

How to Prepare for the Conversation

If you haven't talked about senior living with a family member before, there are a few things (like doing plenty of research, and trying to make sure all of the family is on the same page), that you can do before it happens in order to hopefully help it go smoothly. Putting some effort in upfront to get all of your ducks in a row will help make sure that however they react, you're at least a little more prepared.

You know the conversation about senior living needs to happen, but you aren't sure where to begin. Sound familiar? If this rings a bell, before you give them a call and announce the news, it's important to take a step back and think through what the discussion is going to look like—and how you can best prepare.

Whether you're the one who will be moving to senior living, or it's your parent who will, there are a few ways that you can be ready to talk about the prospect of embracing the next chapter of senior life.