

April 1—4

Memory Support Heritage Ridge

Early Morning **ACTIVE:** Exercise, Music Therapy, Devotions
Late Morning **COGNITIVE/SENSORY:** Reading Club, Puzzles, Art/Craft, Games
Early Afternoon **CREATIVE:** Baking, Art/Crafts, Reading Club, Quiet Sensory Activities (polishing silver, sanding wood, indoor garden, sorting)
Late Afternoon **TASK:** Set Table, Food Prep, Laundry, Cleaning
Early Evening **SOCIAL:** Reminiscing, Social Visiting, Pet Visitation, Doll Therapy, Notes/Cards, Snacks, Music, Hand/Feet massages, Aroma Therapy



Thursday, April 1

8:00	Breakfast	
9:30	Ballon Toss	2:00 crafts
10:30	Hand Massages	4:00 Set the Table
11:00	Set the Table	4:30 Supper
11:30	Lunch	6:00 Social
12:30	Reading Club	7:00 Snack & Juice
1:00	Resident's Choice	

Podiatry Day Friday, April 2

8:00	Breakfast	2:00	Painting
9:30	Morning Strolls	3:00	Folding Clothes
10:30	Reminiscing/ Nursery rhymes	4:00	Set the Table
		4:30	Supper
11:00	Set the Table	6:00	Music Therapy
11:30	Lunch	7:00	Snack & Juice
12:00	Happy Birthday Ed		
1:00	Resident's Choice		



Saturday, April 3

8:00	Breakfast	2:00	Shaved Ice Cream
9:30	Music & Motion	3:30	Pairing Socks
10:30	Word Games	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
12:30	Visits	7:00	Snack & Juice
1:00	Resident's Choice		

Sunday, April 4

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	2:00	Sketching	
8:00	Breakfast	2:30	Ice Cream Bars
9:30	Sing Along	3:30	Task
10:30	Mass on TV (ch 8)	4:00	Set the Table
11:00	Decorating Easter Cookies	4:30	Supper
11:00	Set the Table	6:00	Social
11:30	Lunch		
1:00	Resident's Choice	7:00	Snack & Juice

April 5—11

Memory Support Heritage Ridge

Early Morning **ACTIVE:** Exercise, Music Therapy, Devotions
Late Morning **COGNITIVE/SENSORY:** Reading Club, Puzzles, Art/Craft, Games
Early Afternoon **CREATIVE:** Baking, Art/Crafts, Reading Club, Quiet Sensory Activities (polishing silver, sanding wood, indoor garden, sorting)
Late Afternoon **TASK:** Set Table, Food Prep, Laundry, Cleaning
Early Evening **SOCIAL:** Reminiscing, Social Visiting, Pet Visitation, Doll Therapy, Notes/Cards, Snacks, Music, Hand/Feet massages, Aroma Therapy

Monday, April 5

8:00	Breakfast	2:00	Creative Writing
9:30	Parachute	3:00	Task
10:30	What Scent is this? & Reminiscing	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social hour
1:00	Resident's Choice	7:00	Snack & Juice



Tuesday, April 6

8:00	Breakfast	2:00	Creative
9:30	Chair Aerobics	3:00	Task
10:00	Sponge Painting	4:00	Set the Table
11:00	Reading Club	4:30	Supper
11:00	Set the Table	6:00	Musical
11:30	Lunch	7:00	Snack & Juice
1:00	Resident's Choice		

Wednesday, April 7

8:00	Breakfast	2:00	Crafts
9:30	Sing Along	2:15(C)	Music by Tim Javorskey
10:30	Fun & Games	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
1:00	Resident's Choice	5:30(T)	Catholic Communion
		6:00	Social

Thursday, April 8

8:00	Breakfast	2:00	Coupon cutting
9:30	Ball Toss	3:00	Pairing Socks
10:30	Beautiful Nails	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice



Friday, April 9

8:00	Breakfast	2:00	Creative Writing
9:30	Morning Strolls	3:00	Task
10:00	Scatter joy Acres	4:00	Set the Table
10:00	Bus Rides	4:30	Supper
11:00	Set the Table	6:00	Social
11:30	Lunch	7:00	Snack & Juice
1:00	Resident's Choice		



Saturday, April 10

8:00	Breakfast	2:00	Crafts
9:30	Music & Motion	3:30	Task
10:30	Puzzle Times	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice

Sunday, April 11

8:00	Breakfast	2:00	Creative
9:30	Active	2:30	Ice Cream Bars
10:30	Cognitive/Sensory	3:00	Task
10:30	Mass on TV (ch 8)	4:00	Set the Table
11:00	Fill the Bird Feeder	4:30	Supper
11:00	Set the Table	6:00	Social
11:30	Lunch	7:00	Snack & Juice
1:00	Resident's Choice		

April 12-18

Memory Support Heritage Ridge

Early Morning **ACTIVE:** Exercise, Music Therapy, Devotions
Late Morning **COGNITIVE/SENSORY:** Reading Club, Puzzles, Art/Craft, Games
Early Afternoon **CREATIVE:** Baking, Art/Crafts, Reading Club, Quiet Sensory Activities (polishing silver, sanding wood, indoor garden, sorting)
Late Afternoon **TASK:** Set Table, Food Prep, Laundry, Cleaning
Early Evening **SOCIAL:** Reminiscing, Social Visiting, Pet Visitation, Doll Therapy, Notes/Cards, Snacks, Music, Hand/Feet massages, Aroma Therapy

Monday, April 12

8:00	Breakfast	2:00	Creative
9:30	Chair Aerobics	3:00	Folding Clothes
10:30	Painting with Ease	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice



Tuesday, April 13

8:00	Breakfast	1:00	Resident's Choice
9:30	Sing Along	2:00	Creative
10:30	Hand Massages	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	6:00	Social



Wednesday, April 14

8:00	Breakfast	2:45	Music with Jerry Stingley
9:30	Chair Exercise	3:30	Pairing Socks
10:30	Reminiscing	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	5:30(T)	Catholic Communion
1:15	Catholic Mass	6:00	Social
		7:00	Snack & Juice

Thursday, April 15

8:00	Breakfast	1:00	Resident Choice
9:30	Bowling	2:00	Cutting Coupons
10:30	Spring Crafts	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	6:00	Social
		7:00	Snack & Juice

Friday, April 16

8:00	Breakfast	2:00	Sketching
9:30	Bean Bag Toss	3:00	Task
10:30	Puzzle Time	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice

Saturday, April 17

8:00	Breakfast	2:00	Creative Writing
9:30	Balloon Toss	3:30	Task
10:30	Armchair Travel	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice

Sunday, April 18

8:00	Breakfast	1:00	Residents Choice
9:30	Morning Strolls	2:00	Creative
10:30	Crafty Crosses	2:30	Ice Cream Bars
10:30	Mass on TV (ch 8)	3:30	Task
11:00	Fill the Bird Feeder	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
12:00	Visits	7:00	Snack & Juice

April 19-25

Memory Support Heritage Ridge

Early Morning **ACTIVE:** Exercise, Music Therapy, Devotions
Late Morning **COGNITIVE/SENSORY:** Reading Club, Puzzles, Art/Craft, Games
Early Afternoon **CREATIVE:** Baking, Art/Crafts, Reading Club, Quiet Sensory Activities (polishing silver, sanding wood, indoor garden, sorting)
Late Afternoon **TASK:** Set Table, Food Prep, Laundry, Cleaning
Early Evening **SOCIAL:** Reminiscing, Social Visiting, Pet Visitation, Doll Therapy, Notes/Cards, Snacks, Music, Hand/Feet massages, Aroma Therapy

Monday, April 19

8:00	Breakfast	2:00	Crafts
9:30	Ball Toss	3:00	Task
10:30	Morning Matinee	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
12:00	Visits	7:00	Snack & Juice
1:00	Resident's Choice		



Tuesday, April 20

8:00	Breakfast	2:00	Creative
9:30	Music Therapy	3:00	Task
10:00	Matching Game	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice

Wednesday, April 21

8:00	Breakfast	2:00	Creative
9:30	Morning Stretches	2:15	Music by Joe Taylor
10:30	Bingo	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	5:30(T)	Catholic Communion
1:00	Resident's Choice	6:00	Social
		7:00	Snack & Juice

Thursday, April 22

8:00	Breakfast	1:00	Residents Choice
9:30	Music & Motion	2:00	Creative
10:30	Painting with Ease	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	6:00	Social
		7:00	Snack & Juice

Friday, April 23

8:00	Breakfast	1:00	Resident's Choice
9:30	Ball Toss	2:00	Creative
10:30	Beautiful Nails	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	6:00	Social
		7:00	Snack & Juice



Saturday, April 24

8:00	Breakfast	2:00	Creative
9:30	Exercise	3:30	Task
10:30	Sing Along	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
1:00	Resident's Choice	7:00	Snack & Juice

Sunday, April 25

8:00	Breakfast	1:00	Resident's Choice
9:30	Morning Strolls	2:00	Creative
10:30	Musical	2:30	Ice Cream Bars
10:30	Mass on TV (ch 8)	3:30	Task
11:00	Fill the Bird Feeder	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
		7:00	Snack & Juice



April 26-30

Memory Support

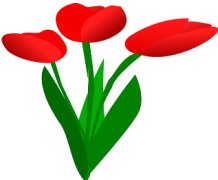
Heritage Ridge

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Early Afternoon **CREATIVE:** Baking, Art/Crafts, Reading Club, Quiet Sensory Activities (polishing silver, sanding wood, indoor garden, sorting)
Late Afternoon **TASK:** Set Table, Food Prep, Laundry, Cleaning
Early Evening **SOCIAL:** Reminiscing, Social Visiting, Pet Visitation, Doll Therapy, Notes/Cards, Snacks, Music, Hand/Feet massages, Aroma Therapy

Monday, April 26

8:00	Breakfast	2:00	Crafts
9:30	Chair Aerobics	3:00	Task
10:30	Taste & Tell	4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
12:00	Visits	7:00	Snack & Juice
1:00	Resident's Choice		

Tuesday, April 27

8:00	Breakfast	2:00	Creative Writing
9:30	Morning Strolls	3:00	Task
10:00	Puzzle Time	4:00	Set the Table
		4:30	Supper
11:00	Set the Table	6:00	Social
11:30	Lunch	7:00	Snack & Juice
1:00	Resident's Choice		

Wednesday, April 28

8:00	Breakfast	2:00	Creative
9:30	Morning Stretches	2:15	Music by The Links
10:30	Flower Arranging	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	5:30(T)	Catholic Communion
1:00	Resident's Choice	6:00	Social
		7:00	Snack & Juice

Thursday, April 29

8:00	Breakfast	1:00	Residents Choice
9:30	Music & Motion	2:00	Creative
10:30	Bingo	3:00	Task
11:00	Set the Table	4:00	Set the Table
11:30	Lunch	4:30	Supper
12:00	Visits	6:00	Social
		7:00	Snack & Juice

Friday, April 30

8:00	Breakfast	1:00	Resident's Choice
9:30	Balloon Toss	2:00	Creative Writing
10:30	Painting Sun Catchers	3:00	Task
		4:00	Set the Table
11:00	Set the Table	4:30	Supper
11:30	Lunch	6:00	Social
12:00	Visits	7:00	Snack & Juice

