

## The Importance of Regular Conversations

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No matter what situation you're in, whether you're the child or the parent, sometimes it takes a while for someone you love to get on board with a big change, like moving to senior living.

So don't be discouraged if you find that you need to discuss the possibility of moving more than once with your family. Giving each other time to think through what this upcoming season of life is going to look like is normal—and probably even wise. It's rarely a good idea to rush into a big decision.

With that in mind, it's a good idea to have a conversation about the future early and often. You don't want to wait until the situation is dire before bringing up the subject. The more time each person has to consider the idea of senior living, the more prepared you can all be when the time comes to actually make the move.