

A Tough Topic to Tackle

One of the first things worth considering before actually having the conversation about senior living with a loved one is that it's hard to predict how they will react to this kind of sensitive subject. If you're a senior and want to talk to your children about your decision, they may disagree that the time is right for you to move. Or if you're suggesting to a parent that it might be time to make a move, it's always possible that you might catch them off guard.

No matter how the conversation goes, it's helpful to remember that both you and your family members are on a journey. And even if parts of the journey get difficult, the most important part is that you travel together, striving for patience and grace, and determined to make it through.

More good news: A little planning goes a long way, and with the right preparation, and a few tools for how to have the actual conversation, you might just make it through the discussion a little bit easier.