Blair Ridge Health Campus Assisted Living

May 2021			2	0	21	
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans C - Creative Cooking G - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Key Code: B-Basement HC-Health Center Library HCA-Health Center Activity Room HPDR-Private Dining Room on Health Center MDR-Main Dining Room on Assisted Living ML-Main Lobby on Assisted Living PDR-Private Dining Room on Assisted Living	Birthdays: 5/2 Karen O. 5/2 Walter F. 5/2 Norma A. 5/2 Phyllis W. 5/7 Jack L. 5/8 Geraldine K.	Birthdays: 5/11 Doris B. 5/17 Jill B. 5/24 John W. 5/27 Donald K. 5/28 Douglas H. 5/28 Ardys R.	Theme: May Flowers	Our Ombudsman: Mary Swinford 800-622-4484 317-232-7134	May Day V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) I 12:45 News & View From the Garden GG 2:00 Connect 4 (MDR)		
2	3	4	5 Cinco de Mayo	6	7	8		
I 10:15 Coffee/Devotions (MDR) K11:30 Pre-Meal Passing Time (MDR) K 2:00 Bingo IL (Apt. 1- 24) (MDR) K 2:40 Bingo AL (Apt. 25- 48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) GG 1:30 Horseracing (MDR) 5:15 Bingo Store (B)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) A12:45 Campus in Color A 1:30 Crafts (MDR)	K 9:30 Bingo IL (Apt. 1-24) (MDR) K10:05 Bingo AL (Apt. 25-48) (MDR) K11:30 Pre-Meal Passing Time (MDR) CC 1:30 Cooking w/Mary Ann (MDR) K 6:25 Reminisce (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) S 1:50 Chef's Circle IL (Apt. 1-24) (MDR) K 2:00 Bingo IL (Apt. 1- 24) (MDR) S 2:35 Chef's Circle AL (Apt. 25-48)(MDR) K 2:40 Bingo AL (Apt. 25- 48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) K 1:30 Trivia (MDR) S 3:00 Happy Hour (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) I 12:45 News & View From the Garden GG 2:00 Connect 4 (MDR)		
9 Mother's Day	10	11	12	13	14	15 Armed Forces Day		
I 10:15 Coffee/Devotions (MDR) K 11:30 Pre-Meal Passing Time (MDR) K 2:00 Bingo IL (Apt. 1-24) (MDR) K 2:40 Bingo AL (Apt. 25-48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) GG 1:30 Horseracing (MDR) V 5:15 Balloon Volleyball (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) A12:45 Campus in Color A 1:30 Crafts (MDR)	K 9:30 Bingo IL (Apt. 1-24) (MDR) K10:05 Bingo AL (Apt. 25-48) (MDR) K11:30 Pre-Meal Passing Time (MDR) C 1:30 Cooking w/Mary Ann (MDR) K 6:25 Reminisce (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) S 1:50 Chef's Circle IL (Apt. 1-24) (MDR) K 2:00 Bingo IL (Apt. 1- 24) (MDR) S 2:35 Chef's Circle AL (Apt. 25-48)(MDR) K 2:40 Bingo AL (Apt. 25- 48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) K 1:30 Trivia (MDR) S 3:00 Happy Hour (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) I 12:45 News & View From the Garden GG 2:00 Connect 4 (MDR)		

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I 10:15 Coffee/Devotions (MDR) K 11:30 Pre-Meal Passing Time (MDR) K 2:00 Bingo IL (Apt. 1-24) (MDR) K 2:40 Bingo AL (Apt. 25-48) (MDR)	M10:40 South American Music (MDR) K11:30 Pre-Meal Passing Time (MDR) GG 1:30 Sapo (MDR) K 5:30 Wheel of Fortune (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) A12:45 Campus in Color A 1:30 Nazca Line Craft (MDR)	K 9:30 Bingo IL (Apt. 1-24) (MDR) K 10:05 Bingo AL (Apt. 25-48) (MDR) K 11:30 Pre-Meal Passing Time (MDR) 1:00 Resident Council 1:30 South American Raisin Cake (MDR) K 6:25 Reminisce (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) S 1:50 Chef's Circle IL (Apt. 1-24) (MDR) K 2:00 Bingo IL (Apt. 1- 24) (MDR) S 2:35 Chef's Circle AL (Apt. 25-48)(MDR) K 2:40 Bingo AL (Apt. 25- 48) (MDR) 5:00 South America Theme Dinner	K11:30 Pre-Meal Passing Time (MDR) K 1:30 South America Trivia (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) I12:45 News & View From the Garden GC 2:00 Connect 4 (MDR)
I 10:15 Coffee/Devotions (MDR) K 11:30 Pre-Meal Passing Time (MDR) K 2:00 Bingo IL (Apt. 1-24) (MDR) K 2:40 Bingo AL (Apt. 25-48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) GG 1:30 Horseracing (MDR) V 5:30 Connect 4 (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) A12:45 Campus in Color A 1:30 Crafts (MDR)	K 9:30 Bingo IL (Apt. 1-24) (MDR) K10:05 Bingo AL (Apt. 25-48) (MDR) K11:30 Pre-Meal Passing Time (MDR) C 1:30 Cooking w/Mary Ann (MDR) K 6:25 Reminisce (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) S 1:50 Chef's Circle IL (Apt. 1-24) (MDR) K 2:00 Bingo IL (Apt. 1- 24) (MDR) S 2:35 Chef's Circle AL (Apt. 25-48)(MDR) K 2:40 Bingo AL (Apt. 25- 48) (MDR)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) K 1:30 Trivia (MDR) S 3:00 Happy Hour (MDR)	V10:00 Exercise (MDR) K11:30 Pre-Meal Passing Time (MDR) L12:45 News & View From the Garden GG 2:00 Connect 4 (MDR)
I 10:15 Coffee/Devotions (MDR) K 11:30 Pre-Meal Passing Time (MDR) K 2:00 Bingo (HCA) K 2:00 Bingo IL (Apt. 1-24) (MDR) K 2:40 Bingo AL (Apt. 25-48) (MDR) V 3:30 Balloon Volleyball (ML) I 4:00 Church w/Warrell (B)	M10:40 Music (MDR) K11:30 Pre-Meal Passing Time (MDR) GG 1:30 Horseracing (MDR) 5:15 Sequence (MDR)	May Fun Fact: Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th	May Fun Fact: In any given year, no month ever begins or ends on the same day of the week as May does.	May Fun Fact: The month May was named for Maia, the Greek goddess of fertility.	May Fun Fact: The birth flower for May is Lily of the Valley.	Please be patient as we work on finding a calendar that you will enjoy and that will follow our guidelines

Blair Ridge Health Campus Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Birthdays: 5/11 Doris B. 5/17 Jill B. 5/24 John W. 5/27 Donald K. 5/28 Douglas H. 5/28 Ardys R.	Birthdays: 5/2 Karen O. 5/2 Walter F. 5/2 Norma A. 5/2 Phyllis W. 5/7 Jack L. 5/8 Geraldine K.	Theme: May Flowers	Our Ombudsman: Mary Swinford 800-622-4484 317-232-7134	May Fun Fact: Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th	May Day V10:40 Exercise I 1:30 News & Views in the Garden GG 3:15 Connect 4 K 4:15 Pre-Meal Passing Time
2	3	4	5 Cinco de Mayo	6	7	8
9:30 Coffee/ Devotions 1:15 Balloon Volleyball 3:30 Bingo 4:15 Pre-Meal Passing Time	9:15 Campus in Color M10:00 Music GG 3:00 Horseracing K 4:15 Pre-Meal Passing Time S 6:35 Bingo Store	 9:15 Memory 10:40 Exercise 3:00 Crafts 4:15 Pre-Meal Passing Time 	K10:40 Bingo CC 2:45 Cooking K 4:15 Pre-Meal Passing Time K 5:45 Reminisce	V10:40 Exercise S 3:20 Chef's Circle K 3:30 Bingo K 4:15 Pre-Meal Passing Time	M10:00 Music K 2:10 Trivia K 3:40 Happy Hour K 4:15 Pre-Meal Passing Time	V10:40 Exercise I 1:30 News & Views in the Garden GG 3:15 Connect 4 K 4:15 Pre-Meal Passing Time
9 Mother's Day	10	11	12	13	14	15 Armed Forces Day
9:30 Coffee/ Devotions 1:15 Balloon Volleyball 3:30 Bingo 4:15 Pre-Meal Passing Time	A 9:15 Campus in Color M10:00 Music GG 3:00 Horseracing K 4:15 Pre-Meal Passing Time V 6:35 Bingo Store (B)	 9:15 Memory 10:40 Exercise 3:00 Crafts 4:15 Pre-Meal Passing Time 	K10:40 Bingo CC 2:45 Cooking K 4:15 Pre-Meal Passing Time K 5:45 Reminisce	V10:40 Exercise S 3:20 Chef's Circle K 3:30 Bingo K 4:15 Pre-Meal Passing Time	M10:00 Music K 2:10 Trivia K 3:40 Happy Hour K 4:15 Pre-Meal Passing Time	V10:40 Exercise 1 1:30 News & Views in the Garden GG 3:15 Connect 4 K 4:15 Pre-Meal Passing Time

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9:30 Coffee/ Devotions 1:15 Balloon Volleyball 3:30 Bingo 4:15 Pre-Meal Passing Time	A 9:15 Campus in Color M10:00 South American Music GG 3:00 Sapo K 4:15 Pre-Meal Passing Time K 6:25 Wheel of Fortune	K 9:15 Memory V10:40 Exercise A 3:00 Nazca Line Craft K 4:15 Pre-Meal Passing Time	10:00 Resident Council K10:40 Bingo CC 2:45 Cooking K 4:15 Pre-Meal Passing Time K 5:45 Reminisce	V10:40 Exercise S 3:20 Chef's Circle K 3:30 Bingo K 4:15 Pre-Meal Passing Time 5:00 South America Theme Dinner	M10:00 Music K 2:10 South America Trivia K 3:40 Happy Hour K 4:15 Pre-Meal Passing Time	V10:40 Exercise 1 1:30 News & Views in the Garden GG 3:15 Connect 4 K 4:15 Pre-Meal Passing Time
9:30 Coffee/ Devotions 1:15 Balloon Volleyball 3:30 Bingo 4:15 Pre-Meal Passing Time	A 9:15 Campus in Color M10:00 Music GG 3:00 Horseracing K 4:15 Pre-Meal Passing Time V 6:25 Balloon Volleyball	K 9:15 Memory V10:40 Exercise A 3:00 Crafts K 4:15 Pre-Meal Passing Time	K10:40 Bingo CC 2:45 Cooking K 4:15 Pre-Meal Passing Time K 5:45 Reminisce	V10:40 Exercise S 3:20 Chef's Circle K 3:30 Bingo K 4:15 Pre-Meal Passing Time	M10:00 Music K 2:10 Trivia K 3:40 Happy Hour K 4:15 Pre-Meal Passing Time	V10:40 Exercise 1 1:30 News & Views in the Garden GG 3:15 Connect 4 K 4:15 Pre-Meal Passing Time
9:30 Coffee/ Devotions 1:15 Balloon Volleyball 2:00 Bingo (HCA) 3:30 Balloon Volleyball (ML) 3:30 Bingo 4:00 Church w/Warrell (B) 4:15 Pre-Meal Passing Time	M10:00 Music GG 3:00 Horseracing	May Fun Fact: The birth flower for May is Lily of the Valley.	May Fun Fact: The month May was named for Maia, the Greek goddess of fertility.	May Fun Fact: The birthstone for May is the emerald which represents love and success.	May Fun Fact: In any given year, no month ever begins or ends on the same day of the week as May does.	Please be patient as we work on finding a calendar that you will enjoy and that will follow our guidelines

Blair Ridge Health Campus Legacy Lane

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Ombudsman: Mary Swinford 1-800-622-4484	EVERY MORNING (Times may vary) 9:30 Vitality 10:00 Keeping it Sharp 10:45 Creative Cooking	EVERY AFTERNOON (Times may vary) 2:00 Artisan 3:00 Musical Celebration 4:00 Group Games 6:00 Gathering of Friends	Theme: May Flowers	Birthdays: 5/2 Karen O. 5/2 Walter F. 5/2 Norma A. 5/2 Phyllis W. 5/7 Jack L. 5/8 Geraldine K.	Birthdays: 5/11 Doris B. 5/17 Jill B. 5/24 John W. 5/27 Donald K. 5/28 Douglas H. 5/28 Ardys R.	May Day W Batman Workout Turn Over Kentucky Derby Bars Relax & Recharge Derby Hats Polka Dance GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions
2	3	4	5 Cinco de Mayo	6	7	8
Legs and Eggs Sunday Devotion: Lamb of God Corn Dip Relax & Recharge May Day Wands Classical Music Cornhole Healthy Hands GF Old Time Theater Nighttime Traditions	Strawberry Bread Relax & Recharge Quarter Mandala Creation M #Musical Mondays GG Roll-a-Garden Game Healthy Hands	Dancing in the Rain Most Like Your Mother Fresh Cantaloupe Salad Relax & Recharge Road Map Magnets Fabulous Flowers Finish the Quilt Card Game Healthy Hands GF Charades! Nighttime Traditions	Chair Samba Categories From the Garden Salsa Relax & Recharge Cinco De Mayo Banner You Are My Sunshine Baseball Healthy Hands Fabulous Flowers Nighttime Traditions	 Laughter Yoga Best Friends Cream Cheese Cookies Relax & Recharge Paper Daisy Legendary Ladies Spinning Tops "Trompos" Healthy Hands Name That Croon Nighttime Traditions 	Stop and Smell the Roses Funny Fridays No Bake Banana Split Dessert Relax & Recharge Sugar Scrub M May Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging Nighttime Traditions	Batman Workout Turn Over Peanut Butter Brownies Relax & Recharge Mother's Day Cards Polka Dance Memory Matching Healthy Hands Frelaxing Puzzle Time Nighttime Traditions
9 Mother's Day	10	11	12	13	14	15 Armed Forces Day
 Legs and Eggs Word Poem for Mom Mother's Day Spring Parfaits Relax & Recharge Mother's Day Paper Corsage Celebrating Moms! Cornhole Healthy Hands Old Time Theater Nighttime Traditions 	 V Hoppin' to Health K Spring Babies C Creamy Cucumber Salad Relax & Recharge A Rose Curls M #Musical Mondays G Roll-a-Garden Game Healthy Hands GF Senior Social Nighttime Traditions 	Dancing in the Rain Most Like Your Mother Fruit Salsa with Cinnamon Chips Relax & Recharge Beaded Suncatchers Fabulous Flowers Finish the Quilt Card Game Healthy Hands Charades! Nighttime Traditions	Chair Samba Categories Mini Ham & Cheese Sandwiches Relax & Recharge Bumble Bee Art M You Are My Sunshine GG Baseball Healthy Hands Fabulous Flowers Nighttime Traditions	Laughter Yoga Best Friends C Zucchini Cupcakes Relax & Recharge A Paint Chip Bookmarks M Legendary Ladies G Spinning Tops "Trompos" Healthy Hands GF Name That Croon Nighttime Traditions	 Stop and Smell the Roses Funny Fridays Tropical Muffins Relax & Recharge Homemade Relaxation Balm May Happy Hour Horse Racing Healthy Hands Flower Arranging Nighttime Traditions 	Batman Workout Turn Over CC Dill Pickle Cheese Ball Relax & Recharge A Painted Flower Pots M Polka Dance GC Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legs and Eggs Sunday Devotion: Lamb of God Tortilla Pinwheels Relax & Recharge Glass Beaded Garden Sparklers Classical Music Cornhole Healthy Hands Old Time Theater Nighttime Traditions	V Hoppin' to Health Spring Babies Brazilian Chocolate Bon- Bons Relax & Recharge Creative S. American Storytelling M #Musical Mondays GG Roll-a-Garden Game Healthy Hands GF Senior Social Nighttime Traditions	V Dancing in the Rain M Most Like Your Mother C Alfajores Relax & Recharge A Ojo de Dios (God's Eye) M Fabulous Flowers G Finish the Quilt Card Game Healthy Hands GF Charades! Nighttime Traditions	V Chair Samba K Categories C South American Raisin Cake Relax & Recharge A Nazca Line Craft M South American Music G Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	V Laughter Yoga Best Friends Brazilian Cheese Bread Relax & Recharge Traditional Flowers of Mexico Legendary Ladies Spinning Tops "Trompos" Healthy Hands GF Let's Learn About Carnival Nighttime Traditions	Chile and Cheese Empanadas Relax & Recharge A Flower Pot Garden	V Batman Workout K Turn Over C Summer Corn Salad Relax & Recharge A Rain Chain M Polka Dance G Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Traditions
Legs and Eggs Sunday Devotion: Lamb of God Creamy Vanilla Banana Dip Relax & Recharge Pulled String Art Classical Music Cornhole Healthy Hands Old Time Theater Nighttime Traditions	V Hoppin' to Health Spring Babies Blackberry Pie Relax & Recharge Watercolor Silhouette M #Musical Mondays GG Roll-a-Garden Game Healthy Hands GF Senior Social Nighttime Traditions	V Dancing in the Rain K Most Like Your Mother C Creamy Spring Onion and Radish Dip Relax & Recharge A Stiffy Doily Bowl M Fabulous Flowers G Finish the Quilt Card Game Healthy Hands GF Charades! Nighttime Traditions	V Chair Samba K Categories C Spring Berry Mix Relax & Recharge A Mosaic Garden Rocks M You Are My Sunshine G Baseball Healthy Hands GF Fabulous Flowers Nighttime Traditions	V Laughter Yoga Best Friends Senior Health & Fitness Fruit Salad Relax & Recharge A Nature Sensory Bag Suncatcher Legendary Ladies GG Spinning Tops "Trompos" Healthy Hands GF Name That Croon Nighttime Traditions	GG Horse Racing	V Batman Workout K Turn Over C Fruit Pizza Relax & Recharge A Flower Pine Cone De M Polka Dance GG Memory Matching Healthy Hands GF Relaxing Puzzle Time Nighttime Tradition
Legs and Eggs Sunday Devotion: Lamb of God Amazin' Raisin Cookies Relax & Recharge Bird Seed Ornament Classical Music Cornhole Healthy Hands Old Time Theater Nighttime Traditions	Memorial Day W Hoppin' to Health Spring Babies Memorial Day Creamy Berry Salad Relax & Recharge Memorial Day Candle Holders M #Musical Mondays GG Roll-a-Garden Game Healthy Hands GF Senior Social Nighttime Traditions	May Fun Fact: Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.	May Fun Fact: The birthstone for May is the emerald which represents love and success.	May Fun Fact: The birth flower for May is Lily of the Valley	May Fun Fact: The month May was named for Maia, the Greek goddess of fertility.	May Fun Fact: In any given year, no month ever begins or ends or the same day of the was May does.