

MULLIGAN PARK

Gracious Retirement Living

1800 Hermitage Blvd • Tallahassee, FL 32308 • Phone (850) 553-3252 • www.seniorlivinginstyle.com

APRIL 2021

MULLIGAN PARK STAFF

Managers..... DOUG & MARY WELLS
Assistant ManagersLEN & RHONDA DAVIS
Executive ChefKHALIL SAADIQ
Community Sales L. PAIGE DEAVER
Activity CoordinatorJAMIE GREEN
MaintenanceSCOTT LYNN
Bus DriverTARACHEAL JAMES

TRANSPORTATION

Monday, 10 a.m.: Shopping and Banking
Tuesday, 9 a.m.: Professional Appointments
Wednesday, 9 a.m.: Outings
Thursday, 9 a.m.: Professional Appointments
Friday, 10 a.m.: Shopping/Salon/Pharmacy

HAWTHORN
SENIOR LIVING

Easter Sunday

This Easter is full of fun planned activities for you to enjoy, and a little of something for everyone (see schedule below). With crafts, an Easter bonnet parade, splatter paint eggs, a Good Friday service, a fabulous Easter meal created by our Executive



Culinary Team, a golden egg Easter egg hunt, and Easter Sunday church service, we can expect an amazing Easter full of splendor.

Thursday, April 1st — Easter Bonnet Craft: Join us at 3 p.m., to make beautiful and timeless Easter Bonnets.

Thursday, April 1st — Maundy Thursday: Learn more about Da Vinci's "The Last Supper" in the Movie Theatre.

Friday, April 2nd — Splatter Paint Eggs: Meet in the AR at 3 p.m., to make cool and creative splatter paint eggs.

Friday, April 2nd — Good Friday Church Service with Pastor Rob

Sunday, April 4th — Wear Pastel Day!

11 a.m. — Find the Golden Egg Easter Egg Hunt and win an Easter Basket full of goodies. There will be three golden eggs hidden around the community, as well as eggs filled with candy.

12:15 p.m. — Easter Bonnet Parade: Get your seats early in the DR, and enjoy a look at the fabulous Easter bonnets that residents made.

12:30 p.m. — Easter Sunday Meal

2 p.m. — Easter Church Service with Pastor Rob

You don't want to miss out on these exciting activities.
Happy Easter!



A Thank You From Ken ...

To the staff, employees and most of all, to my fellow Mulliganites. The concern and comfort I have received about the sudden death of my second son, Jeff, has been overwhelming. With numerous cards and personal communication, you shared your sympathy and empathy with me of genuine concern. I feel a family connection and an appreciation with all of you. It sometimes takes a crisis to realize the compassion, love, and comradery we all share.

Thank you, again,
Ken Jorishie

Spring Fashion Show in April

Calling ALL residents ... on Wednesday, April 21st, at 3 p.m., Mulligan Park will be holding a Resident Fashion Show in the Dining Room. We are asking for YOU to be a part of the fun, and model your favorite "spring-y" fashions as we sip on flavorful teas, and eat yummy treats in a colorful and beautiful setting.

The show will last approximately one hour, and we ask you come 10 minutes early to find your seat.

If you are interested in participating, please sign up in the Activity Room!



Jeroline modeling her spring fashion in our 2019 Fashion Show

Mulligan Market Open Every Tuesday: 4-5 p.m.

The "Market" is provided for residents as a convenience. It relies solely on your participation and is not made available to make ANY profit. Most items will cost \$1.25! This is below retail cost if you wish to compare. Our huge selection of greeting cards are \$.50 or five for \$2, and we have a small selection of seasonal items. We provide a variety of ladies' and men's toiletries, along with some of your favorite snacks! If you would like for us to carry any special item that you need or use, all you have to do is tell Ken or Linda (Mulligan Market operators).

Once a month, the store receipts are inventoried and when the store gets a little bit ahead of what is needed to replenish supplies, \$20 goes into the employee fund.

We thank you for your business and hope Mulligan Market is satisfying your needs.

Arbor Day With Ken

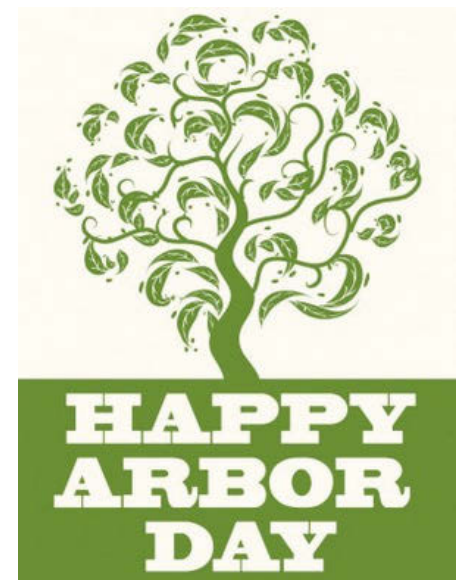
What is Arbor Day?

Arbor Day (or Arbour in some countries) is a secular day of observance in which individuals and groups are encouraged to plant trees. Today, many countries observe such a holiday. Though usually observed in the spring, the date varies, depending on climate and suitable planting season.

On Friday, April 30th, at 3 p.m., join us in the Activity Room as we discuss "Tree Health and Awareness" by our one and only tree expert, Ken J.

Ken has worked in the tree industry for many many, years, and is extremely knowledgeable on the subject and everything that goes along with it. He's friends with everyone here at Mulligan Park, and has a true passion for trees, which shows when he speaks about it.

We will see you there!





Monthly Door Decorating Contest

Get those wreaths and flowers out, cause it's time to decorate our doors with beautiful garland, wreaths, flowers, or anything that will hang from your door hanger provided by us.



Each month, we will have a door decorating contest

where you decorate, and we (the staff) judge and award a winner! Each winner will receive a spotlight in the newsletter, along with a certificate they can place outside their apartment to show they are a winning door.

We ask that you ONLY decorate the door, and not the floor. We also ask that you keep decorations to a minimum, and please do not nail or tack items to your door.

Happy decorating and good luck!

April Lifelong Learning Classes

Mulligan Park residents have been learning and enjoying our Lifelong Learning Classes, held each Thursday, at 11 a.m.

Below is the schedule of classes for April. Enjoy!



Thursday, April 1st, at 11 a.m. — “Gut Health 101”

Thursday, April 8th, at 11 a.m. — “Fire Safety”

Thursday, April 15th, at 11 a.m. — “Assassination of Abe Lincoln”

Thursday, April 22nd, at 11 a.m. — “Earth Day”

Thursday, April 29th, at 11 a.m. — “Haiku Poetry”

Can't wait to learn with you!

All That Jazz Night

April 30th is National Jazz Day, and for that reason, we thought it would be a great reason to have our favorite trumpet player (Spurgeon McWilliams) come play for us.

Mocktails and appetizers will be provided, as well as a wide array of jazz music.

This ought to be a great night for fun, so make sure you come on time, and ready to get jazzy!

When: Friday, April 30th, at 4 p.m.

Where: Dining Room

Who: Spurgeon McWilliams

What: Jazz Night



APRIL 2021

Birthdays

Minnie B., 1st
Barbara L., 4th
Dolly B., 13th
Gloria K., 16th
James D., 18th
Carol D., 22nd
Harper F., 23rd
Nelia P., 24th
Dee H., 27th
Jean W., 27th
Jane D., 30th

Locations

Activity Room, AR
Atrium, AT
Billiards Room, BR
Bus, Bus
Chapel, CH
Computer Center, CC
Dining Room, DR
Exercise Room, EX
Fire Pit, FP
Front Lobby, Lobby
Library, LB
Movie Theater, MT
Pool, Pool
Putting Green, PG
TV Room, TV

“Try to leave
the Earth a
better place
than when you
arrived.”

—Sidney
Sheldon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>EASTER 4</div> <div>Wear Pastel Today 10:30 Dominoes, AR 11:00 Find the Golden Egg Hunt, AR 12:15 Easter Bonnet Parade, DR 2:00 Movie Matinee, MT 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center with Mary, AR</div> 	<div>5</div> <div>10:00 Chair Exercise, AR 10:30 All About Rainbows, AR 11:00 Find a Rainbow Challenge, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Rainbow Social, AR</div>	<div>6</div> <div>10:00 Chair Exercise, AR 10:30 Fountain of Youth Facials, AR 11:00 Rosary Prayer Group, CH 2:00 Movie Matinee, MT 2:00 Encompass BP Clinic, AR 2:30 Gutter Sundae Social, AR 4:00 Mulligan Market, AR</div>	<div>7</div> <div>10:00 Fit Beat Drumming, AR 11:00 Laughter Yoga, AR 2:00 Bingo, AR 2:00 Scrabble, BR 2:00 Movie Matinee, MT 3:00 Broadway’s “Aladdin” Virtual Show, MT</div>	<div>1</div> <div>10:00 Chair Exercise, AR 11:00 LLL “Gut Health 101,” AR 2:00 Movie Matinee, MT 2:00 Manager/Resident Mtg., AR 2:30 Mahjong, BR 3:00 Easter Bonnet Hats Craft, AR 4:00 Bible Study, CH 4:00 Maundy Thursday “The Last Supper,” MT 7:00 Bean Bag Baseball, AR</div> 	<div>2</div> <div>GOOD FRIDAY 10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 11:30 30-Second Mysteries, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Splatter Paint Easter Eggs, AR 4:00 Good Friday Service, AR</div>	<div>3</div> <div>2:00 Movie Matinee, MT 3:00 Rummikub, AR 4:00 Giant Jenga, AR</div>
<div>11</div> <div>10:30 Dominoes, AR 2:00 Movie Matinee, MT 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center with Mary, AR</div>	<div>12</div> <div>10:00 Chair Exercise, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Peach Cobbler Baking, AR 4:00 Laughter Yoga, AR</div>	<div>13</div> <div>10:00 Chair Exercise, AR 10:30 Heads or Tails?, AR 11:00 Rosary Prayer Group, CH 11:30 Pergamon Museum Virtual Tour, MT 2:00 Movie Matinee, MT 2:00 Encompass Health Talk, AR 2:30 Left, Right, Center with Jamie, AR 4:00 Mulligan Market, AR</div> 	<div>14</div> <div>10:00 Fit Beat Drumming, AR 2:00 Bingo, AR 2:00 Scrabble, BR 2:00 Movie Matinee, MT 3:00 Smart Phone 101 the Basics, MT</div>	<div>15</div> <div>10:00 Chair Exercise, AR 11:00 LLL: Assassination of Abe, MT 2:00 Movie Matinee, MT 2:00 Activities/Resident Mtg., AR 2:30 Mahjong, BR 3:00 Pasta Tower Construction Craft, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR</div>	<div>16</div> <div>10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 11:30 30-Second Mysteries, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Rummikub with Jamie, AR 4:30 Singalong with Margaret, DR</div> 	<div>17</div> <div>10:30 Doughnut Dash with Len & Rhonda, AR 2:00 Movie Matinee, MT 3:00 Rummikub, AR 4:00 Giant Jenga, AR</div>
<div>18</div> <div>10:30 Dominoes, AR 2:00 Movie Matinee, MT 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center with Mary, AR</div> 	<div>19</div> <div>10:00 Chair Exercise, AR 10:30 Monthly Paint Pour, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Pasta Tower Contest, AR 4:00 Dance by Design Exercise Class, AR</div>	<div>20</div> <div>10:00 Chair Exercise, AR 11:00 Rosary Prayer Group, CH 11:30 The Vatican Virtual Tour, MT 2:00 Movie Matinee, MT 2:00 Encompass BP Clinic, AR 3:00 Jelly Bean Tasting Challenge!, AR 4:00 Mulligan Market, AR</div>	<div>21</div> <div>10:00 Fit Beat Drumming, AR 10:30 Double Meaning Word Game, AR 12:00 Laughter Yoga, AR 2:00 Bingo, AR 2:00 Scrabble, BR 2:00 Movie Matinee, MT 3:00 Spring Fashion Show, DR 4:00 Dance by Design, AR</div>	<div>22</div> <div>EARTH DAY 10:00 Chair Exercise, AR 11:00 LLL Earth Day Education, MT 11:00 LLL “Gut Health 101,” AR 2:00 Movie Matinee, MT 2:00 Chef Showcase, AR 2:30 Mahjong, BR 3:00 Earth Day T-Shirt Aprons, AR 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR</div> 	<div>23</div> <div>10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 11:30 30-Second Mysteries, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Sense of Smell Experiment, AR 4:00 Dance by Design Exercise, AR</div> 	<div>24</div> <div>10:30 Giant Crossword with Friends, AR 2:00 Movie Matinee, MT 3:00 Rummikub, AR 4:00 Giant Jenga, AR</div> 
<div>25</div> <div>10:30 Dominoes, AR 2:00 Movie Matinee, MT 2:00 Church Service with Pastor Rob, AR 4:00 Left, Right, Center with Mary, AR</div>	<div>26</div> <div>10:00 Chair Exercise, AR 10:30 Sun Day Sun Catchers, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Pink Moon Pink Party, AR</div>	<div>27</div> <div>10:00 Chair Exercise, AR 10:30 Rock Painting for Garden, AR 11:00 Rosary Prayer Group, CH 11:30 Virtual Tour: US Air Force, MT 2:00 Movie Matinee, MT 2:00 Dominoes with Jamie, AR 4:00 Mulligan Market, AR</div> 	<div>28</div> <div>10:00 Fit Beat Drumming, AR 2:00 Bingo, AR 2:00 Scrabble, BR 2:00 Movie Matinee, MT 3:15 Dale Earnhardt RC Race, AR 4:30 Singalong with Margaret, DR</div>	<div>29</div> <div>10:00 Chair Exercise, AR 11:00 LLL: Haiku Poetry, AR 2:00 Movie Matinee, MT 2:30 Mahjong, BR 3:00 Smart Phone 101 Basics, MT 4:00 Bible Study, CH 7:00 Bean Bag Baseball, AR</div>	<div>30</div> <div>10:00 Chair Exercise, AR 10:30 Tic Tac Toe Trivia, AR 2:00 Bingo, AR 2:00 Movie Matinee, MT 3:00 Arbor Day with Ken, AR 4:00 All That Jazz Night, DR</div> 	



April Virtual Tours Schedule

Wednesday, April 7th, at 3 p.m. — Broadway's "Aladdin" Virtual Show

Tuesday, April 13th, at 11:30 a.m. — Pergamon Museum, Berlin

Tuesday, April 20th, at 11:30 a.m. — The Vatican, Sistine Chapel, Raphael's Room, and Profane Museum

Tuesday, April 27th, at 11:30 a.m. — National Museum of The United States Air Force

All virtual tours are held in the Movie Theatre.

Gutter Sundae Social

It's that grand time again, where we serve you "Gutter Sundaes" with all the works. With the warm weather coming, and a feeling of spring in the air, we are going to enjoy delicious, cold, and creamy ice cream with chocolate syrup, caramel sauce, sprinkles, and so much more, gutter style. You must see to believe.

Join us in the Activity Room on Tuesday, April 6th, at 2:30 p.m., for a yummy treat!



Cece and her family at our 2019 Gutter Sundae Social

Employee of the Quarter: Antonio McClendon

Congratulations to one of our hardest working employees here at Mulligan Park: Antonio McClendon, established 2019. Antonio sets an example for everyone else with his amazingly positive attitude, hard working mindset, reliable and dependable work ethic, and always says "yes." Antonio sets a standard for the rest of Mulligan Park employees, and we are extremely proud of him, and grateful that he is an employee here at Mulligan Park.

Again, thank you Antonio for your service to our precious residents. It does not go unnoticed.

With Love,
Mulligan Park Staff



Eating the Rainbow Challenge

On Thursday, April 1st, our Lifelong Learning Class will be "Gut Health 101," where we will discuss eating the rainbow and everything that goes along with it. During this lecture, residents will be presented with a challenge, "Eating the Rainbow Challenge," where participants will be handed an April calendar to help keep track of ALL the colorful foods they have eaten to see just how full a variety your diet is. Once the month is complete, you will turn in your calendars to Jamie (Activities Coordinator), and be entered into a drawing to win a beautiful fruit basket. There will be two winners for the prize, but the true prize is knowing that YOU are doing everything you can to eat delicious yet healthy foods, that you will benefit from for the rest of your lives.

Happy Healthy Eating!





Fire Safety Class

On Thursday, April 8th, join us for our Lifelong Learning Class, "Fire Safety." For this class, we will have a guest speaker, Tallahassee Fire Captain, Robert Cleary, who will provide you with information regarding everything "fire." He will be able to answer any questions you may have regarding the potential for a fire and what to do if a fire breaks out in the building.

This class will be held in the Activity Room, MASKS are REQUIRED, as well as social distancing.

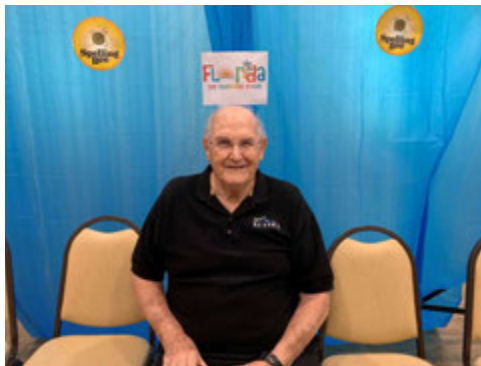


Sunshine State Spelling Bee Winner

Congratulations to our top speller at Mulligan Park, Mr. Bob B.

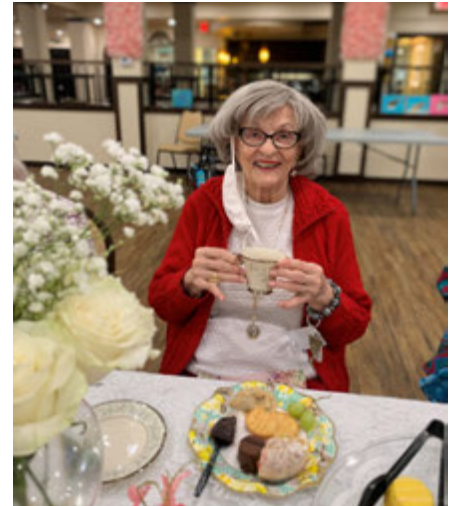
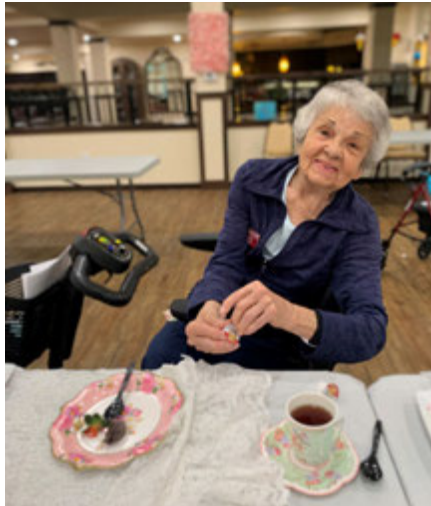
Bob took first place over five contestants at last month's "Florida" themed spelling bee. If you think you can spell better than Bob, make sure you sign up for the next spelling bee!

Great job, Bob!



Mulligan Park Tea Parties Bring Smiles to Our Residents

Last month, we held a South African Tea Party, where we enjoyed delicious and fresh South African Tea. Of course, no tea party is a success without beautiful little desserts and tea cakes, which were absolutely to die for. Be sure to check your calendars for our next Tea Party!



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SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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