KB Cooking Class April 28, 2021 in the Activity Center 2:00P.M.

Sunday Worship will be held outside in the main courtyard on

Sunday April 4, 2021 in Memory Support & Sunday April 18, 2021 in Assisted Living

Feel free to join in both performances Thank you! KB Scenic Drive April 9, 2021 Seats are limited Departure 1:00P.M. Sign up with Christine

Sacred Saturday is April 3, 2021 with North Pointe Church 10:30A.M.-11:30A.M.

KB Family Wave & Stay Parade is April 7, 2021 3:00P.M.-4:00P.M. Kingston Bay Farmers Market April 22, 2021 10am-12pm & 1pm-3pm Outside in the Parking lot Food, Crafts, Artesian Soaps, Desserts, Jewelry, Clothes, Hair & Skin Care, Food truck & Food tables. Supported by our local farmers at Saetern Farms Thank you

Activity Center is open daily

Hydration & Snacks provided

6 Principals of Well-Being: *Artistic Expression *Physical Engagement *Spiritual Support *Community Connection *Continuing Education *Lifestyle & Leisure

Monthly/Weekly/Daily Chair Exercise, Meditation, Art Class, Happy Hour, BINGO, Movie, Music, Scenic Drives & Enaaaement



Let's all give a warm welcome to our newest team member, Please meet DHW/LVN Lisa Flowers Welcome to KB Lisa

April 2021 Assisted Living Lifestyle & Leisure Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle &Leisure PE Physical Engagement SS Spiritual Support		9:00 10:15 10:30 1:15 2:00 3:30	Hydrate Activity Station & Morning Convo Tai Chi with Terri Movie Trivia & Convo	9:00 Wake up & 2 Hydrate 2 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Outdoor Walk 2:00 Meditation & Chair Exercise 3:00 Art Class	9:00 Wake up & Hydrate 3 10:30 Sacred Saturday with North Pointe Church 11:00 Crafts & Crosswords 1:15 Outdoor Walk 2:00 Weekend Matinee 4:00 PE Arm Chair Ball Toss
Easter49:00Wake up & Hydrate59:00Wake up & Hydrate49:00Wake up & Hydrate511:00Crafts & Crossword10:15Activity Station & Morning Convo10:1551:00Easter Egg Hunt 2:00Chair stretches & Meditation10:30Daily Chronicles13:00SSSunday Worship Performer in MS10:30Daily Chronicles14:00Music Appreciation2:00Monday Matinee 4:002:00Residents Choice	National Hostess Twinkie Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 Spring Performance with Nathan Bryce	10:15Activity Station & Morning Convo10:1510:30Daily Chronicles10:301:15Music Trivia & Convo1:152:00CETend to the Garden2:00	Hydrate O Activity Station & Morning Convo	9:00Wake up & Hydrate910:15Activity Station & Morning Convo10:30Daily Chronicles1:00Shuttle Bus Scenic Drive2:00Meditation & Chair Exercise3:00Art Class	National Siblings Day109:00Wake up & Hydrate10:30Daily Chronicles11:00Crafts & Crosswords1:15Outdoor Walk2:00Weekend Matinee4:00PEArm Chair Ball Toss
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