

April 2021

Hearth @ Southbury

655 Main Street South, Southbury, CT. 06488 | 203-267-7100 | Stasia Iwanski, ED



Celebrating April

- 1st- April Fool's Day
- 2nd- Good Friday
- 2nd- Decoupage Eggs
- 2nd- Scenic Ride w/ Sally
- 3rd- Matzah Brittle
- 4th- Easter Sunday
- 4th- Easter Matinee: Ben- Hur
- 6th- Caramel Day
- 6th- Caramel Popcorn
- 7th- National Walking Day
- 7th- Scenic Ride with Sally
- 8th- Drumming Exercises
- 9th- Scenic Ride w/ Sally
- 9th- Independent Knitting Group
- 10th- Italian Lemon Cookies
- 11th- Movie: Singin' in the Rain
- 12th- Licorice Day
- 12th- Armchair Travel to the Philippines
- 13th- Thomas Jefferson Day
- 14th- Abraham Lincoln Day
- 14th- Scenic Ride w/ Sally
- 15th- History of the Titanic
- 16th- Ellis Island History
- 16th- Scenic Ride w/ Sally
- 17th- Cream Cheese Cookies
- 18th- Movie: Secretariat
- 19th- Manicures
- 20th- Spring Flower Tile Craft
- 21st- Scenic Ride w/ Sally
- 22nd- Jelly Bean Day
- 22nd- Lunch Bunch Day
- 23rd- Barbra Streisand
- 23rd- Scenic Ride w/ Sally
- 24th- Apple Pie Bombs
- 25th- Movie: Residents Choice
- 26th- Pretzel Day
- 26th- 30 Minute Pretzels
- 27th- Outdoor Walking Club
- 28th- Spring Tissue Flowers
- 30th- KerPlunk Game
- 30th- Scenic Ride w/ Sally
- 31st- Almond Joy Cookies

*From All of us at
The Hearth at Southbury....*



Resident Spotlight: Marie Gaffney



Miss Marie, as she is affectionately called by staff is this month's Resident Spotlight Star! Marie has been a familiar face here at the Hearth for a while now. When you come into the Hearth you will most assuredly see Marie. A happy face and a friendly smile to greet you as you 1st step through those doors. We call her the "One Man Welcome Wagon" as she is always the favorite to buddy new residents up with in order to help them get acclimated to the new surroundings.

Born and raised in New York, Marie moved to Ct. to live with her beloved Harry in Heritage Village before moving to the Hearth. Always the fashionista, Marie prides herself on her appearance, and she is the one to go to for fashion advice.

Another admiring quality about Marie, is that she has a heart of Gold that is the size of New York City! Always a kind word, always a kind gesture. Recently, she offered to give wigs to our Live More Director as she had lost her hair due to receiving chemo for breast cancer.

So, when you come to the Hearth at Southbury, keep an eye out for Marie, for you are sure to have great conversation, and many laughs. It's definitely never a dull moment with Marie around!



Charlie C.- 25th

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Fern B.- 26th

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Gloria K.- 27th

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Raymond D.- 27th



Snack Cake Super Stardom



James Dewar started working at Illinois' Continental Baking Company in the 1920s as a delivery boy, hawking pastries from a horse-drawn cart. By 1930, he had risen to plant manager, and on April 6 of that year, he created the most famous snack cake the world has ever known, the Twinkie. Before the cakes were called Twinkies, they were Little Shortcake Fingers, pre-packaged strawberry-filled shortcakes that were available only during the short strawberry-harvest season. The idle factory equipment drove Dewar to invent a new, still nameless, yellow sponge cake filled with banana crème. While on his way to a marketing meeting, Dewar passed a billboard advertising Twinkle Toe Shoes. He had found the Twinkies name, and the rest is snack cake history.

The Catch us Doing Good Program!

At The Hearth, we are confident that we have some of the best, most compassionate, caring team members in our community. That's why we want to thank them with a night off from cooking!

As you may have heard, we recently launched a program, called Catch Us Doing Good. The idea of the program is simple: recognize team members who go above and beyond the make the Hearth a great place to live. Here's how the program works:

1. There are clearly labeled submission cards and a corresponding drop box in the lobby.
2. If you see a team member doing something incredibly kind for you, another resident, or a fellow team member, you can nominate them to win a complimentary meal for 4! Simply fill out a submission card and drop it in the box.

Each week a submission card will be pulled from the box as part of a community wide drawing, and the winner will receive the choice of taking home a hot meal for 4, from the kitchen, home to their family.

Thank you in advance for acknowledging our team members, and thank you for choosing the Hearth!



Transportation Schedule:

Mondays:

9am-12pm- Local Errands/Drs. Appts.
1pm-3:30pm- **Keepsake Outing**

Tuesdays:

9am- 12pm- **Waterbury Appointments Only**
1:30pm-3:30pm- Local Errands Only

Wednesdays:

9am-12pm- Local Drs. Appts. ONLY
1pm-3:30pm- **AL Outing**

Thursdays:

9am-1pm- Local Errands & Drs. Appts. ONLY
1pm-3:30pm- **Keepsake Outing**

Fridays:

9am-12pm- **Danbury Drs. & Hospital appts. ONLY**
2pm- **AL Outing**

Please submit all transportation requests directly to the **Nursing Department within 24-48 hours of scheduled appointment. Thank you!**



Your Management Team

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