



Sunday

Monday

Tuesday

Wednesday

Thursday

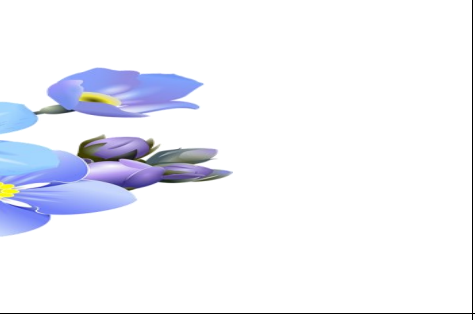
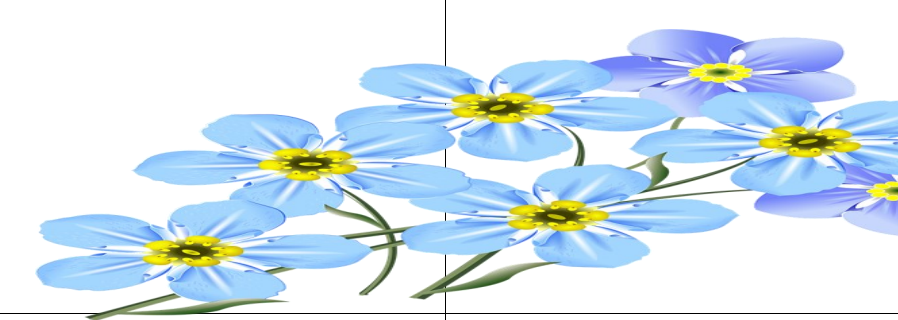
Friday

Saturday

KEY to Programs:
 (S)= Social
 (O)= Outing
 (E)= Exercise
 (A)= Art
 (M)= Music
 (R)= Religious
 (C)= Cognitive Skills

KEY to Rooms:
 AR= Activity Room
 PL= Parlor
 P= Pub
 L= Lobby
 FC= Fitness Center
 CR= Court Yard
 AL= Assisted Living

Karen Boyles
 Life Enrichment Director
 11180 Irving Dr.
 Westminster, CO 80031
kboyles@keystonesenior.com



1
 9:30 Donuts MVR Patio (S)
 10:30 Scenic Drive/Webster LK
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

2
 9:30 St. Mark Communion
 In Activity Room (R)
 10:00 Catholic Mass (R)
 (Channel 233)
 1:00 Walking Partners (E)
 2:00 Bridge (C)AR
 4:00 German Club (S/C)AR

3
 9:00 Exercise (E)AR
 9:45 Exercise (E)AR
 10:30 Meditation (P)AR
 10:30 Scat Card Game (S/C)PUB
 1:00 Aquacise by Appointment
 2:00 Aquacise by Appointment

4
 Walmart & Sprouts☑
 8:45 first bus, 9:30 second bus
 10:00 Chair Yoga (E)AR
 10:45 Black Jack (S/C)AR
 1:30 Cash Bingo (S/C)AR
 2:30 Onsite Dermatology☑
 3:00 Happy Hour in AR 🎵

5 Cinco De Mayo
 10:00 Zumba Gold (E)AR
 10:00 BP Check- Library☑
 11:00 Meditation (P)AR
 1:00 Scat Card Game (S)PUB
 1:30 Calendar Meeting (C)AR
 2:00 Exercise (E)AR
 6:30 Hand & Foot (S)AR

6 Nat'l Nurses Day
 10:00 Chair Yoga (E)AR
 10:45 Wii Bowling (C/S)AR
 1:00 Scat Card Game (S/C)AR
 1:00 Mah Jongg (S/C)PUB
 3:00 Resident Happy Hour(S)
 Hosted in the PUB
 6:30 Bridge (C)AR

7
 10:30 Scat Card Game (S/C)AR
 1:00 Skip Bo Game (S/C)AR
 2:00 Mother's Day Tea (S)AR
 6:30 Resident Bingo (S/C)AR

8
 9:30 Donuts MVR Patio (S)
 10:30 Webster Lake ☑
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

9 ♥ Happy Mother's Day♥
 9:30 St. Mark Communion
 In Activity Room (R)
 10:00 Catholic Mass (R)
 (Channel 233)
 1:00 Walking Partners (E)
 2:00 Bridge (C)AR
 4:00 German Club (S/C)AR

10
 9:00 Exercise (E)AR
 9:45 Exercise (E)AR
 10:30 Meditation (P)AR
 10:30 Scat Card Game (S/C)PUB
 1:00 Aquacise by Appointment
 1:30 Chef Chat w/ Matthew(C)
 2:00 Aquacise by Appointment

11
 King Sooper & Safeway☑
 8:45 first bus, 9:30 second bus
 10:00 Chair Yoga (E)AR
 10:45 Black Jack (S/C)AR
 1:30 Cash Bingo (S/C)AR
 3:00 Happy Hour in AR 🎵

12
 10:00 Zumba Gold (E)AR
 11:00 Meditation (P)AR
 1:00 Scat Card Game (S)PUB
 2:00 Exercise (E)AR
 6:30 Hand & Foot (S)AR

13
 10:00 Chair Yoga (E)AR
 10:45 Wii Bowling (C/S)AR
 1:00 Scat Card Game (C)AR
 1:00 Mah Jongg (S/C)PUB
 3:00 Resident Happy Hour(S)
 Hosted in the PUB
 6:30 Bridge (C)AR

14
 9:00 Aquacise by Appointment
 10:00 Aquacise by Appointment
 10:30 Scat Card Game (S/C)AR
 1:00 Skip Bo Game (S/C)AR
 2:30 Special Music in AR 🎵
 6:30 Resident Bingo (S/C)AR

15
 9:30 Donuts MVR Patio (S)
 10:30 Webster Lake ☑
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

16
 9:30 St. Mark Communion
 In Activity Room (R)
 10:00 Catholic Mass (R)
 (Channel 233)
 1:00 Walking Partners (E)
 2:00 Bridge (C)AR
 4:00 German Club (S/C)AR

17
 8:30 VNA Foot Care☑
 10:30 Residents Assembly (C)AR
 1:00 Virtual Active Minds
 The Civil War –Causes and Effects
 1:00 Aquacise by Appointment
 2:00 Aquacise by Appointment

18
 Target & Dollar Tree☑
 8:45 first bus, 9:30 second bus
 10:00 Chair Yoga (E)AR
 10:45 Black Jack (S/C)AR
 1:30 Cash Bingo (S/C)AR
 3:00 Happy Hour in AR 🎵

19 Nat'l Devil's Food Cake Day
 10:00 Zumba Gold (E)AR
 11:00 Meditation (P)AR
 1:00 Scat Card Game (S)PUB
 2:00 Exercise (E)AR
 2:00 Devils Food Stop(S)Lobby
 3:00 Book Club (C/S)AR
 6:30 Hand & Foot (S)AR

20
 10:00 Chair Yoga (E)AR
 10:45 Wii Bowling (C/S)AR
 1:00 Scat Card Game (S/C)AR
 1:00 Mah Jongg (S/C)PUB
 3:00 Resident Happy Hour(S)
 Hosted in the PUB
 6:30 Bridge (C)AR
 6:30 🎵 in the Courtyard 🎵

21
 9:00 Aquacise by Appointment
 10:00 Aquacise by Appointment
 10:30 Scat Card Game (S/C)AR
 2:30 Dr. Jared Pate from CU
 Anschutz lecture on Arthritis
 6:30 Resident Bingo (S/C) AR

22
 9:30 Donuts MVR Patio (S)
 10:30 Scenic Drive w/ Linda ☑
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

23/30
 9:30 St. Mark Communion
 In Activity Room (R)
 10:00 Catholic Mass (R)
 (Channel 233)
 1:00 Walking Partners (E)
 2:00 Bridge (C)AR
 4:00 German Club (S/C)AR

24
 10:30 Town Hall Meeting (C)AR
 1:00 Color Me Club (S/C/P)PUB
 1:00 Aquacise by Appointment
 2:00 Aquacise by Appointment

31 MEMORIAL DAY
 10:00 Music outside AL Lobby 🎵

25
 King Sooper & Safeway☑
 8:45 first bus, 9:30 second bus
 10:45 Black Jack (S/C)AR
 1:30 Prize Bingo (S/C)AR☑
 3:00 Happy Hour in AR 🎵

26 Nat'l Paper Airplane Day
 10:00 Zumba Gold (E)AR
 11:00 Meditation (P)AR
 1:00 Scat Card Game (S)PUB
 2:00 Exercise (E)AR
 6:30 Hand & Foot (S)AR

27
 9:30 Hearing Aid Checks
 10:45 Wii Bowling (C/S)AR
 1:00 Scat Card Game (S/C)AR
 1:00 Mah Jongg (S/C)Pub
 3:00 Resident Happy Hour(S)
 Hosted in the PUB
 6:30 Bridge (C)AR

28 Nat'l Hamburger Day
 9:00 Aquacise by Appointment
 10:00 Aquacise by Appointment
 10:30 Scat Card Game (S/C)AR
 1:00 Skip Bo Game (S/C)AR
 3:00 Uno Card Game (S/C)AR
 6:30 Resident Bingo (S/C)AR

29
 9:30 Donuts MVR Patio (S)
 10:30 Scenic Drive/Webster LK
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

May Birthdays

9th Hildegard K.
22nd Nancy H.
27th Jeannette L.
27th Karen F.
28th Sue S.
30th Elaine B.
31st Faye J.
31st Mina K.

Chef Chat

Is MOVING
Days! Now Matthew
is being featured on
the 2nd Monday of
the Month. Same
time, same
place!

1:30
May 10th
Please sign up.



Keystone Place News

My Mother

My mother is a woman like no other. She gave me life, nurtured me, taught me, dressed me, fought for me, held me, shouted at me, kissed me, but most importantly she loved me unconditionally.

There are not enough words to describe just how important my Mother is to me and what a powerful influence she continues to be.
Mother, I Love You.

Residents
Assembly
May 17th
10:30
In the
Activity Room

.....
Town Hall
May 24th
At 10:30 in the
Activity Room

OnSite Dermatology
Tuesday, May 4th @ 2:30pm
To schedule an appointment, sign up
at the front desk

VNA Foot Care
Monday, May 17th
at 8:30 am– 1 pm
*to Signup, Call- (303) 744-6363

Hearing Aid Checks
Thursday, May 27nd
at 9:30 am– in the Library
Sign up in the Outing Book