

KB Cooking Class
April 28, 2021
in the Activity Center
2:00P.M.

KB Scenic Drive
April 9, 2021
Seats are limited
Departure 1:00P.M.
Sign up with Christine

Sunday Worship will
be held outside in the
main courtyard on
Sunday April 4, 2021
in Memory Support
&
Sunday April 18, 2021
in Assisted Living
Feel free to join in
both performances
Thank you!

Sacred Saturday
is
April 3, 2021
with
North Pointe Church
10:30A.M.-11:30A.M.
KB Family Wave & Stay
Parade
is
April 7, 2021
3:00P.M.-4:00P.M.

Kingston Bay Farmers Market
April 22, 2021

10am-12pm & 1pm-3pm
Outside in the Parking lot

Food, Crafts, Artesian Soaps, Desserts, Jewelry,
Clothes, Hair & Skin Care, Food truck & Food tables.
Supported by our local farmers at Saetern Farms
Thank you

Activity Center is open
daily

Hydration & Snacks
provided

6 Principals of Well-Being:

- *Artistic Expression
- *Physical Engagement
- *Spiritual Support
- *Community Connection
- *Continuing Education
- *Lifestyle & Leisure

Monthly/Weekly/Daily
Chair Exercise, Meditation,
Art Class, Happy Hour,
BINGO, Movie, Music,
Scenic Drives &
Enaaement




Let's all give a warm welcome to our newest team
member, Please meet DHW/LVN Lisa
Flowers Welcome to KB Lisa

April 2021

In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support			Healthy Snacks & Hydration offered throughout each day!		
				9:00 SS Morning Devotions/ Hydration Station 1 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Happy Hour 3:00 Music Trivia & Convo 4:00 AE Music Therapy & Dinner	9:00 SS Morning Devotions/ Hydration Station 2 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 1:30 Movie Theater 4:00 AE Music Therapy & Dinner	9:00 SS Morning Devotions/ Hydration Station 3 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 4:00 AE Music Therapy & Dinner
Easter 4 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Activity Table Work Station 2:00 Easter Egg Hunt 3:00 Sunday Worship Performer 4:00 AE Music Therapy & Dinner	5 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 4:00 AE Music Therapy & Dinner	National Hostess Twinkie Day 6 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Craft Class 4:00 AE Music Therapy & Dinner	7 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 3:00 Family Parade Wave & Stay 4:00 AE Music Therapy & Dinner	8 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Happy Hour 3:00 Music Trivia & Convo 4:00 AE Music Therapy & Dinner	9 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 1:30 Movie Theater 4:00 AE Music Therapy & Dinner	National Siblings Day 10 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 4:00 AE Music Therapy & Dinner
11 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Courtyard Sun Day 2:00 Crafty Art Packets 3:30 Table Games 4:00 AE Music Therapy & Dinner	12 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 4:00 AE Music Therapy & Dinner	National Pecan Day 13 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Craft Class 4:00 AE Music Therapy & Dinner	14 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 3:00 Outdoor Games 4:00 AE Music Therapy & Dinner	National World Art Day 15 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 PE Tai Chi with Terri 1:00 CE Activity Table Work Station 2:00 Happy Hour 3:00 Music Trivia & Convo 4:00 AE Music Therapy & Dinner	National Wear Pajamas & Orchid Day 16 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 1:30 Movie Theater 4:00 AE Music Therapy & Dinner	17 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 4:00 AE Music Therapy & Dinner
18 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Courtyard Sun Day 2:00 Crafty Art Packets 3:30 Table Games 4:00 AE Music Therapy & Dinner	19 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 4:00 AE Music Therapy & Dinner	National Cheddar Fries Day 20 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Craft Class 4:00 AE Music Therapy & Dinner	National Banana & Pie Day 21 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Shuttle Bus Scenic Drive 2:00 Crafty Art Packets 3:00 Outdoor Games 4:00 AE Music Therapy & Dinner	KB Farmers Market Day 22 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE KB Farmers Market Day 2:00 Happy Hour 3:00 Music Trivia & Convo 4:00 AE Music Therapy & Dinner	International Cake Day 23 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 1:30 Movie Theater 4:00 AE Music Therapy & Dinner	24 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 CC Outdoor Walk 1:00 CE Activity Table Work Station 4:00 AE Music Therapy & Dinner
25 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Courtyard Sun Day 2:00 Crafty Art Packets 3:30 Table Games 4:00 AE Music Therapy & Dinner	26 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 4:00 AE Music Therapy & Dinner	National Superhero & Denim day 27 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 Craft Class 4:00 AE Music Therapy & Dinner	28 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 1:00 CE Activity Table Work Station 2:00 Crafty Art Packets 3:00 Outdoor Games 4:00 AE Music Therapy & Dinner	29 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 2:00 LL Happy Hour 3:30 Performance with Vic Weatherly 4:00 AE Music Therapy & Dinner	30 9:00 SS Morning Devotions/ Hydration Station 9:30 PE Indoor Zumba with Bree 10:30 Outdoor Walk 1:00 CE Activity Table Work Station 1:30 Movie Theater 4:00 AE Music Therapy & Dinner	