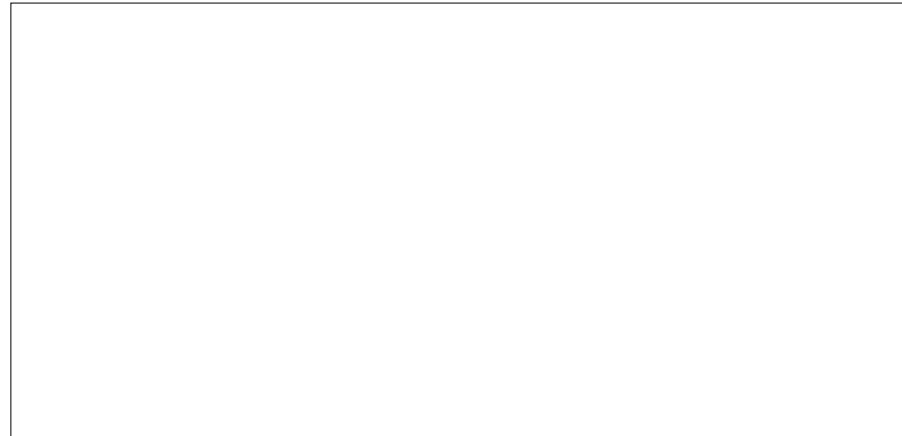




FARMINGTON
SQUARE

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Eugene, OR 97401

Stamp



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Executive Director: Jill Maher

Business Office Director: Chelsea Hohenstein

Community Relations Director: Cindy Benton

Wellness Nurse: Theresa Curcio RN

Wellness Nurse: Judy Wilson RN

Wellness Director: Barbara Schmidt

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Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Farmington Square Times

May 2021 Newsletter



2 Arthritis Facts & Care Tips
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words
7 Special Moments & Birthdays
8 Mission & Team

Hands On Arthritis Facts and Care Tips

Follow your medical professional's advice and speak with them before changing diet, exercise, or supplements.

This May marks National Arthritis Month to bring attention to the condition of joint pain and joint disease.

For those wondering whether they have Arthritis, it's best to go through a primary care provider or Rheumatologist for a diagnosis. In general, Arthritis symptoms may come and go and include mild to severe swelling, pain, stiffness, and decreased motion range. It can also limit one's ability to do some daily activities.

Read on to learn about arthritis types and ways to help arthritic conditions.

Types of Arthritis

- Osteoarthritis is the most common Arthritis type. Risk factors include family history, overweightness, age, and prior injuries. Those with non-severe Osteoarthritis can help the condition with a healthy weight, proper exercise, rest per activity level - especially during flare ups, avoiding repetitive movements, strengthening muscles by joints, and hot/cold therapy.
- Inflammatory Arthritis is another type. Rheumatoid and Psoriatic Arthritis are in this category. It occurs when the immune system creates inflammation to rid of what it falsely sees as infection. It occurs in people with genetic predisposition and environmental risk factors, like smoking. Early diagnosis and strong treatment are key in slowing the condition.



American Adults Diagnosed: 54 million+
Americans Likely to Have Arthritis: 91 million
Types of Arthritis That Exist: Over 100
Working Adults With Arthritis: 60%

Arthritis Pain Management Tips:

Are you dealing with Arthritis pain? Try some of the below tips for potential relief:

- Create a plan with your rheumatologist.
- Be aware of, and track, your warning signs, like a dull hand ache or daytime sleepiness.
- Stay up to date on vaccinations and wash hands frequently to avoid infections which could trigger a flare.
- Stay on top of your emotional health. Anxiety and stress can raise inflammation.
- Slow your movements, but continue moving to avoid stiff joints.
- Do hot & cold therapy, no more than 15 minute intervals, two to four times a day.
- Sleep on a schedule with lights off, devices off, and have no caffeine hours before bed.

We hope you find pain relief this National Arthritis Month. Let us know if you've found this helpful or received relief from these tips!

Special Moments



Happy Birthday!



Resident Birthdays :
Ginny: May 19th
Lorraine: May 24th

Employee Birthdays:
Judy: May 3rd
Tina: May 13th
Misty: May 13th
Danielle: May 14th
Irene: May 18th
Emily: May 24th

Those born in May are Taurus (May 1-20) and Gemini (May 21-June 20). The birthstones for May are emerald and pearl. The birth flower for May is lily of the valley. A UK study showed that May is the luckiest month in which to be born!

May 2021 Highlights

May observes Blood Pressure Education, Asthma Awareness, and Osteoporosis. It celebrates BBQs, Nurses, Photography, & Seniors!

01 Kentucky Derby; Scrapbook Day; Fit Day	16 BBQ Day; Sea Monkey Day; Mimosa Day
02 Lemonade Day; Truffle Day; Tuna Day	17 Cherry Cobbler Day; Walnut Day
03 Garden Meditation Day; Textiles Day	18 Cheese Souffle Day; Intl. Museum Day
04 Firefighters Day; Teacher's Day; Bird Day	19 Devil's Food Cake Day; Juice Slush Day
05 Astronaut Day; Cartoon Day; Hoagie Day	20 Quiche Day; Pick Strawberries Day
06 Nurses Day; Beverage Day	21 Waitstaff Day; Pizza Party Day; Tea Day
07 Space Day; Military Spouse Day	22 Solitaire Day; Vanilla Pudding Day
08 Mother's Day; Coke Day; Mini Golf Day	23 Lucky Penny Day; Taffy Day; Turtle Day
09 Lost Sock Memorial Day; Moscato Day	24 Brother's Day; Scavenger Hunt Day
10 Shrimp Day; Hamster Day	25 Tap Dance Day; Wine Day; Geek Pride Day
11 Twilight Zone Day; Eat Whatever Day	26 Sr. Health/Fitness Day; Paper Airplane Day
12 Intl. Nurses Day; Receptionists' Day;	27 Grape Popsicle Day
Third Shift Workers' Day	28 Burger Day; Road Trip Day; Brisket Day
13 Apple Pie Day; Fruit Cocktail Day	29 Paperclip Day; Coq Au Vin Day
14 Buttermilk Biscuit Day; Chicken Dance Day	30 Water Flowers Day; Mint Julep Day
15 Chocolate Chip Day; Armed Forces Day;	31 Memorial Day; Macaroon Day; Smile Day
World Baking Day	

Regarding Covid-19: Resident and staff safety and comfort remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. All activities are subject to cancellation per those current guidelines. To read our measures taken, and our current visitor policy, please visit our website.

May 6th is Beverage Day!

Our residents and staff shared their favorite drinks!

"Coca-Cola" - Donna

"Sprite" - Johnetta

"Ice cold water" - Al

"Chocolate milk" - Liz

"Orange juice" - Pat

"Passionfruit juice" - Alyssa

"Coke" - Jeani

"Peach iced tea" - Ellie



Staff Spotlight:
Nico

Nico is a cook and has worked for FSE for about a year and three months now. She is from Oregon. She studied literature and foreign language and loves reading and writing. She also enjoys playing the piano, hiking, and listening to many types of music. Her favorite movies are Princess Bride, Phantom of the Opera, and Howl's Moving Castle. Nico has 2 cats, Stell and Chief, her favorite color is golden yellow, and her favorite holiday is Halloween. Nico is described as hard working, friendly, helpful, dedicated and sweet. Nico, thank you for always doing your best to care for our residents (and for the friendly greeting you always have for each person!







Resident Spotlight:
Helen

This month our resident spotlight shines on Helen! She is from Scotland. She worked in sales at Fred Meyer's and drew structures for buildings. She enjoys music (all types), dancing, playing the piano (she played for the Giddle Guys) and she loves dogs, especially her own, Charlie and Tweaky. She enjoys watching Andy Griffith, football and hockey, and her favorite movie is My Foolish Heart. Helen likes being outside in the sun and always enjoys chocolate and "sweeties". She is described as funny, calm, social, honest, witty, affectionate and friendly. Helen, your smile always lights up the room and your witty remarks make us laugh. You're oh so lovely!

MAY 2021

Farmington Square Eugene • 2730 Bailey Lane Eugene, OR 97401 • 541-344-7902

SUN	MON	TUE	WED	THU	FRI	SAT	
2 (1st in last box) 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Casino Games* (All) 12:30 Yahtzee (B,C) 1:00 (A) 2:00 Snackivity: Lemonade Day* (All) 2:30 Card Games* (All) 3:00 Outdoor/Indoor Games (All) 3:30 Resident Focus Visits (All) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Shake Loose a Memory (B)	3 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Sit and Be Fit* (A,B) 10:30 Snackivity: Montana Day* (All) 12:30 B-I-N-G-O* (B, C) 1:00 Strategy & Target Games* (A) 2:00 Sensory Games* (A) 2:00 Flower Arranging (B,C) 2:30 Snackivity: Adult Coloring* (All) 3:00 Matching Games* (All) 3:30 Word Games* (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Penny Ante (B)	4 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Travel to Nevada* (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Coffee & Conversation* (All) 2:00 Exercise Fun: Stretching & Weights* (C) 2:30 Dominos* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Yahtzee Night* (B)	5 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Tai Chi* (A,B) 10:30 Snackivity: Cinco De Mayo Trivia* (All) 12:30 Word Games/Crossword Puzzle* (B,C) 1:00 Board Games* (A) 2:00 Snackivity: Salsa Tasting* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 3:30 Puzzles* (All) 4:00 Exercise Fun: Music & Movement* (A) 6:00 B-I-N-G-O Night! * (B)	6 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Pranks & Puns* (A,B) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Music & Art* (A,B) 2:30 Exercise Fun: Walking Group (All) 3:00 Sensory Games* (A, B) 3:00 Cribbage (C) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Board Game Night* (B)	7 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Fit Xpress* (A,B) 10:30 Snackivity: Virtual Pet Visits* (All) 11:00 Church* (All) 12:30 Yahtzee (B,C) 1:00 (A) 1:30 Scenic Bus Drive: Fern Ridge (C) 2:00 Snackivity: Word Games* (All) 2:30 Card Games* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:30 Exercise Fun: Balloon Volleyball (B) 6:00 Movie Night & Popcorn* (All)	8 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Dominos (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Virtual Vacation* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Card Game Night* (B)	
9 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: TV Games* (All) 12:30 Yahtzee (B,C) 1:00 (A) 2:00 Snackivity: Mother's Day Tea (All) 2:30 Card Games* (All) 3:00 Outdoor/Indoor Games (All) 3:30 Resident Focus Visits (All) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Shake Loose a Memory (B)	10 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Sit and Be Fit* (A,B) 10:30 Snackivity: Washington Day* (All) 12:30 B-I-N-G-O* (B, C) 1:00 Sing-a-long* (A) 2:00 Sensory Games* (A) 2:00 Flower Arranging (B,C) 2:30 Snackivity: Spring Humor* (All) 3:00 Matching Games* (All) 3:30 Word Games* (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Penny Ante (B)	11 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Travel to Florida* (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Coffee & Conversation* (All) 2:00 Exercise Fun: Balloon Ball (C) 2:30 Dominos* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Yahtzee Night* (B)	12 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Tai Chi* (A,B) 10:30 Snackivity: Name That Sound Trivia* (All) 12:30 Word Games/Crossword Puzzle* (B,C) 1:00 Card Games* (A) 2:00 Snackivity: Funny Babies* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 3:30 Puzzles* (All) 4:00 Exercise Fun: Music & Movement* (A) 6:00 B-I-N-G-O Night! * (B)	13 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Pranks & Puns* (A,B) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Music & Art* (A,B) 2:30 Exercise Fun: Walking Group (All) 3:00 Sensory Games* (A, B) 3:00 Cribbage (C) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Board Game Night* (B)	14 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Fit Xpress* (A,B) 10:30 Snackivity: Create a Story* (All) 11:00 Church* (All) 12:30 Yahtzee (B,C) 1:00 (A) 1:30 Scenic Bus Drive: Dexter Lake (B) 2:00 Snackivity: Word Games* (All) 2:30 Card Games* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:30 Exercise Fun: Balloon Volleyball (B) 6:00 Movie Night & Popcorn* (All)	15 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Dominos (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Chocolate Chip Day* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Card Game Night* (B)	
16 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Casino Games* (All) 12:30 Yahtzee (B,C) 1:00 (A) 2:00 Snackivity: Karaoke* (All) 2:30 Card Games* (All) 3:00 Outdoor/Indoor Games (All) 3:30 Resident Focus Visits (All) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Shake Loose a Memory (B)	17 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Sit and Be Fit* (A,B) 10:30 Snackivity: Idaho Day* (All) 12:30 B-I-N-G-O* (B, C) 1:00 Strategy & Target Games* (A) 2:00 Sensory Games* (A) 2:00 Flower Arranging (B,C) 2:30 Snackivity: Adult Coloring* (All) 3:00 Matching Games* (All) 3:30 Word Games* (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Penny Ante (B)	18 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Travel to Colorado* (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Coffee & Conversation* (All) 2:00 Exercise Fun: Stretching & Weights* (C) 2:30 Dominos* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Yahtzee Night* (B)	19 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Tai Chi* (A,B) 10:30 Snackivity: What Did It Cost? Trivia* (All) 12:30 Word Games/Crossword Puzzle* (B,C) 1:00 Board Games* (A) 2:00 Snackivity: Funny Animals* (All) 2:00 Creative Arts: Watercolor Painting* (All) 2:30 Resident Council (C) 3:00 Outdoor Games (All) 3:30 Puzzles* (All) 4:00 Exercise Fun: Music & Movement* (A) 6:00 B-I-N-G-O Night! * (B)	20 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Bee Day* (A,B) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Music & Art* (A,B) 2:30 Exercise Fun: Walking Group (All) 3:00 Sensory Games* (A, B) 3:00 Cribbage (C) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Board Game Night* (B)	21 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Fit Xpress* (A,B) 10:30 Snackivity: Virtual Pet Visits* (All) 11:00 Church* (All) 12:30 Yahtzee (B,C) 1:00 (A) 1:30 Scenic Bus Drive: Fall Creek (A) 2:00 Snackivity: Word Games* (All) 2:30 Card Games* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:30 Exercise Fun: Balloon Volleyball (B) 6:00 Movie Night & Popcorn* (All)	22 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Dominos (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Watercolor Painting* (All) 2:00 Recorded Live Music: Lori LeMater (All) 3:00 Outdoor Games (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Card Game Night* (B)	
23 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: TV Games* (All) 12:30 Yahtzee (B,C) 1:00 (A) 2:00 Snackivity: Sing-a-long* (All) 2:30 Card Games* (All) 3:00 Outdoor/Indoor Games (All) 3:30 Resident Focus Visits (All) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Shake Loose a Memory (B)	24 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Sit and Be Fit* (A,B) 10:30 Snackivity: Wyoming Day* (All) 12:30 B-I-N-G-O* (B, C) 1:00 Sing-a-long* (A) 2:00 Sensory Games* (A) 2:00 Flower Arranging (B,C) 2:30 Snackivity: Spring Humor* (All) 3:00 Matching Games* (All) 3:30 Word Games* (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Penny Ante (B)	25 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Travel to Southern California (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Wine Tasting* (All) 2:00 Exercise Fun: Balloon Ball (C) 2:30 Dominos* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Yahtzee Night* (B)	26 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Tai Chi* (A,B) 10:30 Snackivity: Name That Sound Trivia* (All) 12:30 Word Games/Crossword Puzzle* (B,C) 1:00 Card Games* (A) 2:00 Snackivity: Funny Babies* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 3:30 Puzzles* (All) 4:00 Exercise Fun: Music & Movement* (A) 6:00 B-I-N-G-O Night! * (B)	27 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Pranks & Puns* (A,B) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Music & Art* (A,B) 2:30 Exercise Fun: Walking Group (All) 3:00 Sensory Games* (A, B) 3:00 Cribbage (C) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Board Game Night* (B)	28 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Fit Xpress* (A,B) 10:30 Snackivity: Create a Story* (All) 11:00 Church* (All) 12:30 Yahtzee (B,C) 1:00 (A) 1:30 Scenic Bus Drive: Leaburg (B) 2:00 Snackivity: Word Games* (All) 2:30 Card Games* (All) 3:00 Pretty Nails & Manicures (All) 4:00 Exercise Fun: Balloon Ball (A) 5:30 Exercise Fun: Balloon Volleyball (B) 6:00 Movie Night & Popcorn* (All)	29 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Dominos (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Birthday Cupcakes (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Card Game Night* (B)	
30 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Balloon Ball (A,B) 10:30 Snackivity: Casino Games* (All) 12:30 Yahtzee (B,C) 1:00 (A) 2:00 Recorded Live Music: Robert Meade* (All) 2:30 Card Games* (All) 3:00 Outdoor/Indoor Games (All) 3:30 Resident Focus Visits (All) 4:00 Exercise Fun: Music & Movement* (A) 5:15 Exercise Fun: Music & Movement* (B) 6:00 Shake Loose a Memory (B)	31 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Sit and Be Fit* (A,B) 10:30 Snackivity: Memorial Day Trivia* (All) 12:30 B-I-N-G-O* (B, C) 1:00 Strategy & Target Games* (A) 2:00 Sensory Games* (A) 2:00 Flower Arranging (B,C) 2:30 Snackivity: Memorial Day Crafts & Snacks* (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Penny Ante (B)	<div>All activities subject to change per mandated health guidelines.</div>		 	 	May Highlights May 1st—Kentucky Derby May 2nd—Lemonade Day May 3rd—Montana Day May 5th—Cinco De Mayo Salsa Tasting May 7th & 21st—Virtual Pet Visits May 9th—Mother's Day Tea May 10th—Washington Day May 15th—Chocolate Chip Day May 17th—Idaho Day May 19th—Resident Council May 20th—Bee Day May 22nd—Recorded Live Music: Katie Sontag May 24th—Wyoming Day May 25th—Wine Tasting May 29th—Birthday Cupcakes May 30th—Recorded Live Music: Robert Meade May 31st—Memorial Day Crafts & Snacks	1st 9:00 Beauty & Grooming (All) 9:30 Exercise Fun: Music & Movement* (A,B) 10:30 Snackivity: Dominos (All) 12:30 B-I-N-G-O* (B,C) 1:00 (A) 2:00 Snackivity: Kentucky Derby* (All) 2:00 Creative Arts: Watercolor Painting* (All) 3:00 Outdoor Games (All) 4:00 Exercise Fun: Balloon Ball (A) 5:15 Exercise Fun: Balloon Ball (B) 6:00 Card Game Night* (B)