

Colonial Gardens

Gracious Retirement Living

105 Cherry Hill Drive • Beverly, MA 01915 • Phone (978) 922-1203 • www.seniorlivinginstyle.com

APRIL 2021

COLONIAL GARDENS STAFF

Managers.....SAM & CARRIE MARTIN
Assistant ManagersBOB & RENEE HODGES
Assistant Managers ..BILL MACKEY & ROBIN SMITH
Executive Chef THOMAS WRIGHT
Activity Coordinator CHRISTA LEGER
Maintenance CESAR VIEIRA & CARMELLA MOISE
Transportation JIM GARNHAM & LEONARD CAMPANELLO

OFFICE HOURS

Monday - Sunday: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday - Friday, 9 a.m.-3 p.m.: Appointments

Tuesday & Thursday, 9 a.m.-3 p.m.:
Shopping Shuttle

Wednesday, See sign-up sheet: Activity Outings

Saturday, 8:30 a.m.: Synagogue:
Temple B'Nai Abraham

Sunday, 8:40 a.m.: St. Richard's

Sunday, 9:10 a.m.: 2nd Congregational

Sunday, 9:40 a.m.: St. Mary's

HAWTHORN
SENIOR LIVING

Chef Demo

In February we were finally able to have our first Chef Demo with our wonderful Chef Tom. The demonstration was how to make white chocolate and dark chocolate dipped strawberries with the theme of Valentine's Day in mind. In front of a crowd of ladies chef began to melt each type of chocolate in its own double boiler. To make the chocolate a little more thin and workable he added cream. He then demonstrated how to dip the strawberries on the skewer into the chocolate and roll them to coat them completely. The ladies in attendance then were asked if anyone wanted to try. A few did try and did a great job. But in the end everyone got to sample some chocolate-dipped strawberries.



*Laurie dipping into
white chocolate*



*Rosalie dipping into
dark chocolate*



Chef's audience



Magnet Boards

“When the moon hits your eye like a big pizza pie, that’s amore!”

We made magnet boards out of pizza pie pans. The designs in the center came from place mats that we cut down to size to fit snugly in the center of the pan. Modge Podge was the magic glue that held the place mat on the pan. Hot glue was used to secure the flowers and ribbon around the edge of the pan. Even though some place mats were duplicated, each final product came out different. It was a fun craft and the ladies love it when we use flowers. To tie it all together to be hung, a loop was made with nautical rope hot glued to the back. Now all they need are some magnets to make it a memo board!



Lesley and her board



Petie, Ginger and Rhoda



Dottie, Betty and Joan



Tulip Planters

Let's get ready for spring with some tulips! The craft group spent two craft sessions painting the planters then planting the bulbs. We first started off with a small ceramic planter shaped like a little rain boot. The goal was to paint them however their hearts

wanted, as simple or as detailed as they liked. When the planters were done and dry they got sprayed down twice to be sealed. One seal was the inside so the water would not seep out of the boot and ruin the paint. The second spray was on the outside so it was resistant to weather and water. The second week was when it was time to plant the pre-chilled tulip bulbs. Because they had not been outside in the ground all winter, they needed to be pre-chilled in order to be forced to grow inside. It was a blast, everyone fell in love with their little boots and took them back to their apartments.



Ginger getting dirty



Betty planting



Laurie painting



Mary painting



Finished products — until they grow!

APRIL 2021

Birthdays

Dottie Bates, 1st
Barbara Alsen, 3rd
Claire Powell, 7th
Ann Boyle, 8th
Betty Blake, 9th
Al Beaupre, 11th
Margaret Morrin, 14th
Alice Burke, 15th
Mike Riccio, 20th
Virginia Carter, 21st
Robert Donaher, 24th
Anita Murtaugh, 30th
Maureen Griffin, 30th

Locations

Activity Room Hall,
First Floor, ARH
Activity Room,
First Floor, AR
Atrium, First Floor, ATR
Card Room, Second
Floor, CR
Chapel, Third Floor, CH
Conference Room,
Second Floor, CON
Courtyard Outside
Of AR, CY
Dining Room, First
Floor, DR
Fitness Room,
Second Floor, FR
Library, First Floor, LB
Main Lobby, ML
Movie Theater,
Third Floor, MT
Pool Table Area,
Second Floor, PTA
Residents Kitchen,
First Floor, RK
Salon, Fourth Floor, S
TV Room, Second Floor, TR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>EASTER 4 *Rides to Church! 10:30 Half-Hour Team Trivia with Bob, AR 12:30 Easter Dinner, DR 2:00 Movie Matinee, MT 2:00 Line Dance with Robin, AR 3:00 Bingo with Bill, AR 3:30 Bingo with Bill, AR</div>	<div>9:30 Morning Exercise with Christa, AR 5 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Bingo for Colonial Currency, AR 3:00 Rosary, CH 3:30 Bingo for Colonial Currency, AR</div>	<div>9:30 Morning Exercise DVD, AR 6 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Bible Study, CON 6:45 Night Bingo, AR 7:15 Night Bingo, AR</div>	<div>9:30 Morning Exercise with Christa, AR 7 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Colonial Currency, AR 4:00 Bingo for Colonial Currency, AR </div>	<div>9:30 Morning Exercise DVD, AR 1 10:30 Arete: Arthritis and Breaking the Pain Cycle, AR 11:00 Garden Club Meeting, CON 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:30 Horse Racing, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR </div>	<div>GOOD FRIDAY 2 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Resident Store & Buy Stamps, CR 2:30 Bingo for Colonial Currency, AR 3:30 Bingo for Colonial Currency, AR</div>	<div>Rides to Synagogue 3 Find a Rainbow Day 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half Hour of Bingo for Colonial Currency, AR </div>
<div>*Rides to Church! 11 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance with Robin, AR 3:00 Bingo with Bill, AR 3:30 Bingo with Bill, AR </div>	<div>9:30 Morning Exercise with Christa, AR 12 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Bingo for Colonial Currency, AR 3:00 Rosary, CH 3:30 Bingo for Colonial Currency, AR</div>	<div>Peach Cobbler Day 13 9:30 Morning Exercise DVD, AR 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Bible Study, CON 6:45 Night Bingo, AR 7:15 Night Bingo, AR</div>	<div>9:30 Morning Exercise with Christa, AR 14 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Colonial Currency, AR 4:00 Bingo for Colonial Currency, AR </div>	<div>9:30 Morning Exercise DVD, AR 15 11:30 Chef Chat, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:30 Horse Racing, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR </div>	<div>9:30 Morning Exercise with Christa, AR 16 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Resident Store & Buy Stamps, CR 2:30 Bingo for Colonial Currency, AR 3:30 Bingo for Colonial Currency, AR</div>	<div>Rides to Synagogue 17 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half Hour of Bingo for Colonial Currency, AR</div>
<div>*Rides to Church! 18 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance with Robin, AR 3:00 Bingo with Bill, AR 3:30 Bingo with Bill, AR</div>	<div>9:30 Morning Exercise with Christa, AR 19 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Bingo for Colonial Currency, AR 3:00 Rosary, CH 3:30 Bingo for Colonial Currency, AR</div>	<div>9:30 Morning Exercise DVD, AR 20 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Bible Study, CON 6:45 Night Bingo, AR 7:15 Night Bingo, AR </div>	<div>9:30 Morning Exercise with Christa, AR 21 11:00 Long Word Game, AR 1:30 Arete Open House 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Colonial Currency, AR 4:00 Bingo for Colonial Currency, AR </div>	<div>EARTH DAY 22 9:30 Morning Exercise DVD, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:30 Horse Racing, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR</div>	<div>9:30 Morning Exercise with Christa, AR 23 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Resident Store & Buy Stamps, CR 2:30 Bingo for Colonial Currency, AR 3:30 Bingo for Colonial Currency, AR</div>	<div>Rides to Synagogue 24 10:00 Meditation Coloring, AR 2:00 Movie Matinee, MT 2:00 Let's Move with Renee, AR 2:30 Half Hour of Bingo for Colonial Currency, AR </div>
<div>*Rides to Church! 25 10:30 Half-Hour Team Trivia with Bob, AR 2:00 Movie Matinee, MT 2:00 Line Dance with Robin, AR 3:00 Bingo with Bill, AR 3:30 Bingo with Bill, AR</div>	<div>9:30 Morning Exercise with Christa, AR 26 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Bingo for Colonial Currency, AR 3:00 Rosary, CH 3:30 Bingo for Colonial Currency, AR</div>	<div>9:30 Morning Exercise DVD, AR 27 11:00 Team Trivia, AR 2:00 Yoga with Carrie, AR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Bible Study, CON 6:45 Night Bingo, AR 7:15 Night Bingo, AR</div>	<div>9:30 Morning Exercise with Christa, AR 28 11:00 Long Word Game, AR 2:00 Movie Matinee, MT 2:30 Beanbag Baseball, AR 3:30 Bingo for Colonial Currency, AR 4:00 Bingo for Colonial Currency, AR</div>	<div>9:30 Morning Exercise DVD, AR 29 11:00 Veterans Social, AR 2:00 Tai Chi with Sam, AR 2:00 Movie Matinee, MT 2:30 Horse Racing, AR 3:00 Rosary, CH 3:30 Knit & Chat, AR</div>	<div>9:30 Morning Exercise with Christa, AR 30 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Resident Store & Buy Stamps, CR 2:30 Bingo for Colonial Currency, AR 3:30 Bingo for Colonial Currency, AR </div>	



Wardrobe Color Calendar

This month is all about the rainbow, whether it be eating it, wearing it, or finding one. Join in the fun the week of April 12th-18th by wearing a different color each day.

Monday, April 12th, wear red! The color red symbolizes warmth, comfort, excitement, love and energy.

Tuesday, April 13th, wear orange! The color orange symbolizes happiness, energy and enthusiasm.

Wednesday, April 14th, wear yellow! Yellow symbolizes cheeriness, optimism and silliness.

Thursday, April 15th, wear green! Green symbolizes growth, tranquility and harmony.

Friday, April 16th, wear blue! The color blue symbolizes serenity, focus and calmness.

Saturday, April 17th, wear purple! The color purple symbolizes sophistication, wisdom and a little bit of mystery.

Sunday, April 18th, wear pink! Pink symbolizes calmness, gentleness and joy.

Let's have some colorful fun!



Chef Chat

Come to the monthly Chef Chats to learn something new about food, try something yummy and make suggestions. In February we learned about anti-inflammatory super foods and what makes them



Chef sits down with the residents.



Fresh berry bowls

work in the body with the aid of an educational video. While the video played the residents in attendance got to chow down on a fresh berry bowl, filled with fresh strawberries, raspberries, blackberries and blueberries. The video gave many examples of foods, dishes to try and facts. Like, did you know avocados have more potassium than a banana? Chef suggested trying avocado toast and some residents enjoyed that idea. If you have any suggestions for the chef come to the monthly Chef Chat or write him a note with your idea. Come prepared to learn something new and try something yummy at this month's Chef Chat, marked in the newsletter calendar.



Love Is ...

Richard and Pat, married 60 years ago going strong.



Richard and Pat

Joe P. and his wife, remembering the good times together.



Joe P. and his wife

Linda and Jack, finding your soulmate.



Linda and Jack

Coming Soon

Thursday, April 1st, Arete — Arthritis and Breaking the Pain

Cycle: Join Arete at 10:30 a.m. in the Activity Room as they provide education on arthritis and how to end the pain cycle that comes with it.

Saturday, April 3rd, Find a Rainbow Day: Enjoy the rainbow sherbet at supper today for dessert.

Wardrobe Color Calendar Week, April 12th-18th: Show off your bright side! Read the article on Wardrobe Color Calendar to see how to participate!

Tuesday, April 13th, Peach Cobbler Day: Enjoy some yummy peach cobbler made by the culinary team at supper's dessert.

Wednesday, April 21st, Arete Open House: Visit Arete in their new space in apartment 301 from 1:30 to 4 p.m. Ask them questions, get to know them and what they do.

Thursday, April 22nd, Earth Day: Enjoy a "Cup of Dirt" from the culinary team at dessert after supper. Not a real cup of dirt, but a treat made with pudding, Oreo cookies and gummy worms! Yum!

Friday, April 30th, Arbor Day: Learn how to identify trees with the use of a dichotomous key with Christa at 10 a.m. in the Activity Room.



Peach cobbler

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Beverly, MA 01915



SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.

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