

April 2021

SUNDAY

MONDAY

TUESDAY







WEDNESDAY

THURSDAY

FRIDAY

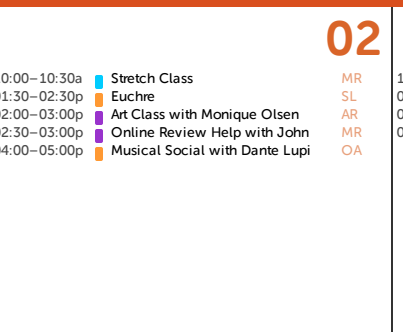
SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Cognitive
-  Health Services
-  Nutritional

Meeting Places

- MR IL Multipurpose Room
- TR Theater Room
- PO Pool
- LB Library
- BI IL Bistro
- SL Sky Lounge
- AR Art Room
- OA Outside Outdoor Amphitheater
- AB Assisted Living Bistro
- AP AL Multi-Purpose Room
- IL IL Living Room
- ID IL Dining Room
- L Lobby



04

- 10:00-10:30a Chair Yoga Class MR
- 11:00-12:00p Current World Events Forum with Daniel O'Grady MR
- 01:00-02:00p Hand & Foot Game (Beginner and Advanced Players Welcome) AP
- 02:00-03:00p Hand of Poker SL

05

- 10:00-10:30a Stretch Class MR
- 01:00-01:30p Exercise Class With Jenn MR
- 01:30-02:30p Euchre SL
- 02:00-04:00p Dominos Game (Up to 8 players) LB
- 02:00-03:00p Jeopardy Trivial Pursuit MR
- 03:00-05:00p Martini Mondays Happy Hour SL
- 06:00-07:00p Musical Performance with David Cole AB

06

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-10:30a Tai Chi Exercise MR
- 10:30-11:00a IL Weekly Sneak Peak MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 02:00-03:00p Musical Social with Kel and Shel OA
- 03:00-05:00p Tequila Tuesdays Happy Hour SL

07

- 10:00-10:30a Stretch Class MR
- 11:00-12:00p Everglades Lecture with Amie Colten MR
- 12:00-01:00p IL Food Committee Meeting MR
- 01:00-03:00p Social Bridge BI
- 01:00-01:30p Exercise Class With Jenn MR
- 02:00-02:30p Technology Workshop with FGCU Professors Gene & Heidi MR
- 03:00-05:00p Wine Down Wednesdays Social Hour SL

08

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-11:30a Musical Performance with Local Jazz Band IL
- 10:00-10:30a Chair Yoga Class MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Book Club MR
- 01:00-02:00p Game Time; Five in a Row BI
- 03:00-05:00p Thirsty Thursdays Social Hour SL

09

- 10:00-10:30a Stretch Class MR
- 01:30-02:30p Euchre SL
- 02:00-03:00p Art Class with Monique Olsen AR
- 02:30-03:00p Online Review Help with John MR
- 03:45-04:45p Musical Social with Carl Evans OA

10

- 10:00-10:30a Tai Chi Exercise MR
- 01:00-03:00p Social Bridge BI
- 01:30-02:30p Ice Cream Social AB
- 07:00-08:00p Puzzles and Table Talk AP

11

- 10:00-10:30a Chair Yoga Class MR
- 11:00-12:00p Current World Events Forum with Daniel O'Grady MR
- 01:00-02:00p Hand & Foot Game (Beginner and Advanced Players Welcome) AP
- 02:00-03:00p Hand of Poker SL

12

- 10:00-10:30a Stretch Class MR
- 01:00-01:30p Exercise Class With Jenn MR
- 01:30-02:30p Euchre SL
- 02:00-04:00p Dominos Game (Up to 8 players) LB
- 02:00-03:00p Jeopardy Trivial Pursuit MR
- 03:00-05:00p Martini Mondays Happy Hour SL
- 06:00-07:00p Musical Performance with David Cole AB

13

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-11:00a Resident Town Hall with the Executive Director MR
- 10:00-10:30a Tai Chi Exercise MR
- 10:30-11:00a IL Weekly Sneak Peak MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 01:00-02:00p Resident Town Hall with the Executive Director AP
- 02:00-03:00p Musical Social with Billy McAllister IL
- 03:00-05:00p Tequila Tuesdays Happy Hour SL

14

- 10:00-10:30a Stretch Class MR
- 12:00-01:00p Caremerge Training with Sidrah MR
- 01:00-03:00p Social Bridge BI
- 01:00-01:30p Exercise Class With Jenn MR
- 02:00-02:30p Technology Workshop with FGCU Professors Gene & Heidi MR
- 03:00-05:00p Wine Down Wednesdays Social Hour SL

15

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-10:30a Chair Yoga Class MR
- 10:30-11:30a Music Lecture with Dr Bill Barnett IL
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 01:00-02:00p New Resident Welcome Reception ID
- 03:00-05:00p Thirsty Thursdays Social Hour SL

16

- 10:00-10:30a Stretch Class MR
- 01:30-02:30p Euchre SL
- 02:00-03:00p Art Class with Monique Olsen AR
- 02:30-03:00p Online Review Help with John MR
- 04:00-05:00p Musical Social with Mike Nardi IL

17

- 10:00-10:30a Tai Chi Exercise MR
- 01:00-03:00p Social Bridge BI
- 01:30-02:30p Ice Cream Social AB
- 07:00-08:00p Puzzles and Table Talk AP

18

- 10:00-10:30a Chair Yoga Class MR
- 11:00-12:00p Current World Events Forum with Daniel O'Grady MR
- 01:00-02:00p Hand & Foot Game (Beginner and Advanced Players Welcome) AP
- 02:00-03:00p Hand of Poker SL

19

- 10:00-10:30a Stretch Class MR
- 01:00-01:30p Exercise Class With Jenn MR
- 01:30-02:30p Euchre SL
- 02:00-04:00p Dominos Game (Up to 8 players) LB
- 02:00-03:00p Jeopardy Trivial Pursuit MR
- 03:00-05:00p Martini Mondays Happy Hour SL
- 06:00-07:00p Musical Performance with David Cole AB

20

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-10:30a Tai Chi Exercise MR
- 10:30-11:00a IL Weekly Sneak Peak MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 02:00-03:00p Musical Social with Aaron McSolomon IL
- 03:00-05:00p Tequila Tuesdays Happy Hour SL

21

- 10:00-10:30a Stretch Class MR
- 01:00-03:00p Social Bridge BI
- 01:00-01:30p Exercise Class With Jenn MR
- 02:00-02:30p Technology Workshop with FGCU Professors Gene & Heidi MR
- 03:00-05:00p Wine Down Wednesdays Social Hour SL
- 03:30-04:30p Ladies' Tea Party BI

22

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-11:00a Musical Performance with Local Jazz Band IL
- 10:00-10:30a Chair Yoga Class MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 03:00-05:00p Thirsty Thursdays Social Hour SL
- 04:00-05:00p Music Lecture with Dr Tom Cimarusti MR
- 05:00-06:00p Signature Dinner ID

23

- 10:00-10:30a Stretch Class MR
- 01:30-02:30p Euchre SL
- 02:00-03:00p Art Class with Monique Olsen AR
- 02:00-03:00p Chef Demonstration ID
- 02:30-03:00p Online Review Help with John MR
- 04:00-05:00p Musical Social with Don Singleton IL

24

- 10:00-10:30a Tai Chi Exercise MR
- 01:00-03:00p Social Bridge BI
- 01:30-02:30p Ice Cream Social AB
- 07:00-08:00p Puzzles and Table Talk AP

25

- 10:00-10:30a Chair Yoga Class MR
- 11:00-12:00p Current World Events Forum with Daniel O'Grady MR
- 01:00-02:00p Hand & Foot Game (Beginner and Advanced Players Welcome) AP
- 02:00-03:00p Berliner Philharmonic - A Night of Love with Ion Marin and Renee Fleming MR
- 02:00-03:00p Hand of Poker SL

26

- 10:00-10:30a Stretch Class MR
- 01:00-01:30p Exercise Class With Jenn MR
- 01:30-02:30p Euchre SL
- 02:00-04:00p Dominos Game (Up to 8 players) LB
- 02:00-03:00p Jeopardy Trivial Pursuit MR
- 03:00-05:00p Martini Mondays Happy Hour SL
- 06:00-07:00p Musical Performance with David Cole AB

27

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-10:30a Tai Chi Exercise MR
- 10:30-11:00a IL Weekly Sneak Peak MR
- 11:30-12:00p Exercise Class With Shane MR
- 12:00-01:00p Monthly Birthday Lunch Celebration ID
- 12:00-01:00p Monthly Resident Birthday Lunch Celebration ID
- 01:00-02:00p Game Time; Five in a Row BI
- 02:00-03:00p Signature Event with Hot Topic Duo IL
- 03:00-05:00p Tequila Tuesdays Happy Hour SL

28

- 10:00-10:30a Stretch Class MR
- 12:00-01:00p Guy's Day - Brews & BLT's ID
- 01:00-03:00p Social Bridge BI
- 01:00-01:30p Exercise Class With Jenn MR
- 02:00-02:30p Technology Workshop with FGCU Professors Gene & Heidi MR
- 03:00-05:00p Wine Down Wednesdays Social Hour SL
- 07:00-07:30p Travel Log - Greece Ultimate Travel Guide TR

29

- 09:30-10:30a Water Aerobics with Betsy and Elaine PO
- 10:00-03:00p Naples Zoo Trip L
- 10:00-10:30a Chair Yoga Class MR
- 11:30-12:00p Exercise Class With Shane MR
- 01:00-02:00p Game Time; Five in a Row BI
- 03:00-05:00p Thirsty Thursdays Social Hour SL

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- 10:00-10:30a Stretch Class MR
- 01:30-02:30p Euchre SL
- 02:00-03:00p Art Class with Monique Olsen AR
- 02:30-03:00p Online Review Help with John MR
- 04:00-05:00p Musical Social with Lois Kehoe IL

