

Happy Spring!

As you all should know by now, we are able to accept visitors INSIDE our community again. The residents have been enjoying seeing and hugging their loved ones after so long. We are excited that we are also able to start to have entertainers visit us in The Atrium again. Unfortunately, at this time we aren't able to have outside visitors in the common areas so the entertainers will be strictly for the residents. I'm sure rules will continue to evolve so just stay tuned...

Couple of housekeeping items: **Mail-** we have a fair amount stacking up. If you are going to be visiting your loved one, please check in with Ana/Tracy/Katherine to see if there is any mail you can take with you. It's that time of year where we are seeing tax documents come in. **Mailing address-**for those of you that are new to the unit, please DO NOT update the mailing address to the physical address of 411 SE 177th Ave- this is a bulk mailing address (the postal office doesn't have each individual unit listed at that mailing address) and once you switch your mail to that address it cannot be updated to another address. Instead, you can leave the mailing address as is and we will route it to The Atrium internally, OR you can update the mailing address to 415 SE 177th Ave, Vancouver WA 98683 and include "Memory Care Unit #" on it.

Exiting the unit- we are a secure unit which means that all of our doors are alarmed. Please do not just push through a door and set off the alarms as you exit. You can push the call light in the resident's room and when staff responds have them escort you out of the building, grab a staff member from the common area as you exit, or push the green call button by the double doors and wait for assistance to exit. Your cooperation is greatly appreciated as we rely heavily on those door alarms to keep our residents safely inside the unit.

Bringing outside items in- please remember that our residents cannot have medications, treatments, even OTC items given to them- anything like this should go through Ana/Tracy/Katherine first. We also would ask that any flowers you bring in be non-toxic and avoid sharp objects like knives, razors, scissors, etc. We have additional safety concerns in a memory care unit and there are specific regulations we must follow.


Facetime/ZOOM- as we are able to allow outside visitors in the building, our focus is shifting from facilitating technology assisted visits to the in-person oversight of letting screening visitors and letting them in and out, coordinating entertainers, etc. For those of you that are local I would ask that you visit in person instead of requesting FaceTime calls and the like.

As always, please know that we have appreciated your support and encouragement over the last year. Please don't hesitate to reach out with any questions or concerns. Be well-

Tracy Dangerfield, RN



April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Lets Stretch April Fools Chat Comedy Circle 2:30pm Happy Hour Out & About	2 Sit & Be Fit Sing Along Time 2:30pm Snack Manicures Egg Decorating	3 Music Therapy with Hannah Exercises Balloon Volleyball Movie and Popcorn
4 Happy Easter! Sit & Be Fit Singing with Nehemiah Crazy Crosswords 2:30pm Snack Helpful Hands	5 Gentle Aerobic Exercise Group Reading 2:30pm Snack Lets Sing Old Westerns	6 Lets Stretch Creative Minds Read& Relax 2:30pm Snack 3:00pm Music with Sally	7 Chair Exercises Hymns with Friends Guess Who 2:30pm Snack White Board Games	8 WHOGA Armchair Travel Busy Hands 2:30pm Happy Hour Old Time T.V.	9 Lets Stretch Name that Tune Balloon Volleyball 2:30pm Snack Reminiscing	10 Chair Exercises Music Therapy with Hannah White Board Games Movie and Popcorn
11 Stretching and Moving BINGO Helpful Hands 2:30pm Snack Fun with Words	12 WHOGA Keep a Song in your Heart Out & About 2:30pm Snack The Beauty of Nature	13 Chair Exercises Unique Reads Walking and Rolling 2:30pm Snack 3:00pm Music with Sally	14 Lets Stretch Hymns with Friends Read & Relax 2:30pm Snack Whatchamacallit	15 Sit & Be Fit Culinary Creations Reminiscing 2:30pm Happy Hour 3:00pm Ron Ruiz	16 Chair Exercises Documentary Hour Color and Chat 2:30pm Snack Mind Games	17 Lets Stretch Music Therapy with Hannah Trivia Movie and Popcorn
18 Sit & Be Fit Singing with Nehemiah Crazy Crosswords 2:30pm Snack Helpful Hands	19 Gentle Aerobic Exercise BINGO Old Time T.V. 2:30pm Snack Lets Sing	20 Lets Stretch Then and Now Manicures 2:30pm Snack 3:00pm Music with Sally	21 WHOGA Armchair Travel Busy Hands 2:30pm Happy Hour Old Time T.V.	22 Chair Exercises Creative Minds 2:30pm Happy Hour Balloon Volleyball Documentary Hour	23 WHOGA Finish the Lyric Reminiscing 2:30pm Snack Current Events	24 Music Therapy with Hannah Exercise Balloon Volleyball Movie and Popcorn
25 WHOGA Keep a Song in your Heart Out & About 2:30pm Snack The Beauty of Nature	26 Stretching and Moving Crazy Crosswords Gardening 2:30pm Snack Group Reading	27 Happy Birthday Stan! White Board Games Lets Stretch Culinary Creations 2:30pm Snack 3:00pm Music with Sally	28 WHOGA Coffee Klatch Classic T.V. 2:30pm Snack Gardening	29 Chair Exercises Poetry Circle Balloon Volleyball 2:30pm Snack 3:00pm Ron Ruiz	30 Lets Stretch Sing Along Time 2:30pm Snack Unique Reads Arts & Crafts	