

Helping the Conversation go Smoothly

Once you've done your homework and are ready to approach the conversation, there are a few things to think about that might give you the best possible opportunity for it to go well. We've put together a list of tips, from notes on timing to what to say. And remember, the senior living decision doesn't have to happen overnight, so trying not to put too much pressure on yourself or your loved one will probably help.

Open communication is an important part of any relationship, and it's especially crucial when it comes to discussing senior living. If you're a child who's planning to talk to an aging parent, the last thing you want to do is make them feel like they are being forced into a decision against their will. And if you're a senior who needs to tell your children about your decision to move to a community, you don't want them to feel like their opinions don't count either.

That's why sitting down and having a thoughtful conversation with your family is a valuable part of the senior living journey. You want to give each person an opportunity to share their thoughts and feelings while still having the chance to explain the benefits of life in a community. Here are a few thoughts on how to make that successful.