



**DETROIT TIGERS
OPENING DAY!**

The Tigers begin the 2021 season on April 1st against the Cleveland Indians at Comerica Park. Detroit Tigers left-hander Matthew Boyd is scheduled to be the opening day starter. We will be enjoying the game in our library at 1:00 pm.

SAFETY FIRST

Face coverings are required in our community. Please see the Executive Director if you need a mask.

CARRIAGE PARK CONNECT

APRIL 2021

SPRING IS HERE!



What a year we've had! It has been a full year since we had to start wearing masks and taking precautions to prevent the spread of the Covid virus. But here we are – in a season that bursts with hope! Spring means renewal and new beginnings! No matter how challenging the winter may have been, Spring comes with warmth and breathes fresh air into our lives! While we strive to continue to focus on good health, we are ready to see our residents become more involved as restrictions allow. So take a look at our activity calendar and see what sparks your interest! We will have National Beer Day and National Tea Day, there's Earth Day, Audubon Day, and of course – Easter! Weather will keep improving, so make sure to get outside for some fresh air as well! We are excited to see how our community continues to grow!



2000 Canton Center Rd., Canton, MI 48188
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 Facebook: /WaltonwoodCarriagePark

**COMMUNITY
MANAGEMENT**

- Dustin Stolzman
Executive Director
- Terry Lobb
Business Office Manager
- Joel Vassallo
Culinary Services
Manager
- Erin McGraw
Life Enrichment Manager
- Nichole Passmore
Life Enrichment Manager
- Chris Chalmers
Marketing Manager
- JoAnn Mayher
Resident Care Manager
- Jeremy Meriwether
Wellness Coordinator
- Mike Burlett
Environmental Services
Manager
- Nathan Brown
Independent Living
Manager



- Betty #224**
4/1
- Linda #116**
4/2
- Joan #307**
4/4
- Lorraine #104**
4/5
- Hezekiah #321**
4/11
- Jane #114**
4/12
- Dorothy #204**
4/27



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

EMPLOYEE SPOTLIGHT

Our Associate of the Month is Kim W. (IL Concierge). Kim’s friendly and fun demeanor sets the perfect tone for our residents and guests at the front desk. Kim has been even more exceptional over this past year, when the expectations and demands of the position increased frequently to help keep our community safe. She also stepped up to help pick up shifts when there were vacancies in the schedule, supporting the team as often as she could. Kim brings a sense of professionalism and joy to her role, and she infuses those traits into the community every day she works. Congrats Kim!



TRANSPORTATION

Please schedule your medical appointments at our front desk for a Monday or Thursday between the hours of 8:30 am with last pick up 4:00 pm. Grocery and Drug Store runs are Tuesday and Friday 9:00 am to 4:00 pm. We will take a scenic tour each Tuesday and Thursday at 2 pm if schedule permits. No Wednesday runs, bus is allocated for our AL community.

MARCH – It’s a wrap!

March was definitely a great month, we started off collecting books for Bentley Elementary in Canton for National Reading Month. Our former teacher, Janette read “The Pout-Pout Fish” live on our facebook page for all to enjoy. (WaltonwoodCarriagePark) We made our doors festive for St. Patricks Day. We were able to enjoy our first holiday celebration in person! Our residents are so blessed to have an amazing lady, Sarah from life enrichment team that teaches paint classes for us using acrylics and water color. We are finding out we have some great artists among us. Look forward to our art show in September!



SPECIAL DATES IN APRIL

1

Tigers Baseball begins today! Join us in the TV room for their home opener against the Cleveland Indians at 1:10pm!

13

Enjoy some great music and humor with our dear friend Bobby G

18

Worship Sunday with Howard Meell. An hour of Christian music and worship.

27

We have him back come see Jimmy K. put a smile on your face!



FOREVER FIT:Chris Grabowski

Spring is here and with it comes longer days, warmer temperatures and plenty of sunshine. While there certainly may be reason to proceed cautiously and avoid overexposure to the sun’s rays, there are also plenty of reasons to step outside and take some of them in. When done in moderation sun exposure have been shown to provide benefits that can actually help enhance mood and overall wellbeing. Sunlight offers an abundance of vitamin D and just 10-15 minutes of sun exposure each day you can actually achieve the FDA recommended daily allowance of 1000 IU’s. Regular sunlight has also been shown to increase serotonin levels, a neurotransmitter often regarded as the chemical responsible for maintaining mood balance. So, this April do yourself a huge favor, step outside take a deep breath and let the power of the sun go to work for you!

EXECUTIVE DIRECTORS CORNER

Spring signals a fresh start every year, especially here in Michigan, when we leave behind the bitter-cold and dark winter for fresh blooms, sunshine, and warmer days. This year, we are especially ready for a fresh start, as it feels like the past twelve months have been one long winter. We now can see the light at the end of the tunnel, as widespread vaccinations are becoming available to all citizens to combat COVID-19. We will resume our full-scope of the fine dining experience, complete with linens and fresh floral arrangements. Entertainers and in-house spiritual services will begin to resume as well. Most importantly, we’ve been reunited with the family and friends we’ve missed so dearly over the past year. So as we reflect on our perseverance as a community over the past year, I look forward to celebrating our fresh starts this spring! - **Dustin Stolzman, Executive Director**