



## VISITATION GUIDELINES

With an anticipated start date of April 2, families will be able to visit in the resident's apartment. Appointments to visit in our conference room are still available as long as you schedule those appointments the day prior. The resident is also not limited to the number of visits per week. We are recommending no more than two visitors at a time, however, during any visit. Visitors will no longer be required to have a rapid-antigen COVID-19 test as we have been doing, however, we **strongly encourage** visitors to be tested (tests are now considered valid for 72-hours for multiple visits). **We are still requiring that all visitors wear a mask at all times during the visit.** Furthermore, we are still not permitting eating or drinking during the visit. Visitors are only permitted entry to the apartment; if resident assistance is needed during the visit, we ask that you push your loved one's pendant to advocate for help. Visitors are still not permitted to be in common areas/dining room. Finally, while there is no limit to the length of the visit, we are still requiring visitation be conducted (at least initially) during hours in which there is a manager on the premises (Monday-Friday 9am-5pm, Saturday & Sunday 10am-4pm). We are also asking that visits do not occur between 12-1PM, as residents will be expected in the dining room during that time. *In the event of a positive case of COVID-19 amongst our residents or associates, visitation will cease until community-wide testing is conducted and all results are negative. If another case(s) is identified during this process, we will discontinue visitation, dining, and activities for 14 days.*

Happy  
Birthday  
this month to:

Sue C. 4/2



FRIENDS & FAMILY REFERRAL PROGRAM!

## \$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# CARRIAGE PARK CONNECT

APRIL 2021

## March Book Drive



During the month of March, residents, staff and families participated in a book drive for Bentley Elementary School. The focus of our book drive was to provide extra encouragement and support for students that struggle with reading. Unfortunately during this pandemic many of these children have only been able to read books on electronic devices and book sharing has not been allowed. Our book drive resulted in over 80 books being donated for these children and will enable these struggling readers to each take home their very own book. A big thank you to our residents, staff, families and community members for participating in our book drive and making it an outstanding success!



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## COMMUNITY MANAGEMENT

Dustin Stolzman  
Executive Director

Terry Lobb  
Business Office Manager

Joel Vassallo  
Culinary Services  
Manager

Erin McGraw  
Life Enrichment Manager

Nichole Passmore  
Life Enrichment Manager

Chris Chalmers  
Marketing Manager

JoAnn Mayher  
Resident Care Manager

Jeremy Meriwether  
Wellness Coordinator

Mike Burlett  
Environmental Services  
Manager

Nathan Brown  
Independent Living  
Manager



## ASSOCIATE SPOTLIGHT

Our Associate of the Month is Kim W. (IL Concierge). Kim's friendly and fun demeanor sets the perfect tone for our residents and guests at the front desk. Kim has been even more exceptional over this past year, when the expectations and demands of the position increased frequently to help keep our community safe. She also stepped up to help pick up shifts when there were vacancies in the schedule, supporting the team as often as she could. Kim brings a sense of professionalism and joy to her role, and she infuses those traits into the community every day she works. Congrats Kim!



## MARCH HIGHLIGHTS

Students from Plymouth High School hand made warm blankets and wrote us meaningful cards that touched our hearts.

Craft class gave us time to create new wall hangings for our doors!

Chef Joel and his culinary team whipped up a delicious St. Patrick's Day feast of corned beef and cabbage!



## FOREVER FIT: Fuel Up

Spring is finally here bringing longer days, warmer temperatures and plenty of sunshine. When done in moderation, sun exposure has been shown to provide numerous benefits that can actually help enhance mood and overall wellbeing. Most people know that sunlight offers an abundance of vitamin D, but what most people don't realize is that just 10-15 minutes of sun exposure each day can actually achieve the FDA recommended daily allowance of 1000 IU's. Regular sunlight also increases serotonin levels, a neurotransmitter often regarded as the chemical responsible for balancing moods. By adding just a few minutes outside to your daily routine you can help ward off some of the seasonal blues that tend to set in over the dark cold winter months. So, this April do yourself a huge favor, step outside take a deep breath and let the power of the sun go to work for you! - **Chris Grabowski, MS, Senior Forever Fit Manager**



## Bus Rides

We will be taking scenic drives every Wednesday at 2:00pm! Ride around Belleville Lake, see the Victorian charm of downtown Northville or even just take a country drive with us!

## SPECIAL DATES IN APRIL

1

Tigers Baseball begins today! Join us in the TV room for their home opener against the Cleveland Indians at 1:10pm!

8

Bingo is back! Every Thursday at 10:30am join us in the dining room for a few rounds of bingo!



13

Musical Tuesdays begin! Every Tuesday this month will feature live entertainment in our dining room at 2:30pm!

26

Spring plantings! Join us as we pot a few plants and plan our gardens for the growing season!!



## SAFETY FIRST



Face coverings are required in our community.

Please see the Executive Director if you need a mask.



## EXECUTIVE DIRECTOR CORNER

Spring signals a fresh start every year, especially here in Michigan, when we leave behind the bitter-cold and dark winter for fresh blooms, sunshine, and warmer days. This year, we are especially ready for a fresh start, as it feels like the past twelve months have been one long winter. We now can see the light at the end of the tunnel, as widespread vaccinations are becoming available to all citizens to combat COVID-19. We will resume our full-scope of the fine dining experience, complete with linens and fresh floral arrangements. Entertainers and in-house spiritual services will begin to resume as well. Most importantly, we've been reunited with the family and friends we've missed so dearly over the past year. So as we reflect on our perseverance as a community over the past year, I look forward to celebrating our fresh starts this spring!

- **Dustin Stolzman, Executive Director**