCRR K 1:30 Movie/The Prince & Me DVD GG 6:00 Games/Residents Choice	14 K 9:30 In Room Visits K 10:00 Activity Packets R to R V 10:30 Tai Chi Exercise HCRR M 2:00 Happy Hour/Swing Music	15 Armed Forces Day V 10:30 Lets Get Moving-HCRR K 1:30 Movie/Greyfriars Bobby D+ A 2:00 Arts & Music HCRR M 6:00 Lawrence Welk on KET

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<p>16</p> <p>V 10:30 Media Cart</p> <p>I 10:30 Catholic Mass- Ch 104</p> <p>I 11:00 South East Christian Ch 102</p> <p>A 2:00 Arts & Music HCRR</p> <p>I 2:00 Inspired Sunday Service</p>	<p>17</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Drum Circle HCRR</p> <p>S 2:00 Just The Guys- South American Coffee Tasting- HCRR</p>	<p>18</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Noodlesize</p> <p>A 11:00 Brazilian Headbands PCRR</p> <p>L 2:00 Armchair Travels to Brazil- HCRR</p> <p>L 6:00 Genealogy with Sherri PCRR</p>	<p>19</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Samba Music & Movement- HCRR</p> <p>I 11:00 Communion</p> <p>S 12:00 Taste of Town</p> <p>S 2:00 Chef's Circle HCRR</p> <p>K 2:15 Bingo HCRR</p> <p>I 7:30 Mass Ch 130</p>	<p>20</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Music & Movement HCRR</p> <p>L 2:00 Armchair Travel To Brazil HCRR</p> <p>S 5:00 South America Theme Dinner</p> <p>GG 6:00 Games/Residents Choice</p>	<p>21</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Tai Chi Exercise HCRR</p> <p>S 2:00 Happy Hour/National Strawberries and Cream Day- HCRR</p>	<p>22</p> <p>V 10:30 Lets Get Moving- HCRR</p> <p>K 1:30 Movie/Dr. Doolittle- DVD</p> <p>A 2:00 Arts & Music HCRR</p> <p>M 6:00 Lawrence Welk on KET</p>
<p>23</p> <p>V 10:30 Media Cart</p> <p>I 10:30 Catholic Mass- Ch 104</p> <p>I 11:00 South East Christian Ch 102</p> <p>A 2:00 Arts & Music HCRR</p> <p>I 2:00 Inspired Sunday Service</p>	<p>24</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Sittersize HCRR</p> <p>S 11:00 Resident Council Meeting PC</p> <p>K 1:30 Movie/Caddy Shack- DVD</p> <p>GF 2:00 Courtyard Chat</p>	<p>25</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Noodlesize</p> <p>M 1:30 Music/Singing with Susie Q.</p> <p>CC 2:00 Making Cornbread- HCRR</p> <p>GG 6:00 Games/Residents Choice</p>	<p>26</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>I 11:00 Communion</p> <p>S 2:00 Chef's Circle HCRR</p> <p>K 2:15 Bingo HCRR</p> <p>I 7:30 Mass Ch 130</p>	<p>27</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Music & Movement HCRR</p> <p>K 1:30 Movie/Walk The Line- DVD</p> <p>GG 6:00 Games/Residents Choice</p>	<p>28</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Tai Chi Exercise HCRR</p> <p>S 2:00 Happy Hour/Lemonade & Cookies CY</p>	<p>29</p> <p>K 1:30 Moondance Alexander- P</p> <p>V 10:30 Lets Get Moving- HCRR</p> <p>A 2:00 Arts & Music HCRR</p> <p>M 6:00 Lawrence Welk on KET</p>
<p>30</p> <p>V 10:30 Media Cart</p> <p>I 10:30 Catholic Mass- Ch 104</p> <p>I 11:00 South East Christian Ch 102</p> <p>A 2:00 Arts & Music HCRR</p> <p>I 2:00 Inspired Sunday Service</p>	<p>31</p> <p>Memorial Day</p> <p>K 9:30 In Room Visits</p> <p>K 10:00 Activity Packets R to R</p> <p>V 10:30 Sittersize HCRR</p> <p>S 12:00 Memorial Day Cookout</p> <p>K 1:30 Movie/The Sandlot DVD</p>					

Forest Springs Health Campus
Villas

May 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

May Day

12:00 Derby Day Villa
Residents
Clubhouse Reserved

2

3

5:00 Monday Night
Dinner

4

10:00 Trilogy Fit

5

Cinco de Mayo

6

10:00 Trilogy Fit

7

2:00 Bingo and Happy
Hour

8

9

Mother's Day

10

5:00 Monday Night
Dinner

11

10:00 Trilogy Fit

12

13

10:00 Trilogy Fit

14

2:00 Bingo and Happy
Hour

15

Armed Forces Day

Forest Springs Health Campus
Villas

May 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

16

17

5:00 Monday Night
Dinner

18

10:00 Trilogy Fit

19

20

10:00 Trilogy Fit

21

2:00 Bingo and Happy
Hour

22

23

24

5:00 Monday Night
Dinner

25

10:00 Trilogy Fit

26

27

10:00 Trilogy Fit

28

2:00 Bingo and Happy
Hour

29

30

31

Memorial Day

5:00 No Monday Night
Dinner