

April 2021



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual
- Health Services
- Nutritional
- Purposeful

Meeting Places

- BI** Bistro
- LR** Living Room
- MP** Multipurpose Room
- LI** Library
- DR** Dining Room
- GR** Game Room
- CO** Conservatory

01

- 10:00–10:50a Stretch & Strength with Stephanie **MP**
- 11:30–12:30p Henry Feinberg: Origins of Country Roots **MP**
- 01:00–01:30p Meditation Session **MP**
- 02:00–02:30p Pre-Show Social **BI**
- 02:30–03:30p Musical Performance: Matthew Ball **LR**
- 03:00–04:00p Book Club **LI**
- 07:00–08:30p Evening Movie: Yes Day **MP**

02

- 10:00–10:50a Movement & Yoga with Linda **MP**
- 11:00–12:00p Game Time **DR**
- 01:00–02:30p National Theatre Live: War Horse **MP**
- 02:00–03:00p Happy Hour **BI**
- 07:00–08:30p Evening Movie: Black or White **MP**
- 09:30–10:30p Late Night Sitcom: Keeping up Appearances, Season 1 **MP**

03

- 10:00–12:00p Musical Saturday Morning: Show Boat **MP**
- 01:30–02:30p Places to Go: Your Passport to the World **MP**
- 02:00–03:00p Wine & Cheese Social **BI**
- 02:30–04:00p Matinee: The Dig **MP**
- 07:00–08:30p Evening Movie: The Dig **MP**

04

- 10:30–11:30a Museum of Food & Drink Feature **MP**
- 12:30–02:30p Sunday Afternoon Series: Downton Abbey, Season 5, Episode 2 & 3 **MP**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: Nights in Rodanthe **MP**
- 07:00–08:30p Evening Movie: Nights in Rodanthe **MP**

05

- 10:00–10:50a Circuit & Strength with Stephanie **MP**
- 11:10–12:10p Golden Tones Rehearsal **MP**
- 01:30–02:00p Weekly Sneak Peek **MP**
- 02:00–02:30p Pre-Show Social **BI**
- 02:30–03:30p Musical Performance: Sheila Landis **LR**
- 07:00–09:00p Evening Movie: Spotlight **MP**

06

- 10:00–10:50a Yoga with Linda **MP**
- 11:00–12:00p Crafts with Dorothy **MP**
- 01:00–02:00p Tech Tutorial with Katie **MP**
- 02:00–03:00p Tuesday Trivia Social **BI**
- 02:30–04:00p Matinee: 5 Flights Up **MP**
- 07:00–08:30p Evening Movie: 5 Flights Up **MP**

07

- 10:00–10:50a Brains & Balance with Linda **MP**
- 11:00–04:00p Casino Outing **LR**
- 11:10–12:10p Current Events Forum with Linda **MP**
- 02:00–03:30p Happiness Series **MP**
- 02:00–03:00p National Beer Day Social **BI**
- 07:00–08:30p Evening Movie: Audrey **MP**

08

- 10:00–10:50a Stretch & Strength with Stephanie **MP**
- 01:00–01:30p Meditation Session **MP**
- 02:00–02:30p Pre-Show Social **BI**
- 02:30–03:30p Musical Performance: Brian Dishell **LR**
- 07:00–08:30p Evening Movie: The Irishman **MP**

09

- 10:00–10:50a Movement & Yoga with Linda **MP**
- 11:00–12:00p Game Time **DR**
- 01:00–02:00p Culinary Creation **DR**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: Snowden **MP**
- 07:00–08:30p Evening Movie: Snowden **MP**
- 09:30–10:30p Late Night Sitcom: Keeping up Appearances, Season 1 **MP**

10

- 10:00–12:00p Musical Saturday Morning: The Sound of Music **MP**
- 01:30–02:30p Places to Go: Your Passport to the World **MP**
- 02:00–03:00p Wine & Cheese Social **BI**
- 02:30–04:00p Matinee: Savages **MP**
- 07:00–08:30p Evening Movie: Savages **MP**

11

- 10:30–11:30a Museum of Food & Drink Feature **MP**
- 12:30–02:30p Sunday Afternoon Series: Downton Abbey, Season 5, Episode 4 & 5 **MP**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: Our Souls at Night **MP**
- 07:00–08:30p Evening Movie: Our Souls at Night **MP**

12

- 10:00–10:50a Circuit & Strength with Stephanie **MP**
- 11:10–12:10p Golden Tones Rehearsal **MP**
- 01:30–02:00p Weekly Sneak Peek **MP**
- 02:00–04:00p Matinee: Horrible Bosses **MP**
- 02:00–02:30p Pre-Show Social **BI**
- 02:30–03:30p Musical Performance: Sasha Burshtein **LR**
- 07:00–09:00p Evening Movie: Dangerous Lies **MP**

13

- 10:00–10:50a Yoga with Linda **MP**
- 11:00–12:00p Crafts with Dorothy **MP**
- 01:00–02:00p Tech Tutorial with Katie **MP**
- 02:00–03:00p New Resident Welcome Reception **BI**
- 02:30–04:00p Matinee: The Fundamentals of Caring **MP**
- 07:00–08:30p Evening Movie: The Fundamentals of Caring **MP**

14

- 10:00–10:50a Brains & Balance with Linda **MP**
- 11:10–12:10p Current Events Forum with Linda **MP**
- 12:30–02:00p Matinee: Murder Mystery **MP**
- 02:00–02:30p Pre-Show Social **BI**
- 02:30–03:30p Musical Performance: Daniel Bergen **LR**
- 07:00–08:30p Evening Movie: Murder Mystery **MP**

15

- 10:00–10:50a Stretch & Strength with Stephanie **MP**
- 11:30–03:30p Tea at The Whitney **LR**
- 01:00–01:30p Meditation Session **MP**
- 04:00–05:00p Canasta Social **GR**
- 07:00–08:30p Evening Movie: The Vanished **MP**

16

- 10:00–10:50a Movement & Yoga with Linda **MP**
- 11:00–12:00p Game Time **DR**
- 01:00–02:30p Berliner Philharmoniker Concert: The Golden Twenties **MP**
- 02:00–03:00p Happy Hour **BI**
- 03:00–04:30p Matinee: 2012 **MP**
- 07:00–08:30p Evening Movie: 2012 **MP**
- 09:30–10:30p Late Night Sitcom: Keeping up Appearances **MP**

17

- 10:00–12:00p Musical Saturday Morning: Mary Poppins **MP**
- 01:30–02:30p Places to Go: Your Passport to the World **MP**
- 02:00–03:00p Wine & Cheese Social **BI**
- 02:30–04:00p Matinee: Before We Go **MP**
- 07:00–08:30p Evening Movie: Before We Go **MP**

18

- 10:30–11:30a Museum of Food & Drink Feature **MP**
- 12:30–02:30p Sunday Afternoon Series: Downton Abbey, Season 5, Episode 6 & 7 **MP**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: Changing Lanes **MP**
- 07:00–08:30p Evening Movie: Changing Lanes **MP**

19

- 10:00–10:50a Circuit & Strength with Stephanie **MP**
- 11:10–12:10p Golden Tones Rehearsal **MP**
- 01:30–02:00p Weekly Sneak Peek **MP**
- 02:00–03:30p Matinee: Girl with a Pearl Earring **MP**
- 07:00–09:00p Evening Movie: Girl with a Pearl Earring **MP**

20

- 10:00–10:50a Yoga with Linda **MP**
- 11:00–12:00p Crafts with Dorothy **MP**
- 01:00–02:00p Tech Tutorial with Katie **MP**
- 02:00–03:00p Tuesday Trivia Social **BI**
- 02:30–04:00p Matinee: The Pawnbroker **MP**
- 07:00–08:30p Evening Movie: The Pawnbroker **MP**

21

- 10:00–10:50a Brains & Balance with Linda **MP**
- 11:10–12:10p Current Events Forum with Linda **MP**
- 02:00–03:30p Happiness Series **MP**
- 02:00–03:00p Speakeasy Social **BI**
- 05:00–07:00p Roaring 20's Signature Dinner **DR**
- 07:00–08:30p Evening Movie: The Great Gatsby **MP**

22

- 10:00–10:50a Stretch & Strength with Stephanie **MP**
- 11:00–04:00p Somerset Shopping Outing **LR**
- 01:00–01:30p Meditation Session **MP**
- 01:30–02:00p Pre-Show Social **BI**
- 02:00–03:00p Signature Performance with Warren & Flick **LR**
- 07:00–08:30p Evening Movie: The Upside **MP**

23

- 10:00–10:50a Movement & Yoga with Linda **MP**
- 11:00–12:00p Game Time **DR**
- 01:00–02:00p Chef Demo **DR**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: Where the Heart Is **MP**
- 07:00–08:30p Evening Movie: Where the Heart Is **MP**
- 09:30–10:30p Late Night Sitcom: Keeping up Appearances, Season 1 **MP**

24

- 10:00–12:00p Musical Saturday Morning: Top Hat **MP**
- 01:30–02:30p Places to Go: Your Passport to the World **MP**
- 02:00–03:00p Wine & Cheese Social **BI**
- 02:30–04:00p Matinee: Young Sherlock Holmes **MP**
- 07:00–08:30p Evening Movie: Young Sherlock Holmes **MP**

25

- 10:30–11:30a Museum of Food & Drink Feature **MP**
- 12:30–02:30p Sunday Afternoon Series: Downton Abbey, Season 5, Episode 8 & 9 **MP**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: New in Town **MP**
- 07:00–08:30p Evening Movie: New in Town **MP**

26

- 10:00–10:50a Circuit & Strength with Stephanie **MP**
- 11:10–12:10p Golden Tones Rehearsal **MP**
- 12:00–12:30p Weekly Sneak Peek **MP**
- 01:00–01:30p Pre-Show Social **BI**
- 01:30–02:30p Musical Performance: Michael Krieger **LR**
- 07:00–09:00p Evening Movie: Notting Hill **MP**

27

- 10:00–10:50a Yoga with Linda **MP**
- 11:00–12:00p Crafts with Dorothy **MP**
- 01:00–02:00p Tech Tutorial with Katie **MP**
- 02:00–03:00p Tuesday Trivia Social **BI**
- 02:30–04:00p Matinee: Lady in a Cage **MP**
- 07:00–08:30p Evening Movie: Lady in a Cage **MP**

28

- 10:00–10:50a Brains & Balance with Linda **MP**
- 11:10–12:10p Current Events Forum with Linda **MP**
- 02:00–03:00p Coffee with the Executive Director **CO**
- 02:00–03:00p Resident Birthday Social **BI**
- 02:30–04:00p Matinee: Breakfast at Tiffany's **MP**
- 07:00–08:30p Evening Movie: Breakfast at Tiffany's **MP**

29

- 10:00–10:50a Stretch & Strength with Stephanie **MP**
- 01:00–01:30p Meditation Session **MP**
- 02:00–08:00p Breakfast at Tiffany's Dining Experience **MP**

30

- 10:00–10:50a Movement & Yoga with Linda **MP**
- 11:00–12:00p Game Time **DR**
- 02:00–03:00p Happy Hour **BI**
- 02:30–04:00p Matinee: The Time Travelers Wife **MP**
- 07:00–08:30p Evening Movie: The Time Travelers Wife **MP**
- 09:30–10:30p Late Night Sitcom: Keeping up Appearances, Season 1 **MP**