

136 36th Avenue SW  
Cedar Rapids, IA

Corridor Crossing  
Place

Phone: 319-362-6868  
Fax: 319-363-7312

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Arnie 04-15  
Paul 04-28



Occupational, Physical  
& Speech Therapy

**April is Occupational Therapy Month!**  
Congratulations to Erica McCarville OTR/L and Lindsay Engle COTA/L. Thank you for your years of service and dedication to those you serve! What is Occupational Therapy? Occupational Therapists are health professionals who work with people who have had illnesses, injuries and disabilities that prevent them from participating in their normal daily activities. Occupational Therapy encompasses assessment and treatment to develop, recover or maintain the daily living and work skills of people with a physical, mental, or cognitive disorder. At Corridor Crossing Place, Occupational Therapy specializes in incontinence intervention. Please reach out to Erica or Lindsay if you have any questions about what Occupational Therapy can do for you

Live2B  
HEALTHY

Music Speaks Therapy  
Alyson Krapfl



Monday, Wednesday  
& Friday at 10 AM



SHAMPOO/SET \$20  
Men's haircut \$20  
HAIR CUT \$20  
Men's mustache \$10  
PERM \$75  
Men's Beard \$10

(make checks to  
Esther Benesh)

Phone: 319-362-6868

Monthly Newsletters & Calendars  
Can be found at:  
[www.corridorcrossingplace.com](http://www.corridorcrossingplace.com)

professionally  
managed by



## April Newsletter



Corridor Crossing Place  
gives a "Warm Welcome"  
to our new residents!!  
Please make sure to say  
hello to:  
Julie, Darlyne & Sherrill

### Virtual Tours we visited:



Iceland



Castles in Europe



Cedar Rapids reached its highest  
population of 134,268 in 2021.  
Spanning over 73 miles.

EXCEPTIONAL CARE.  
EXTRAORDINARY LIVING.



## Dare to Dream

Jerry was the perfect resident for this Dare to Dream. After seeing a haircut in a magazine, Jerry had been talking about wanting to get a haircut at the barber shop and grabbing some lunch at Red Lobster. Josie, Assistant Manager decided to make Jerry's dream come true. We scheduled an appointment at The Men's Room, for a day of pampering. Jerry got the haircut he had been dreaming of, along with a shave and beard trimming. After being pampered, at the barber shop and feeling like a new man. Jerry and Josie went for lunch at Red Lobster (Jerry's favorite restaurant). Jerry ordered his usual steak and lobster with a Sangria to drink. Lots of laughs were had over lunch. Jerry talked about his time in the service and his life before moving to Corridor Crossing Place. Jerry had so much fun! Jerry keeps stopping by to ask Josie if he can have another Dare to Dream soon.

**BEFORE**



**AFTER**



**ENJOYING LUNCH**



## Flower – Daisy

April's flower is the daisy, one of the oldest and best-known English flowers. It retains its Anglo-Saxon name, "day's eye," because of its appearance and the fact that it closes according to the amount of available sunshine. According to legend, the first daisy appeared when a young nymph turned herself into one to avoid unwanted attention. Thus, the flower has come to symbolize modesty, chastity, and innocence. The daisy is also used to tell if "he loves me" or "loves me not" by pulling off the petals one-by-one.

## Birthstone – Diamond

The birthstone for April is the diamond. For centuries, this stone has signified romance, intrigue, power, greed, and magic. In the Middle Ages, it was used to cure headaches and to create love potions. Today, it symbolizes everlasting love. Formed nearly 100 miles beneath Earth's surface in temperatures that exceed 2700°F, the diamond is the world's hardest naturally occurring substance. It is also the purest of all gemstones, composed completely from crystallized carbon. Its name comes from the Greek word adamas, which means "unconquerable."

## PLACE LEADERSHIP TEAM



Hello Family and Friends,

I wanted to take some time and update you on current Visitation Guidelines at Corridor Crossing Place. Guidelines are constantly changing, if this occurs, we will update families immediately.

### Visitors:

Schedule visits in advance:

Please reach out to staff to schedule a time at 319-362-6868

- **Screening:** We will continue to have visitors wear masks, comply with hand hygiene, and socially distance. We will also continue to have you answers some screening questions, take your temperature and oxygen.

### Apartment Visits:

- Have a valid vaccination record or a COVID test taken within the past 24 hours, this includes our in house Binex tests.
- Our screening staff will verbally instructed visitors on how to swab themselves after signing a consent for testing. Results are obtained within 15 minutes on Binex Testing. If visitors are not vaccinated or do not want to test, they can still visit in designated areas with all other criteria met.

*\* If COVID positivity rate increases over 10% or COVID numbers in the community increase, we will return to designated area visitation only.*

As always, please reach out to me with any questions or concerns

Lisa Urbanek, Nurse Manager

nurse@corridorcrossingplace.com Office: 319-362-6868/ Cell: 319-304-5194

Assistant Manager:

Josie Doudney

assistantadmin@corridorcrossing.com

Office:319-362-6868/cell:319-440-4673

Maintenance Coordinator:

Lyle Morrow

maintenance@corridorcrossingplace.com

Office: 319-362-6868

### **This month's Spinach Salad has been the most popular!!**

1 pound of Spinach

4 Diced Tomatoes

6 Boiled eggs sliced

10 strips of cooked bacon

Drizzled olive oil

A few shakes of Garlic powder

A pinch of pepper

With the bacon added to the salad you should not need any salt!

Toss and Enjoy!!

Culinary Coordinator:

Colleen Taylor

culinary@corridorcrossingplace.com

Office:319-362-6868





## CORRIDOR CROSSING

Hello Families & Friends,

We have finally made it to Spring and Easter is right around the corner. We have apartment availability in our community. I would like to remind you of the Friends & Family Referral Program. If you refer a potential resident to the community and they move-in to our community your loved one will

receive \$500 off their rent 30 days after the resident moves into the community. If you have any questions or need information about Corridor Crossing Place, please contact me.

Community Relations Coordinator:

Kara Bensch

welcome@corridorcrossingplace.com

Office:319-362-6868 Cell:319-775-3060

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We are so Happy Spring has arrived!!

Our Residents are looking forward to making crafts for the birds and going on Bus Rides every Monday. We have had a lot of fun dancing and going to Live 2 B Healthy. Super excited that Ron Burgess will be entertaining us this month. We have missed our monthly entertainment. Life is in full swing here at Corridor Crossing Place and we are all looking forward to Fun in the Sun.

Tina Hansen

Life Enrichment Coordinator

lifeenrichment@corridorcrossingplace.com

Office: 319-362-6868

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Happy Spring! We have waited quite some time for this! We all are praying the warmer weather comes back around and is here to stay! We have been extra busy in the Gardens getting the courtyard cleaned up and ready for Spring. Our plan is to have a lot of nice changes coming to the courtyard this year. Our inside plants are growing beautiful indoors and we are very excited to get them planted outdoors when the weather allows us to. In addition to all of this, we are going to start our 'spring cleaning' in The Gardens here in the next couple of weeks. I will be in contact with families if there is anything your loved one may need. Please feel free to reach out to me at any time with questions.

Warm Regards

Megan Franks

Memory Care Coordinator

meganlorella92@gmail.com

Office: 319-362-6868

## EMPLOYEE OF THE MONTH

Hello, my name is Linda, I am from Africa. I am married with four children and I love spending time with my family. On Sundays I teach a Sunday School class and I love to see all the children. I really like working at Corridor Crossing Place, we all work as a Team. Linda we are very happy that you work here, we look forward to having an awesome year.



Linda

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## RESIDENT OF THE MONTH

Fran worked at Western Fraternal Life Association and Rockwell Collins as an IBM key punch specialist. Fran has two boys and five grandchildren. Gardens full of vegetables and flowers were her favorite past time. Westminster Presbyterian was Fran's Church, on Saturday mornings she volunteered at the Crochet Club where they made scarves and they would hang them over the front porch banister and watch them blow in the wind, a local news station came and took pictures of the ten plus women and their scares, this was very exciting for their club. Fran has a huge love for music she started taking Flute lessons in the 3rd grade at Polk school. Fran also played ten years in the Cedar Rapids Municipal band and ten years the Coe Promenade Orchestra. Fran weekly loved going to the local Fresh Markets to purchase their fresh vegetables and goodies. Fran's friendly memory is of her mom and dad asking her to go to the garden and pick the peas, Fran smiled and laughed and said," not too many of the peas made it back to the kitchen".

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Fran

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April is the fourth month of the year in the Gregorian calendar. It was originally the second month of the Roman calendar, before the addition of January and February. No one knows for sure how April got its name. Some say it comes from the Latin aperire, meaning "to open," alluding to the opening of buds in springtime. Others say April was named after Aphrodite, and still others say it was named for the goddess Eostre. Whatever the case, the onset of April means that spring has arrived.



## Activity Corner

**We LOVE  
L2BHealthy**