

Settling Into Your New Community

If you've made it through the community tours and the moving process, you're probably in a new apartment surrounded by new people, new activities, and new routines. You might feel like a lot (maybe even too much) has changed all at once. Rest assured that those feelings are normal, and it's okay if it takes a little time to feel at ease. Fortunately, there are a few things you can do to make the transition to senior living easier after moving in.

Whenever the moving is done, and the boxes are unpacked, it's time to explore this exciting new chapter of senior living. But don't feel like you have to do it all in one day. In fact, it's ok if it takes a little while to feel like you've settled in. But there are a few things you can do to speed up the process.

Personalize Your Space

Whether you brought your own furniture or your apartment came furnished, consider rearranging a few things to make the layout feel more like home. You may be surprised to discover how big of a difference this can make.

Hanging up curtains, framed artwork, or family photographs can immediately transform a space, making it feel more personal, welcoming, and warm. This is especially true if you are incorporating pieces you already own rather than new purchases.

Some residents like to create welcome signs, hang up wreaths, or decorate their front door entry with personal touches. This gives you the chance to add your own personal touch and let people know a little more about who you are and what you like.

Invite People Over

Extend an invitation to old friends and family to check out your newly decorated apartment. Loved ones will enjoy getting to see your apartment, and you can take them on a tour of the community. Consider coordinating their schedule during a mealtime, so your family can enjoy a delicious meal while getting to spend quality time with you.

After you settle in, invite over some of your neighbors. Maybe it's to share some coffee or tea, watch a movie, or to enjoy an afternoon snack. Spending time with people is a sure-fire way to feel more at home. It'll also be an excellent way to meet other people in the community.

Join in on the Fun

You'll be able to take advantage of all the different activities, celebrations, clubs, and excursions happening in the community. It may be tempting at first to want to stay in your apartment, but the more you engage with life in the community, the faster you'll feel connected. Participating in activities is a wonderful way to meet new friends, explore hobbies, and just have some fun.

You can pick and choose what events you participate in. So if you don't feel like joining in on something, no problem. We also encourage resident participation in creating clubs or activities, so if there's something you'd like to do, just let us know!