



LIVING WELL TODAY

At The Springs Living, we believe we must continue to live well and as safely as possible. To do this, we're asking everyone to follow these recommended guidelines.

Doing Your Part

As you begin to socialize outside of the community, it is more important than ever to follow these simple safety protocols:

- Indoors—wear your face coverings in social/public spaces, during classes, while visiting others
- Outdoors—wear your face coverings when you are unable to practice 6-ft social distancing
- Maintain 6-ft of social distancing whenever possible
- We recommend only hugging persons you trust, with face coverings
- Wash your hands frequently, especially upon returning to the community
- Report any symptoms as quickly as possible

Please Remember

As you partake in social visits, shopping errands and restaurant outings, you are at an increased risk of exposure. Please take extra precautions to keep germs out of the community.

If you are unable to leave the community for social visits or would benefit from on-site visits with loved ones, please contact your resident relations representative. With all these safety considerations, we have an honor system in place regarding isolation time.

Honor System Safety Measures

No Isolation Required

- Drive-thru/curbside pick-ups
- Family visits at Looking Glass
- Walk alone or with family
- Drive (alone, with spouse or family)
- Medical appointment
- Outside salon visit
- Day visit with family away from community
- Restaurant
- Store or similar business such as a pharmacy or bank
- Civic, cultural or religious gathering
- Family outing (10 people or less)

5-day Isolation with COVID-19 Testing

- Hospitalization (admitted)
- ER visit (not admitted)
- Skilled Nursing Facility stay
- Vacation
- Family outing (10 people or more, overnight visits)

14-day Isolation after International Travel

This is LIFE at The Springs Living

Detect & Defeat Approach to COVID-19

Through our progressive sanitizing systems, infection control practices, and testing, The Springs Living is well below the national average for COVID-19 cases and leading the way in innovative measures. Because of our experiences and successful outcomes, we are finding ways to balance safety and holistic wellness as we enjoy time with friends and family once again.

Activities, Events and Outings

Life Enrichment is back in swing with a variety of fun and stimulating classes, experiences and entertainment—all designed for small groups in a safe environment.

The Art of Delicious

Keeping our promise of nutritious and delicious dining experiences, we have re-opened our dining rooms with social and safety in mind. Cook-outs on the patio, socially-distanced happy hours, and themed dinners are opportunities for lively community fun.

Leave the Driving to Us

Transportation to scheduled medical appointments, shopping and outings means you always have a clean and socially-distanced, safe ride.

Our Commitment to You

We are committed to keeping The Springs Living COVID-19 free and to keeping it the safest place for residents to live and staff to work.

- We are screened with a series of questions and our temperature is taken regularly.
- We wear face coverings and/or face shields, and wash our hands frequently.
- We maintain 6-ft. of social distancing.
- We limit groups to 10 and sanitize all touched surfaces between usage.
- We conduct surface testing weekly in our effort to “Detect and Defeat.”
- We use safe practices and are aware of risks of exposure outside of the community.

