Gardenside Gazette

The Hearth at Gardenside 173 Alps Road, Branford, CT 06405
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Welcome Our New Residents!

Rosina DeJager
William Jacques
Catherine Loricco
Lottie Panagrosso
Joseph Pellicone
Elli Souvlis

APRIL 2021

Cindy the Hair Stylist will not be in on March 30, April 6, April 13, April 20 and April 27.

Sandy the Hair Stylist will cover for Cindy on the above dates from 1:30pm-4:00pm. Sandy will also come in on the following Wednesdays: March 31, April 7, April 14, April 21 and April 28 from 9:00am-1:00pm.

Please sign up for an appointment at the Front Desk.

Welcome Our New Executive Director!

We are very excited to be formally introducing to you the newest member of our team, our Executive Director, Josh Karim!

Josh has joined us from another Senior Living operation, with 6 years of experience behind him. Josh has primarily focused his career thus far in Operations with a concentration in Dementia. He has also opened communities from the ground up. He is very excited to be joining The Hearth and this seasoned team at Gardenside. Josh has his Bachelors in Health Administration and is nearly complete with his Masters in Health Administration.

Some fun facts about Josh, when he isn't at work - he loves to play guitar (and sing), he collects watches and enjoys spending time with his family, sister and brother!

Looking forward to everyone getting to know him!

Resident Birthdays

Maureen Wolyniec	4/12
Keith Hay	4/15
Susie Fitzgerald	4/17
Rita Tanski	4/21

Employee Birthdays

Andre Bridgett	4/09
Robin Sellati	4/15
Linda Kunecki	4/17
Joshua Karim	4/27

Best Wishes!
Enjoy your day!!

Resident of the Month
MARGARET "BETTY" LAMOND

Betty keeps very active in Keepsake Village. She is a strong and fit woman who loves to participate in the daily exercise programs. Betty also loves to dance and she sure has great dance moves! Betty's occupation was being a Registered Nurse. She still is very compassionate toward others and is always willing to lend a hand. Betty adds so much life and positive energy to any room, especially with her great sense of humor! Betty's favorite pastime is reading books.

Congratulations Betty!

Employee of the Month
ROBERT HOHMAN

Bob is the Chauffeur for the Gardenside residents. He takes residents to and from their appointments, and takes interested residents on weekly scenic rides. Bob assists all residents on and off the van to ensure their safety. Everyone is always buckled up before he starts on his way! Bob has a lot of energy and he enjoys keeping busy. When Bob is not driving the van, he helps the Maintenance department do various jobs - spraying the Viking Pure Disinfectant throughout the building, carpet cleaning and outdoor work to name a few. Bob is very accommodating, and goes above and beyond!

Congratulations Bob!

THE KEEPSAKE VILLAGE RESIDENTS HAVING FUN EXERCISING WITH HOOPS WITH MARA AND SHIRLEY!

KEEPSAKE VILLAGE ARTWORK!

KEEPSAKE VILLAGE

(Robin Sellati, Live More Manager)

William Shakespeare once said "April hath put a spirit of youth in everything". As the weather gets warmer we begin to feel the "zip in our step", the joy of sun on our faces and the excitement of seeing the trees and flowers begin to bud. This brings about warm memories of our younger days. Thus, we are inspired to dance to our favorite songs, to draw and paint, to pamper ourselves with a "Spa Day" and to enjoy the numerous scenic drives along the Branford Coast. Thank you April for we remain "young at heart".

SPA DAY IN KEEPSAKE VILLAGE!

catch us doing good!

Did a Hearth team member do something kind for you recently? Or did you witness a team member going above and beyond for someone else?

Show them how much you appreciate their kindness with a "Catch us doing good" card! Stop by the front desk to fill out a card and enter them into a drawing for a complimentary meal for 4, courtesy of The Hearth!

Spring Word Scramble

Unscramble the following words about Spring.

Welcome Spring!

plair _____ rtemhso yda _____

orwlesf _____ blmelaur _____

esidasi _____ gpsnir _____

ipral ewrhoss _____ yam _____

grneol ydsa _____ frtetibusel _____

ntilmge wnos _____ plameyo _____

prisdanro _____ fidfalsdo _____

nanliptg edess _____ rgeginnad _____

teik glnify _____ slupit _____

onbri _____ cramh _____

erwne _____ issnuneh _____

olmob _____ yma sewlofr _____

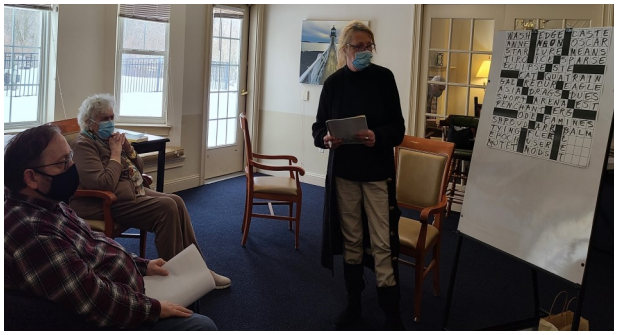
Administrative Staff

Executive Director: Joshua Karim	jkarim@thehearthllc.net
Wellness Director: Mary Koziel	mkoziel@thehearthllc.net
Assistant Wellness Director: Christa Zawadski	czawadski@thehearthllc.net
Business Office Manager: Cristina Carvalho	bom.gardenside@thehearthllc.net
Senior Life Director: Karen DeSantis	kdesantis@thehearthllc.net
Food and Beverage Director: Alberto Del Mastro	adelmastro@thehearthllc.net
Environmental Services Director: David Ieronimo	dieronimo@thehearthllc.net
Live More Director: Linda Capaubo	ad.gardenside@thehearthllc.net
Live More Manager: Robin Sellati	ksvad.gardenside@thehearthllc.net
Wellness Coach: Christy Sagnella	wa.gardenside@thehearthllc.net
Wellness Administrative Assistant: Winnie Aryee	waa.gardenside@thehearthllc.net

Finding the Small Words in the Big Word on the Patio on a Beautiful Day!

Wii Wheel of Fortune!

Joan Loves Being Outdoors!



Solving a Challenging Crossword Puzzle!

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