

KB Cooking Class
April 28, 2021
in the Activity Center
2:00P.M.

KB Scenic Drive
April 9, 2021
Seats are limited
Departure 1:00P.M.
Sign up with Christine

Sunday Worship will
be held outside in the
main courtyard on
Sunday April 4, 2021
in Memory Support
&
Sunday April 18, 2021
in Assisted Living
Feel free to join in
both performances
Thank you!

Sacred Saturday
is
April 3, 2021
with
North Pointe Church
10:30A.M.-11:30A.M.
KB Family Wave & Stay
Parade
is
April 7, 2021
3:00P.M.-4:00P.M.

Kingston Bay Farmers Market
April 22, 2021

10am-12pm & 1pm-3pm
Outside in the Parking lot

Food, Crafts, Artesian Soaps, Desserts, Jewelry,
Clothes, Hair & Skin Care, Food truck & Food tables.
Supported by our local farmers at Saetern Farms
Thank you

Activity Center is open
daily

Hydration & Snacks
provided

6 Principals of Well-Being:

- *Artistic Expression
- *Physical Engagement
- *Spiritual Support
- *Community Connection
- *Continuing Education
- *Lifestyle & Leisure

Monthly/Weekly/Daily
Chair Exercise, Meditation,
Art Class, Happy Hour,
BINGO, Movie, Music,
Scenic Drives &
Enaaement




Let's all give a warm welcome to our newest team
member, Please meet DHW/LVN Lisa
Flowers Welcome to KB Lisa

April 2021

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support </div> </div>						
				9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Tai Chi with Terri 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 LL Readers Book Club	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Outdoor Walk 2:00 Meditation & Chair Exercise 3:00 Art Class	9:00 Wake up & Hydrate 10:30 Sacred Saturday with North Pointe Church 11:00 Crafts & Crosswords 1:15 Outdoor Walk 2:00 Weekend Matinee 4:00 PE Arm Chair Ball Toss
Easter 9:00 Wake up & Hydrate 11:00 Crafts & Crossword 1:00 Easter Egg Hunt 2:00 Chair stretches & Meditation 3:00 SS Sunday Worship Performer in MS 4:00 Music Appreciation	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Monday Matinee 4:00 Residents Choice	National Hostess Twinkie Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Movie Trivia & Convo 2:00 LL BINGO 3:30 CE Spring Performance with Nathan Bryce	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 CE Tend to the Garden 3:00 Family Parade Wave & Stay	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 LL Performance with Vic Weatherly	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:00 Shuttle Bus Scenic Drive 2:00 Meditation & Chair Exercise 3:00 Art Class	National Siblings Day 9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crosswords 1:15 Outdoor Walk 2:00 Weekend Matinee 4:00 PE Arm Chair Ball Toss
9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crossword 2:00 Chair stretches & Meditation 3:00 Inspirational Readings 4:00 Music Appreciation	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Monday Matinee 4:00 Residents Choice	National Pecan Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 2:00 LL BINGO 4:00 Classic Games	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 LL Happy Hour with Jess on the Trumpet 3:00 CE Name that Musical Tune 4:00 Trivia Twists	National World Art Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 Readers Book Club	National Wear Pajamas & Orchid Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Meditation & Chair Exercise 3:00 Art Class	9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crosswords 1:15 Outdoor Walk 2:00 Weekend Matinee 4:00 PE Arm Chair Ball Toss
9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crossword 1:15 Outdoor Walk 2:00 Chair stretches & Meditation 3:00 Sunday Worship Performer 4:00 Music Appreciation	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Monday Matinee 4:00 Residents Choice	National Cheddar Fries Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 2:00 LL BINGO 4:00 Classic Games	National Banana & Pie Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 2:00 LL Happy Hour Hangout 3:00 CE Name that Musical Tune 4:00 Trivia Twists	KB Farmers Market Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:00 KB Farmers Market 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 Readers Book Club	International Cake Day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Meditation & Chair Exercise 3:00 AE Art Class	9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crosswords 1:15 Outdoor Walk 2:00 Weekend Matinee 4:00 PE Arm Chair Ball Toss
9:00 Wake up & Hydrate 10:30 Daily Chronicles 11:00 Crafts & Crossword 1:15 Outdoor Walk 2:00 Chair stretches & Meditation 3:00 Inspirational Readings 4:00 Music Appreciation	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Monday Matinee 4:00 CC Residents Choice	National Superhero & Denim day 9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Outdoor Walk 2:00 LL BINGO 4:00 Classic Games	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Outdoor Walk 2:00 LL Happy Hour Cooking Class 3:00 CE Name that Musical Tune 4:00 Trivia Twists	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Movie Trivia & Convo 2:00 BINGO 3:30 Readers Book Club	9:00 Wake up & Hydrate 10:15 Activity Station & Morning Convo 10:30 Daily Chronicles 1:15 Music Trivia & Convo 2:00 Meditation & Chair Exercise 3:00 AE Art Class	