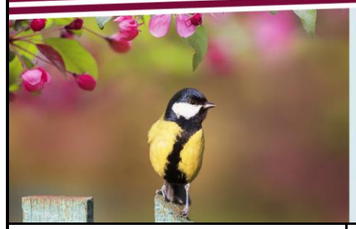

April 2021
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Meet & Greet 9:30 P– Reading Book Club A– Balloon Volleyball R– Hand Massages **10:00 Catholic Visit** 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater All Fools' Day	**2** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Baking Friday R– Familiar Tunes 1:30 Snack Break **2:30 Musical Entertainment, LDR** 5:00 Evening Movie Theater Good Friday	**3** 9:00 P– Artist Group A– Art Exploration R– Art Show 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater
4 9:00 Morning Stretch 9:30 P– I Feel Pretty A– Sunday Sing Along R– Familiar Melodies 1:30 Snack Break 2:00 Nail Spa 5:00 Evening Movie Theater Easter Sunday	**5** 9:00 Morning Exercise 9:30 P– Sing Along A– Word Fun R– Magazines 1:30 Snack Break 2:00 P– Memories & Reminiscing A– Card Games R– Golden Age Music 5:00 Evening Movie Theater	**6** 9:00 Morning Exercise 9:30 P– Sing Along A– Reminisce R– Familiar Melodies 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 P– Humor A– Bean Bag Toss R– Aromatherapy 5:00 Evening Movie Theater	**7** 9:00 Meet & Greet 9:30 P– Aromatherapy A– Kitchen Table Talk R– Music Connection 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater	**8** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Balloon Volleyball R– Hand Massages **10:00 Catholic Visit** 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater	**9** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Baking Friday R– Familiar Tunes 1:30 Snack Break **2:30 Musical Entertainment, LDR** 5:00 Evening Movie Theater	**10** 9:00 P– Artist Group A– Art Exploration R– Art Show 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater
11 9:00 Morning Stretch 9:30 P– I Feel Pretty A– Sunday Sing Along R– Familiar Melodies 1:30 Snack Break 2:00 Nail Spa 5:00 Evening Movie Theater	**12** 9:00 Morning Exercise 9:30 P– Sing Along A– Word Fun R– Magazines 1:30 Snack Break 2:00 P– Memories & Reminiscing A– Card Games R– Golden Age Music 5:00 Evening Movie Theater Ramadan Begins	**13** 9:00 Morning Exercise 9:30 P– Sing Along A– Reminisce R– Familiar Melodies 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 P– Humor A– Bean Bag Toss R– Aromatherapy 5:00 Evening Movie Theater	**14** 9:00 Meet & Greet 9:30 P– Aromatherapy A– Kitchen Table Talk R– Music Connection 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater	**15** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Balloon Volleyball R– Hand Massages **10:00 Catholic Visit** 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater	**16** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Baking Friday R– Familiar Tunes 1:30 Snack Break **2:30 Musical Entertainment, LDR** 5:00 Evening Movie Theater	**17** 9:00 P– Artist Group A– Art Exploration R– Art Show 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater
18 9:00 Morning Stretch 9:30 P– I Feel Pretty A– Sunday Sing Along R– Familiar Melodies 1:30 Snack Break 2:00 Nail Spa 5:00 Evening Movie Theater	**19** 9:00 Morning Exercise 9:30 P– Sing Along A– Word Fun R– Magazines 1:30 Snack Break 2:00 P– Memories & Reminiscing A– Card Games R– Golden Age Music 5:00 Evening Movie Theater	**20** 9:00 Morning Exercise 9:30 P– Sing Along A– Reminisce R– Familiar Melodies 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 P– Humor A– Bean Bag Toss R– Aromatherapy 5:00 Evening Movie Theater	**21** 9:00 Meet & Greet 9:30 P– Aromatherapy A– Kitchen Table Talk R– Music Connection 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater	**22** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Balloon Volleyball R– Hand Massages **10:00 Catholic Visit** 1:00 Northwest Geriatrics 1:00 Foot Care with Dr. Gorey 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater Earth Day	**23** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Baking Friday R– Familiar Tunes 1:30 Snack Break **2:30 Musical Entertainment, LDR** 5:00 Evening Movie Theater	**24** 9:00 P– Artist Group A– Art Exploration R– Art Show 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater
25 9:00 Morning Stretch 9:30 P– I Feel Pretty A– Sunday Sing Along R– Familiar Melodies 1:30 Snack Break 2:00 Nail Spa 5:00 Evening Movie Theater	**26** 9:00 Morning Exercise 9:30 P– Sing Along A– Word Fun R– Magazines 1:30 Snack Break 2:00 P– Memories & Reminiscing A– Card Games R– Golden Age Music 5:00 Evening Movie Theater	**27** 9:00 Morning Exercise 9:30 P– Sing Along A– Reminisce R– Familiar Melodies 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 P– Humor A– Bean Bag Toss R– Aromatherapy 5:00 Evening Movie Theater	**28** 9:00 Meet & Greet 9:30 P– Aromatherapy A– Kitchen Table Talk R– Music Connection 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater	**29** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Balloon Volleyball R– Hand Massages **10:00 Catholic Visit** 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Viewers Choice 5:00 Evening Movie Theater	**30** 9:00 Meet & Greet 9:30 P– Reading Book Club A– Baking Friday R– Familiar Tunes 1:30 Snack Break **2:30 Musical Entertainment, LDR** 5:00 Evening Movie Theater Arbor Day	**All Activities are subject to change as allowed by the State and Health Department Guidelines**

April 2021

The Monthly Gazette

"The roofs are shining from the rain. The sparrows tritter as they fly, and with a windy April grace the little clouds go by."

– Sara Teasdale

Animal of the Month – Cat

The domestic cat, often referred to as a house cat, is part of the feline family, Felidae. Cats share over 95% of their DNA with tigers. They first became pets in ancient Egypt around 7500 BC and in Cyprus around 9500 BC.

Today, the world is home to over 500 million domestic cats. These carnivorous mammals sleep an average of 12 to 16 hours a day, can run up to 30 miles per hour, and live on a diet of small critters, such as birds, rats, and mice—unless they are eating a bowl of cat food. Cats walk by moving the two legs on each side at once.

The only other animals to walk this way are giraffes and camels.

Cats are known for being feisty, independent, and landing on their feet—hence the belief that they have nine lives, which explains why they symbolize rebirth. Black cats are thought to be magical and/or bad luck, while legend has it that white cats bring good fortune.

Special Days

April Fools' Day
April 1

Good Friday
April 2

Easter
April 4

Last Day of Passover
April 4

Tax Day
April 15

Earth Day
April 22

Arbor Day
April 30

Flower – Daisy

April's flower is the daisy, one of the oldest and best-known English flowers. It retains its Anglo-Saxon name, "day's eye," because of its appearance and the fact that it closes according to the amount of available sunshine. According to legend, the first daisy appeared when a young nymph turned herself into one to avoid unwanted attention. Thus, the flower has come to symbolize modesty, chastity, and innocence. The daisy is also used to tell if "he loves me" or "loves me not" by pulling off the petals one-by-one.

Birthstone – Diamond

The birthstone for April is the diamond. For centuries, this stone has signified romance, intrigue, power, greed, and magic. In the Middle Ages, it was used to cure headaches and to create love potions. Today, it symbolizes everlasting love. Formed nearly 100 miles beneath Earth's surface in temperatures that exceed 2700°F, the diamond is the world's hardest naturally occurring substance. It is also the purest of all gemstones, composed completely from crystallized carbon. Its name comes from the Greek word *adamas*, which means "unconquerable."

PATRIOTS Glen
ASSISTED LIVING & MEMORY CARE

Memory Care

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Happy Birthday:

Lynn B. 4/6

Follow Patriots Glen on Face Book

Special Activities

Cooking Demo and Fresh Baked Goods ~ April 2nd @ 9:30 am

Easter ~ April 4th

Cooking Demo and Fresh Baked Goods ~ April 9th @ 9:30 am

Cooking Demo and Fresh Baked Goods ~ April 16th @ 9:30 am

Cooking Demo and Fresh Baked Goods ~ April 23rd @ 9:30 am

Cooking Demo and Fresh Baked Goods ~ April 30th @ 9:30 am