



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY to Programs: (S)= Social (O)= Outing (E)= Exercise (A)= Art (M)= Music (R)= Religious (C)= Cognitive Skills (P)= Meaningful Purpose	Key to Rooms: AR= Activity Room (1st floor) PL= Parlor (1st floor) Th= Theatre (3rd floor) Lib= Library (1st floor) L= Lobby (1st floor) CR= Court Yard IL= Independent Living SLG= Studio Lane Garden	<p>Karen Boyles Life Enrichment Director 11150 Irving Dr. Westminster, CO 80031 kboyles@keystonesenior.com</p>				
2 9:30 St. Mark Communion(R) 10:00 Catholic Mass (R) (Channel 233) 1:00 Courtyard Walk(E)Lobby 2:00 Prize Bingo w/Jule-AR *Bingo will be 45 minutes* 3:00 Coloring Club (A/S)AR	3 10:00 Band Therapy (E)AR 10:30 Dominos (C/S)AR 1:00 Uno Card Game (C)AR 2:00 Happy Hour 🎵(M/S)AR 3:00 Game of the Day (C/S)AR	4 10:00 Exercise w/ Karen(E)AR 10:30 Courtyard Walk(E)Lobby 11:00 Wii Jeopardy (C/S)AR 1:00 Skip Bo (S/C)AR 2:00 Color Club (S/A)Lib 2:30 OnSite DermatologyAR 3:00 Touching Lives (R/P)AR 3:00 Fitness Center (E)IL	5 Cinco De Mayo 10:00 Bean Bag Toss (S/E)AR 10:30 Crush Bowl Art (A)AR 1:30 Black Jack (C/S)AR 2:30 Meditation (P)TH 3:00 Popcorn Social (S)AR	6 National Nurses Day 10:00 Courtyard Walk (E)Lobby 2:00 Mother's Day Tea (S)AR	7 10:00 Ball Toss w/Staff (E)AR 10:45 Scavenger Hunt(E)AR 11:00 Aquacise w/Karen(E)P 1:30 Card Bingo(S/C)AR 3:00 Painting Club (A)AR	8 10:00 Audio Book Club-Library News of the World 10:30 Webster Lake Walk Sign up in outing book 1:00 Courtyard Walk(E)Lobby 2:00 Christian Worship (R) (Channel 20)
9 ♥Happy Mother's Day♥ 9:30 St. Mark Communion(R) 10:00 Catholic Mass (R) (Channel 233) 1:00 Courtyard Walk(E)Lobby 2:00 Prize Bingo w/Jule-AR *Bingo will be 45 minutes* 3:00 Coloring Club (A/S)AR	10 10:00 Band Therapy (E)AR 10:30 Dominos (C/S)AR 1:00 Uno Card Game (C/S)AR 2:00 Happy Hour 🎵(M/S)AR 3:00 Resident Council AR	11 Eat What you Want Day 10:00 Exercise w/ Karen(E)AR 10:30 Courtyard Walk(E)Lobby 11:00 Wii Jeopardy (C/S)AR 1:00 Skip Bo (S/C)AR 2:00 Junk Food Stop (C/S)AR 3:00 Fitness Center (E)IL By Appointment	12 10:00 Bean Bag Toss (S/E)AR 10:30 Zentangle Art (A)AR 1:30 Black Jack (S/C)AR 2:45 Meditation (P)TH 3:00 Popcorn & Word Game in the Activity Room	13 10:00 Exercise with Karen (E)AR 10:30 Checkers (S/C)AR 1:30 Prize Bingo (C/S) AR 3:00 Fitness Center (E)IL By Appointment 3:00 Music w/Sonny (M)AL	14) 10:00 Ball Toss (E)AR 10:30 Jewelry w/Rita (C)AR 11:00 Aquacise w/Karen (E)P 1:30 Poetry Readings (S/C)AR 3:00 Trivia (S/C)AR	15 10:00 Audio Book Club-Library News of The World 10:30 Webster Lake Walk Sign up in outing book 1:00 Creative Art w/Karen(A) 2:00 Christian Worship (R) (Channel 20)
16 9:30 St. Mark Communion(R) 10:00 Catholic Mass (R) (Channel 233) 1:00 Courtyard Walk(E)Lobby 2:00 Prize Bingo w/Jule-AR *Bingo will be 45 minutes* 3:00 Coloring Club (A/S)AR	17 8:30 VNA Foot Care AR 10:00 Dominos (C/S) Library 11:00 Color Club (C/S/P) PL 1:00 Virtual Active Minds The Civil War– Causes and Effects 2:00 Happy Hour 🎵(M/S)AR 3:00 Game of the Day (C/S)AR	18 10:00 Exercise w/ Karen(E)AR 10:30 Courtyard Walk(E)Lobby 1:00 Skip Bo (S/C)AR 1:30 Chef Chat (C/S)AR 2:00 Ice Breakers (C/S)AR 3:00 Touching Lives (R/P)AR 3:00 Fitness Center (E)IL	19 Nat'l Devil's Food Cake Day 10:00 Bean Bag Toss (S/E)AR 10:30 Zentangle Art (A)AR 1:30 Black Jack (S/C)AR 2:45 Meditation (P)TH 3:00 Devils Food Cake(S)AR & Word Game	20 10:00 Exercise with Karen (E)AR 10:30 Checkers (S/C)AR 1:30 Prize Bingo (C/S) AR 3:00 Fitness Center (E)IL By Appointment 3:00 Poetry Readings (S/C)AR 6:30 Music in the Courtyard 🎵	21 10:00 Ball Toss w/Staff (E)AR 10:30 Conductorsize (E)AR 11:00 Aquacise w/Karen (E)P 1:30 Music w/ Sonny(M)AR 3:00 Painting Club (A)AR	22 Harvey Milk Day 10:00 Audio Book Club-Library News of the World 1:00 Scenic Drive w/Linda Sign up in outing book 1:00 Courtyard Walk(E)Lobby 2:00 Christian Worship (R) (Channel 20)
23/30 9:30 St. Mark Communion(R) 10:00 Catholic Mass (R) (Channel 233) 1:00 Courtyard Walk(E)Lobby 2:00 Prize Bingo w/Jule-AR *Bingo will be 45 minutes* 3:00 Coloring Club (A/S)AR	24 10:00 Band Therapy (E)AR 10:30 Dominos (C/S/P)AR 1:00 Uno Card Game (C/S)AR 2:00 Happy Hour🎵 (M/S)AR 3:00 Game of the Day (C/S)AR 31 Memorial Day 10:00 Music outside lobby door 1:00 Color Club (A/C/S/P)AR 1:00 Bored Board (A/C/S)L	25 10:00 Exercise w/ Karen(E)AR 10:30 Courtyard Walk(E)Lobby 3:00 Fitness Center (E)IL By Appointment	26 Nat'l Paper Airplane Day 10:00 Bean Bag Toss (S/E)AR 10:30 Creative Art (A)AR 1:30 Black Jack (S/C)AR 2:45 Meditation (P)TH 3:00 Popcorn & Word Game in the Activity Room	27 10:00 Exercise with Karen (E)AR 10:30 Checkers (S/C)AR 1:00 Hearing Aid Check LIB 1:30 Prize Bingo (C/S) AL 3:00 Fitness Center (E)IL By Appointment	28 Nat'l Hamburger Day 10:00 Ball Toss w/Staff (E)AR 10:30 Balloon Volleyball (E)AR 11:00 Aquacise w/Karen (E)P 1:30 Card Bingo(S/C)AR 3:00 Trivia (S/C)AR	29 10:00 Audio Book Club-Library News of the World 10:30 Webster Lake Walk Sign up in outing book 1:00 Courtyard Walk(E)Lobby 2:00 Christian Worship (R) (Channel 20)

**Exercise Monday
through Friday at
10:00am in the
Activity Room**

**Fun, Friends
and
Fitness !**



May Birthdays

3rd Reva Westfall
7th Ruth Phinny
11th Marty Clark
21st Roberta Reed
24th Derald Mayfield
31st Carrie Gormley



**Happy
Birthday!**

OnSite Dermatology

Tuesday, May 4th @ 2:30pm
To schedule an appointment, sign up
at the front desk

VNA Foot Care

Monday, May 17th
at 8:30 am– 1 pm
*to Signup, Call- (303) 744-6363

Hearing Aid Checks

Thursday, May 27th
at 1:00 pm– in the Library
Sign up for an appointment at the
front desk

Keystone Place News

My Mother

My mother is a woman like no other.
She gave me life, nurtured me,
taught me, dressed me, fought for
me, held me, shouted at me, kissed
me, but most importantly she loved
me unconditionally.

There are not enough words to
describe just how important my
Mother is to me and what a powerful
influence she continues to be.
Mother, I Love You.

Mother's Day Tea
May 6th at 2:00pm in
the Activity Room.
We will be celebrating
With tea and treats.
Please join us and wear
Your favorite
spring time hat.



Sign up at the Concierge by
May 5th

For additional questions or comments, please contact us at 303-465-5600
Like us on facebook!

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