

A background image of pink tulips is visible behind the title.

# The Currents

## Welcome to Springtime in Assisted Living And, Welcome Back Group Activities!

It's been over a year since the pandemic started, and we are so happy to be offering a calendar full of in-person, group activities again! Please note the following highlights of the April activity calendar:

- Many activities will continue to be offered in **two groups**, depending on resident apartment number. Activity Group 1 is Apts. 100-124 and Apts. 200-225, and Activity Group 2 is Apts. 226-229 and Apts. 300-319.
- We will continue to offer **in-apartment activity packets** for interested residents.
- **Daily Group Exercise** will take place in the living room: 10:15am for Group 1, and 11:00am for Group 2.
- We will have **Happy Hour** in the Courtyard and Living Room on Fridays, April 9 and 23, at 3:00pm.
- We will be going on a **Field Trip to Elizabeth Gamble Gardens** in Palo Alto on Sunday, April 18, at 1:00pm. There is a limit of 10 residents for this field trip. Please sign up at the front desk. There is no cost. Residents attending this activity should eat lunch at an earlier time, if possible.
- Our **monthly scenic drive** will take place on Sunday, April 11, at 2:15pm. The destination is Los Altos Hills. There is a limit of 10 residents for this drive. Please sign up at the front desk.
- We will offer some **outdoor walking groups** throughout the month; please see the activity calendar for more information. There is a limit of 5 residents for the outdoor walks. Please sign up at the front desk.
- Join us for our **monthly birthday party** on Thursday, April 22, at 2:15pm. Guitarist and vocalist **Kimberlye Gold** will perform. We will honor our residents with April birthdays and serve birthday cupcakes and beverages (to go).

Despite the very high percentage of resident and staff participation in receiving the COVID-19 vaccinations, we will continue to take precautions during all activities and events. Residents should continue to wear masks during all activities, and we will socially distance as much as possible. We will also limit the consumption of food/drink during most indoor activities, unless noted. Please sign up for events at the front desk.

We will continue to offer more group activities in upcoming months, so please stay tuned. If you have any questions about activities, please see Deeann Hui or Ines Camacho in the Activities Department!

# April Employee of the Month: *Robert U.*

Congratulations to the April Employee of the Month, **Robert U.** As many of you know, Robert is a driver at Palo Alto Commons and the Avant. “I was very honored and also very surprised to receive this award,” he says. “It gave me a lifting feeling knowing that my employers really care about all the great work we all do!” Robert has been working in our communities for the past 7 years. Previously, he worked as a grocery store manager and has “always loved to work with the public”. Born in San Francisco, Robert has lived in the Bay Area his whole life, mainly in Redwood City. In his spare time, Robert loves fishing. He adds that he has been fishing since age 6, and his favorite fishing holes are the Pacific Ocean and lakes. He also feels lucky that several of his family members live in the area as well. Asked his favorite aspect of working at PAC and the Avant, Robert said, “Working here is great, and being able to help our residents feel at home everyday is so fulfilling. I also feel good knowing that we have a great team here as well.” Glenn Duenas, Robert’s supervisor, adds, “Robert is kind, courteous, and very dedicated to providing the best customer service possible. He is always positive and has developed a very positive rapport with residents and coworkers alike. He is very deserving of this award.” Again, kudos and thank you to Robert on this special honor!



## HAPPY APRIL BIRTHDAYS!

### RESIDENTS

<b>Lai C.</b>	<b>April 7</b>
<b>Barbara M.</b>	<b>April 8</b>
<b>James C.</b>	<b>April 9</b>
<b>Janet L.</b>	<b>April 9</b>
<b>Judy L.</b>	<b>April 10</b>
<b>Mickey M.</b>	<b>April 19</b>

<b>Lourdes B. (Housekeeping)</b>	<b>April 7</b>
<b>Tina M. (Laundry)</b>	<b>April 11</b>
<b>Ana U. (Med Aide/PCA)</b>	<b>April 13</b>
<b>Veena M. (Reception)</b>	<b>April 16</b>
<b>Maria N. (AL PCA)</b>	<b>April 16</b>
<b>Jonathan S. (Dining Director)</b>	<b>April 19</b>
<b>Adriana H. (AL PCA)</b>	<b>April 21</b>
<b>Alejandra R. (FC PCA)</b>	<b>April 21</b>
<b>Marlies S. (Avant Maitre D')</b>	<b>April 22</b>
<b>Arleen B. (MW/FC Nurse)</b>	<b>April 23</b>
<b>Amalia H. (MW PCA)</b>	<b>April 30</b>

### STAFF

<b>Jacqueline O. (FC PCA)</b>	<b>April 1</b>
<b>Cache Y. (Med Aide)</b>	<b>April 1</b>
<b>Rosa Q. (Dining)</b>	<b>April 4</b>

# Easter Harp Concert with **KRISTIN LLOYD**



In celebration of Easter, please join us for a special concert by harpist Kristin Lloyd.

**Sunday, April 4**  
**2:00pm in the Living Room**

Due to Covid-19 precautions, only residents may attend concerts. Residents should wear face masks throughout the program.



# Springtime Concerts with **IAN SCARFE**



After more than a year, we are so excited to welcome back classical pianist Ian Scarfe for two live, in-person concerts this month. Join us for these special concerts!

**Mondays, April 12 and 26**  
**2:00pm in the Living Room**

Due to Covid-19 precautions, only residents may attend concerts. Residents should wear face masks throughout the program.



*14th Annual Palo Alto Commons*

# EASTER EGG HUNT

Join in the fun of our 14th Annual Easter Egg Hunt for residents! Between April 1-4, we will be hiding plastic eggs throughout Palo Alto Commons.

The top three resident egg hunters will win prizes!

## CONTESTS GUIDELINES:

1. All eligible eggs are marked with a special sticker. Between 700+ eggs will be hidden during the four-day period.
2. Eggs are hidden in commons areas only. Eggs are not in resident apartments or offices. All eggs will be “hidden” in visible areas-- not in cabinets nor under furniture, etc.
3. All eggs are hidden in accessible areas throughout first, second, and third floors!
4. New eggs will be hidden *throughout* the days between April 1-4.
5. Gather all the eggs you can find and turn them into the activity department by noon on Monday, April 5. (Don't forget to eat the treat inside the egg first!)
6. The winners (residents who find the greatest number of eggs) will be announced on Tuesday, April 6!

**Happy Hunting!**



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# Special Events and Activities

**Horticulture Program with John O'Hara****Mondays, April 6 and 20, at 2:00pm**

John O'Hara is a certified Master Gardener and Horticulturist. He will speak to residents about various interesting topics—all about plants, flowers, and more!

**Residents Meeting****Monday, April 12, at 3:15pm**

The monthly residents meeting is resuming in April. Li Li and Team will be on-hand to answer questions. Bring your ideas, suggestions, and feedback.

**Concert with Benito Cortez****Tuesday, April 13, at 2:00pm**

While growing up playing in orchestras and chamber ensembles, Benito Cortez enjoys most being a musician in jazz and other improv settings. He will perform a special violin concert for residents.

**Concert with Lee Allen****Wednesday, April 14, at 2:00pm**

Lee Allen is a solo jazz pianist who also provides the sound of a full professional jazz trio. His music is of a unique style -- popular music influenced by classical / romantic structures, and performed in a jazz-trio motif.

**Concert with Grijda Spiri****Thursday, April 15, at 2:00pm**

Winner of international competitions, Grijda Spiri is a violinist and pianist, with more than 15 years of experience performing in a variety of musical groups and as a soloist.

**Concert with Kimberlye Gold****Thursday, April 22, at 2:00pm**

Whether it's a standard like "When I Fall In Love", a classic rock song Like Janis Joplin's "Piece Of My Heart", or an original tune to be humming out the door, you'll find it in guitarist/vocalist Kimberlye Gold's bag 'o Gold-en tricks!

**Menu Meeting with Jonathan****Friday, April 23, at 2:00pm**

The monthly menu meeting is also resuming this month. Director of Dining Services, Jonathan Shaw, will discuss menus and the dining services with residents.

**Concert with Gary Breitbard and Jena Rauti****Tuesday, April 27, at 2:00pm**

Gary Breitbard and Jena Rauti perform French, Italian, Balkan, Klezmer accordion music and vocals. They love involving the residents in singing, and dancing!

**Cooking Class: Chocolate Covered Strawberries** **Friday, April 30, at 2:30pm**

Join Chef Jonathan in his monthly hands-on cooking demonstration. This month, residents will join him in making chocolate covered strawberries!

**Special Events and Activities Covid-19 Precautions:**

- All residents must wear masks when attending and throughout each event/activity.
  - Due to social distancing, only residents may attend (no guests allowed).
- No food and drink allowed during most indoor activities, unless otherwise specified.

**THANK YOU FOR YOUR CONTINUED SUPPORT AND COOPERATION.**