

## When is the Right Time for Senior Living?

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Senior living looks different for everyone because we all have different needs. You might not need round-the-clock care, but maybe you could use some assistance with daily tasks like getting dressed and managing medications. Perhaps you are just looking to live in a place where someone else handles the chores so you have more time to pursue hobbies.

No matter where you are on life's journey, you may be wondering if the time is right to start exploring your senior living options. But how do you know if it's time to take the leap? We can help.

There are two reactions that people often have when they think about moving to a senior living community. Some are eager to pack their bags and leave their overwhelming chores and responsibilities behind. Others may feel intimidated or nervous at the idea of moving to a new home.

No matter which reaction you have, the decision to move to a senior living community is a big one—and it's okay if you aren't totally on board yet. The good news is that you've come to the right place. Because we have decades of experience serving seniors all over the West Coast, we have developed a few ways to help you decide if the time is right to consider your options for senior living.