



CHEF'S DELIVERIES

2

Hot Cross Buns

6

Oreo Mousse Cups

13

Pizza!

22

Spring Cupcakes

Celebrating Birthdays in April

9th Diane Lawton

10th Gloria Perry

16th George Bartsch

25th Bob Dickinson

29th Nancy Edwards



Culinary Highlights:

Starting Monday, April 5

The meal delivery fee of \$5 is reinstated.

To-Go orders are available.

AS A REMINDER...

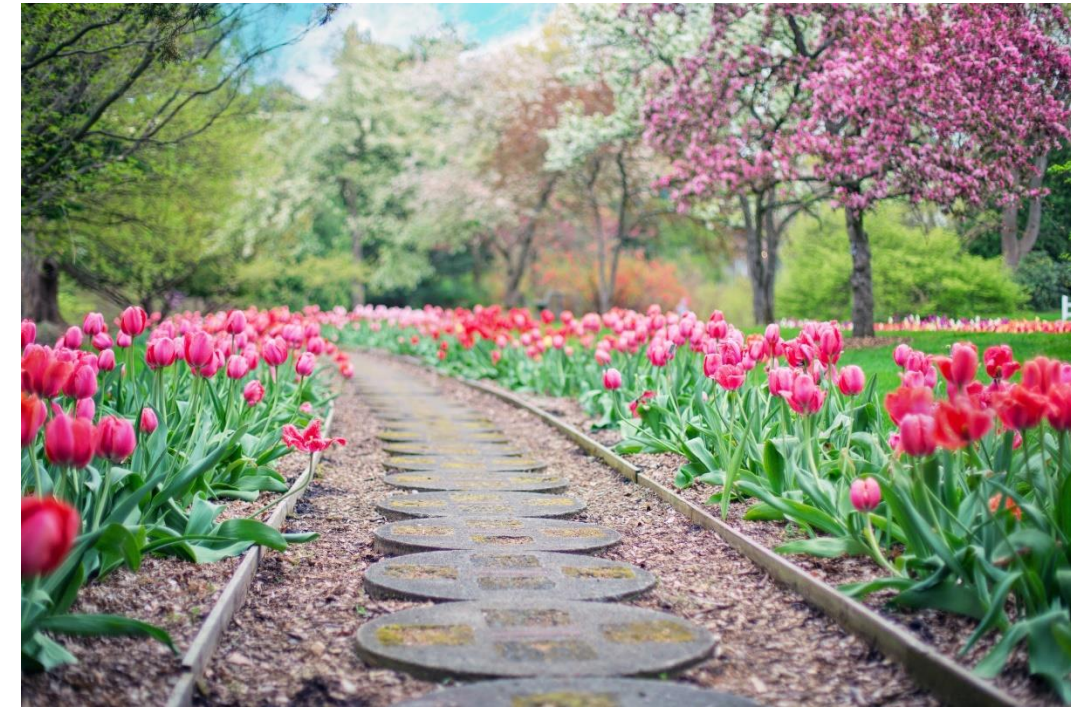
Utilize the comment cards provided on your dining table to recognize servers who have done a good job. We will give the “kudos” to the server and also reward them with Waltonwood points. These points can be used towards additional paid time off.

Snacks will be passed around in the mornings between breakfast and lunch, and in the afternoons between lunch and dinner.

We are so excited to be back in the dining room and getting back to a little normalcy.

LAKE BOONE CONNECT

APRIL 2021



Dare I say, bright days are ahead? After such a trying year, spring is a fitting season to begin our next phase of opening. It is hard for me NOT to compare our current chapter of life to this glorious, spring season. This transition to spring is one we are feeling ourselves, both emotionally, mentally, and physically. These past 12 months have taught us many lessons. For me, it's been an important reminder to love endlessly, forgive easily, and most importantly show grace.

It's time to muster up all our energy and bloom! Let the new life and growth around us be a gentle reminder that our surroundings, our neighbors, our families, our employees, and (even) ourselves are all perfectly flawed. Please, join me, as we embark on the season of spring together. Let's embrace the change and transition with grace and appreciation.

We are excited to be able to go on outings again in the near future, welcome back entertainment and most importantly; welcome back families! We have missed you dearly!



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COMMUNITY MANAGEMENT

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Executive Director

Rachel Carver
Business Office Manager

Bryan Minton
Culinary Services Manager

John Carr
Environmental Services Manager

Jean McDermott
Life Enrichment Manager
Memory Care

Laura Gremore
Life Enrichment Manager
Assisted Living

Lauren Higdon
Marketing Manager

Chelsea Gray
Marketing Manager

J'Mi Walker
Resident Care Manager

Towana Murrell-James
Wellness Coordinator
Memory Care

Natalie Dixon
Wellness Coordinator
Assisted Living

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

ASSOCIATE SPOTLIGHT

Asia has been a Concierge since November 2019. She came to Waltonwood for a change of pace thanks to another Concierge telling her how wonderful it is to work here! Asia has proven to be an amazing addition to the team. One of the many reasons she loves her job is because of the personal connections and relationships she's developed with residents and families.

Originally from Oregon, she moved to North Carolina with her mom and stepdad. She frequently goes back to her home state to visit her family who is still there. (With the exception of this year, unfortunately. She'll get back there as soon as traveling is safe.) Painting, photography, drawing, playing video games, and learning new skills such as cross stitch are just a few of her interests that keep Asia busy when she's not working. Once football season is upon us again, you may hear her cheer for the Panthers. However, her heart belongs to the Seahawks. She is preparing to attend Wake Tech. Once she has a few classes under her belt, she plans to transfer to UNC or Duke to become a physical therapist. Always having a positive outlook and attitude is something she strives for every day. This certainly is evident in her cheery disposition. Thanks for all you do, Asia!



TRANSPORTATION INFORMATION:

Please make sure to schedule transportation for doctors appointments two weeks prior to your appointment. **Our transportation days for appointments** are on Mondays, Wednesdays and Thursday Afternoons.

Please call the transportation phone at 919-271-7507.

Please sign up at the concierge for scenic drives so we can make sure everyone is able to enjoy a change of scenery.

Outer Banks Neighborhood

Tuesdays

Asheville Neighborhood

Fridays

Thank you for practicing social distancing

Protect yourself and others from infection



MARCH HIGHLIGHTS

04

Spring Crafts

20

First Day of Spring



13

Happy St. Patricks Day

27

Happy Passover



Forever Fit

Meet John King, Our Forever Fit Coordinator! He is a dad to a little girl and is expecting another bundle of joy in May. He has been in the fitness industry for over 13 years; with a degree in Exercise Science from East Carolina University. John will guide you in all your fitness needs by teaching you how to safely use the fitness equipment, personal training, fun group fitness classes and educational health & fitness classes are schedule daily at 10:30 am & 1:30pm in Asheville Neighborhood and 11:00am & 1:00 pm in the Outerbanks Neighborhood.

April

04

Easter

16

Strawberry Patch in front of Waltonwood

13

Live Music by Christian in the AL Grove Café

22

Movercise!
Earth Day



EXECUTIVE DIRECTOR CORNER

Spring is officially here and just like the bees our community is starting to buzz and come alive with energy and excitement! We have so much to look forward to this month with easing restrictions in Culinary, Life Enrichment and outside visitation. I look forward to seeing residents out and about enjoying all that the community has to offer. We hope residents enjoy our courtyards that have been spruced up for Spring and will use the space to host family and friends. Reach out with any questions, concerns or comments while we move into this new normal.

Allison O'Shea, Executive Director